

County of San Diego
Behavioral Health Services Division
Mental Health CLUBHOUSES in San Diego County

Clubhouses are listed below by regional location. Participants are not restricted to Clubhouses within the region they live. **(SSI)** indicates SSI Advocacy services offered on site.

Central Region

Debbie Iadisernia, Program Director
API DISCOVERY CLUBHOUSE
Alvarado Parkway Institute
5538 University Avenue
San Diego, CA 92105
Ph: 619-667-6176
Hours: Sat/Sun. 10:00 am – 4:00 pm
diadisernia@apibhs.com

Rebecca Ellis, Program Director
THE CORNER CLUBHOUSE
Community Research Foundation
2864 University Avenue
San Diego, CA 92104
Ph: 619-683-7423
Hours: M-F 8:00 am – 4:00 pm
rellis@comresearch.org

Sarah Koenigsberg, Program Manager
FRIEND-TO-FRIEND PROGRAM (SSI)
Serving Homeless
2144 El Cajon Boulevard
San Diego, CA 92104
Ph: 619-955-8217
Hours: M-F 8:00 am – 4:00 pm
SarahK@ecscalifornia.org

Ayele Melkie, Program Manager
NHA - FRIENDSHIP CLUBHOUSE
Neighborhood House Association, Inc
286 Euclid Avenue, #104
San Diego, CA 92114
Ph: 619-263-6269, x-205
Hours: M-F 8:30 am - 5:30 pm
Amelkie@neighborhoodhouse.org

Sharron Hedenkamp, Exec. Director
THE MEETING PLACE, INC. (SSI)
2553 State Street
San Diego, CA 92101
Ph: 619-294-9582
**Hours: M, T, Th 8:00-6:00; F 8:00-4:00 and
1st and 3rd Saturday 10:00 am - 2:00 pm**
themeetingplace@mhsinc.org

Masa Nakama, Clubhouse Manager
**CLUBHOUSE – DEAF COMMUNITY
SERVICES OF SAN DIEGO**
4080 Centre Street, Suite 208
San Diego, CA 92103
Ph: 619-398-2441 / Fax: 619-374-7015
Video Phone: 619-618-0501
Hours: Mon-Fri: 8:30-Noon & 1:00-5:00pm
mnakama@dcsofsd.org

North Central Region

May Vang, Program Coordinator
EASTWIND CLUBHOUSE
UPAC Eastwind Center
8745 Aero Drive, Suite 101
San Diego, CA 92123
Ph: 858-268-4933
Hours: M-F 8:30 am – 5:00 pm
mvang@upacsd.com

Carter Gardner, Program Manager
MORENA ACTIVITY CENTER
*Serving clients of North Central MH
Center or County Case Management*
1250 Morena Boulevard
San Diego, CA 92110
Ph: 619-692-8765
Hours: T-Th: 9:00 am - 4:30pm
Carter.Gardner@sdcounty.ca.gov

Tonya Jenkins, Program Coordinator
OASIS CLUBHOUSE
Serving Transitional Age Youth (16-25)
Providence Community Services
7155 Mission Gorge Road
San Diego, CA 92120
Ph: 858-300-0470
Hours: M-F 9:00 am-6:00 pm
[TMJenkins@provcorp.com](mailto:TJenkins@provcorp.com)

South Region

Wes Chester, Clubhouse Coordinator
BAYVIEW CLUBHOUSE
Paradise Valley Hospital
Bayview Behavioral Health Campus
330 Moss Street
Chula Vista, CA 91911
Ph: 619-585-4646
Hours: M-F: 8:00-4pm
Evenings/weekends: call for schedule
bayviewclubhouse@yahoo.com
dchester@pvhsd.com

Amelia Ford, Program Manager
CASA DEL SOL CLUBHOUSE (SSI)
Community Research Foundation
1157 30th Street
San Diego, CA 92154
Ph: 619-429-1937
Hours: M-8:30-6;
T, Th, F-8:30-4:30; Wed 12-8
aford@comresearch.org

Diana Penones, Program Director
VISIONS
CRF/Mental Health America
226 Church Street
Chula Vista, CA 91910
Ph: 619-420-8603
Hours: M-F 12-7; S-S 12-5
NA and Dual DX groups- call for Days/times
dpenones@mhasd.org

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East Region

Sam Mayfield, Program Director
EAST CORNER CLUBHOUSE (SSI)
Community Research Foundation
1060 Estes Street
El Cajon, CA 92020
Ph: 619-440-5133
Hours: M,T,Th,F – 8:00 am - 4:00 pm;
W- 8:00 am - 6:30 pm
SMayfield@comresearch.org

North Coastal Region

Dolores Alegria, Co-Director
Mike Matthews, Co-Director
FRIENDS IN HAND CLUBHOUSE
(Not County-funded)
144 Copper Avenue
Vista, CA 92083
Ph: 760-631-2206
Hours: Sat & Wed 11:00 am–4:00 pm
Creativeopportunities@cox.net

Kimberly McNaughton-Hume, Program Manager
MARIPOSA CLUBHOUSE (SSI)
Mental Health Systems, Inc.
560 Greenbrier, Suites C-E
Oceanside, CA 92054
Ph: 760-439-2785
Hours: M-F 8:00 am-4:30 pm
kmcnaughton@mhsinc.org

North Inland Region

Sara Bowdoin-Jones, Program Director
ESCONDIDO CLUBHOUSE (SSI)
Mental Health Systems, Inc
474 W. Vermont Avenue
Escondido, CA 92025
Ph: 760-737-7125
Fax: 760-737-6129
Hours: M-F 8 - 4:30
sbowdoin@mhsinc.org



Live Well, San Diego!