



Take-Back Location for USD Community (Students, Faculty, Staff)

Safe Medicine Disposal



Green Pharmacy Program

In addition to providing high-quality, accessible, and timely primary care, the Student Health Center supports the academic mission of the University of San Diego through teaching, mentoring, and learning opportunities by educating our students about healthy choices and encouraging student engagement in adopting healthy life styles.

You do not have to wait in line!

Drop off your medications at the front desk on the right side of the patient check in window. Be sure to mark off personal information on the medicine container.

About the Green Pharmacy Program

The Green Pharmacy Program, developed by the Teleosis Institute, is a partnership with pharmacies, health professionals, public and private organizations that are committed to providing safe disposal for unwanted medicines. The Teleosis Institute is an educational nonprofit organization devoted to reducing the environmental impact of health care through sustainable medical practices. Teleosis programs promote a health care system that

conserves natural resources, promotes personal wellness, and begins with precaution. Please visit www.teleosis.org for more information.

Free and Safe Disposal of Unwanted Medicines

DID YOU KNOW?

Over 80% of waterways tested by U.S. Geological Survey show traces of common medications such as acetaminophen, hormones, blood pressure medicine, codeine, and antibiotics.

What Can You Take Back?

YES: ITEMS ACCEPTED (Must Be In Original Container)

- Prescription medications in original containers*
- Over-the-counter medications
- Medication samples
- Vitamins and supplements
- Veterinary medicines
- Homeopathic and Herbal Remedies

NO: ITEMS NOT ACCEPTED

- Liquids(ointments/lotions)
- Controlled prescriptions*
- Needles and Sharps
- Syringes
- IV bags
- Bloody or infectious waste
- Personal care products
- Empty containers
- Hydrogen Peroxide
- Aerosol cans

*No controlled prescriptions (e.g. narcotics, vicodin, ritalin, codeine, oxycodone, valium, etc.) and no hazardous substances please! If you are unsure if your unwanted medication is a controlled substance please ask a Student Health Center Customer Service Representative to check the list. Items not accepted at our take back site can be dropped off at the nearby San Diego Police Department, Western Division station from 7 am to 5 pm Monday-Thursday at 5212 Gaines St., S.D., 92110.

WHAT CAN I DO?

- Do NOT flush medication down the toilet or drain
- Safely dispose of unused or unwanted medications at take-back sites (USD Student Health Center)

- Purchase drugs in small amounts, limiting expired medications
- Ask for starter packs when trying a new medicine
- Consider medical treatments with low environmental impact
- Encourage your health provider to take back your leftover or expired prescriptions
- Commit to health and wellness strategies to reduce your reliance on medications
- Educate your family, friends, colleagues, and community about safe medicine disposal
- Choose meat and poultry raised without hormones and antibiotics

Donate to the Green Pharmacy Pollution Prevention Campaign www.greenpharmacyprogram.com

How to Return Unwanted Medicines

1. Collect all unwanted or expired medicines from your home
2. Mark out personal information (keep name of drug and dosage visible) on the original container.
3. Bring to the USD Student Health Center during regular fall and spring semester hours:

Monday, Tuesday, Thursday, Friday 8:30 am to 4:30 pm

Wednesdays 8:30-11 am and 1:30-6:30pm

For more information about safe medicine disposal visit our website at www.sandiego.edu/healthcenter or call 619-260-4595