Health Resources & Services Administration (HRSA)
Training and Education Advancements in Mental Health for Underserved Population (TeamUP) Project at University of San Diego

University of San Diego’s Department of Counseling & Marital and Family Therapy (CMFT) was awarded a HRSA TeamUp grant, aimed to increase the number of behavioral health providers equipped to provide effective care to communities in need. The grant will allow the Counseling and MFT programs to improve and expand innovative interprofessional training to meet the growing needs of vulnerable, rural, and underserved children and families in Southern California, with a particular focus on Latino families. The grant project will emphasize training in multicultural/linguistic competence, integrated behavioral health and evidence-based practice.1 We very proud to say that we are the only Counseling and MFT program to receive this award within the state of California.

All CMFT students will have access to:
- Professional development opportunities: conference travel support, USD training series, Spanish language training
- Innovative specialty training: case simulation and integration of technologies
- Digital clinical resource library
- A subset of 20 students per year will receive a $10,000 stipend allocated during students’ clinical practicum year

Stipend awards will be distributed based on the following priorities:

First Priority: Students providing behavioral health services in an integrated care setting. Current practicum sites include: St. Vincent De Paul Village, University of California San Diego (UCSD): Family Medicine, Internal Medicine, Pediatrics, Reproductive Medicine.

Second Priority: Students providing services in a language other than English to linguistically diverse populations. Current practicum sites that serve Spanish speaking populations: Catholic Charities, Maria Sardinas Wellness Recovery Center, Rady Children’s Hospital, San Diego Youth Services, San Diego Center for Children.

Third Priority: Students providing behavioral health services in a rural, medically underserved area, or to vulnerable populations. Current practicum site: Southern California American Indian Resource Center, New Vistas Crisis Center.

If you would like to learn more about the HRSA TeamUp grant at the University of San Diego, please contact Lily Vistica, HRSA TeamUp Project Coordinator, at mailto:lilydancis@sandiego.edu.

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