

The Center for Christian Spirituality
at the University of San Diego presents

For professional and family caregivers **CARE OF THE SICK, CARE OF THE CAREGIVER**



This time together offers an opportunity for professional and family caregivers to step back for a moment

- to reflect on the way in which our care for the sick and elderly reflects the compassion and love that Jesus showed for those with hardships, to see that our care for physical needs extends to the spiritual needs of those for whom we offer care.
- to acknowledge that we as caregivers need to care for our own physical and spiritual needs so that we are sustained in our sometimes difficult task.

USD Professor of New Testament, Florence Gillman, Ph.D. will lead a reflection on Jesus' care for the sick as a deep and active concern for both the spiritual and physical needs of the brother or sister - followed by discussion of our experience of the challenges and opportunities as professional or family members.

John Gillman, Ph.D., Supervisor of Clinical Pastoral Education for VITAS Innovative Hospice Care, will explore the implications for the caregiver – sustaining a joyful and generous spirit, sources of encouragement, need for respite and perspective, acknowledgement of limits, collaboration with other family members and professionals - all topics for discussion and shared experience.

The time together will also include reflection, a sharing of resources, morning coffee, and a light lunch.

When: Saturday, February 25, 2012. 9:00 a.m. – 1:30 p.m.
Where: Salomon Lecture Hall, Bishop Maher Hall, USD
Fee: \$25 per person, light breakfast and lunch



For more information or to register please visit
our website: www.sandiego.edu/ccs
or contact us at: 619-260-4784 or ccs@sandiego.edu