

## San Diego Community Resources for Refugees, Asylees, and Asylum-Seekers\*

\*Note: Organizations highlighted in blue indicate services specifically available to asylum-seekers (individuals who have not yet been granted asylee status)

	Organization Name	Description	Languages	Services Offered										Website	Phone Number	Email	Address		
				Pre-Arrival Preparation/ Reception	Shelter or Housing Arrangements	Case Management	Employment Assistance/ Training	Free Legal Services	Immigration/ Naturalization Assistance	Medical Care	Mental Health Care	Translation	Acculturation Services						
<b>Resettlement Services</b>	<b>Alliance for African Assistance: Resettlement Program</b>	24-48 hour shelter available for families & relocation assistance	Spanish, Arabic, Chaldean, Farsi, Serbo-Croatian, Swahili	✓	✓	✓	✓		✓			✓	✓	<a href="http://www.alliance-for-africa.org/programs_sub.php?id=3">http://www.alliance-for-africa.org/programs_sub.php?id=3</a>	(619) 286-9052	gm@alliance-for-africa.org	5952 El Cajon Blvd San Diego, CA 92115		
	<b>Catholic Charities: Refugee Support Services</b>			✓	✓	✓	✓			✓	✓			✓	✓	<a href="https://www.ccsd.org/refugee-services">https://www.ccsd.org/refugee-services</a>	619 287-9454		
	<b>International Rescue Committee (IRC)</b>		✓	✓	✓	✓				✓	✓			✓	✓	<a href="https://www.rescue.org/united-states/san-diego-ca">https://www.rescue.org/united-states/san-diego-ca</a>	(619) 641-7510		
	<b>Jewish Family Services</b>		✓	✓	✓	✓				✓	✓			✓	✓	<a href="http://www.jfssd.org">www.jfssd.org</a>	(858) 637-3030		
	<b>La Maestra Community Health Centers: Circle of Care &amp; Legal Advocacy and Social Services Dept.</b>	Advocacy for victims of domestic violence and program for international victims of Human Trafficking (includes legal immigration services, emergency confidential housing, and family law services including divorce and child support.)	Spanish			✓		✓	✓	✓			✓	<a href="https://www.lamaestra.org/legal-advocacy-and-social-services/default.html">https://www.lamaestra.org/legal-advocacy-and-social-services/default.html</a>	(619) 795-5971		4135 Fairmount Ave San Diego, CA 92105		
	<b>San Ysidro Health: Chaldean-Middle Eastern Medical &amp; Social Services</b>	College enrollment and financial aid application assistance, weekly food distributions are also available.	Arabic, Chaldean			✓	✓		✓	✓	✓	✓	✓	<a href="http://www.syhc.org/cmss-social-services/">http://www.syhc.org/cmss-social-services/</a> <a href="http://www.syhc.org/cmss-medical-services/">http://www.syhc.org/cmss-medical-services/</a>	(619) 631-7400		436 S Magnolia Ave El Cajon, CA 92020		
	<b>Organization Name</b>	<b>Description</b>	<b>Languages</b>	<b>Services Offered</b>										<b>Website</b>	<b>Phone Number</b>	<b>Email</b>	<b>Address</b>		
<b>Legal Assistance &amp; Advocacy</b>	<b>Casa Cornelia Law Center: Asylum Program</b>	Provides legal assistance with asylum-seeking proceedings	Spanish, Somali											<a href="http://www.casacornelia.org">www.casacornelia.org</a>	(619) 231-7788	services@casacornelia.org	2760 5th Ave Suite 200 San Diego, CA 92103		
	<b>The Partnership for the Advancement of New Americans (PANA)</b>	Provides advocacy for refugees who have been denied public benefits		✓	✓										<a href="http://panasandiego.org">panasandiego.org</a>	(619) 732-6793	info@panasd.org	4089 Fairmount Ave San Diego, CA 92105	
		<b>Organization Name</b>	<b>Description</b>	<b>Languages</b>	<b>Services Offered</b>										<b>Website</b>	<b>Phone Number</b>	<b>Email</b>	<b>Address</b>	
<b>Acculturation Services &amp; Employment Support</b>	<b>Karen Organization Of San Diego: Refugee Family Self-Sufficiency</b>	Supports refugees from Burma	Burmese, Karen			✓	✓						✓	<a href="http://karensandiego.org">http://karensandiego.org</a>	(619) 582-0783	info@karensandiego.org	5354 University Ave San Diego, CA 92105		
	<b>Nile Sisters Development Initiative</b>		Arabic, Burmese, Swahili			✓	✓						✓	<a href="http://www.nilesisters.org">www.nilesisters.org</a>	(619) 265-2959		6035 University Ave Suite 22 San Diego, CA 92115		
	<b>Pathways to Assimilation</b>	Provides ESL courses, and "life skills training" to newly-arrived refugees					✓	✓						✓	<a href="https://www.pathwaystoassimilation.org">https://www.pathwaystoassimilation.org</a>				
	<b>Somali Family Services of San Diego</b>	Special focus on East-African refugees					✓	✓			✓			✓	<a href="http://www.somalifamilyservice.org/">http://www.somalifamilyservice.org/</a>	(619) 265-5821 Ext 200	somalifamilyservice@gmail.com	5348 University Ave Suite 203 San Diego, CA 92105	
	<b>Union of Pan Asian Communities: Economic Development Program</b>	Provides "micro-business technology training workshops" (i.e. accounting, bookkeeping, etc)	Spanish, Arabic, Burmese, Cambodian, Chinese (Cantonese), Chinese (Mandarin), French, Hmong, Indonesian, Japanese, Karen, Korean, Lao, Somali, Samoan, Tagalog, Thai, Vietnamese, Taiwanese				✓				✓			✓	<a href="http://www.upacsd.com">www.upacsd.com</a>	(619) 232-6454	info@upacsd.com	1031 25th St San Diego, CA 92102	

Mental Health Services	Organization Name	Description	Languages	Services Offered										Website	Phone Number	Email	Address
				Individual Treatment	Group Therapy	Family/Couples Therapy	Substance Use Treatment	Trauma	Psychiatry	Medical Care	Asylum Support	Case Management	Legal Services				
	La Maestra Community Health Clinics	Provides substance abuse treatment, including Medication-Assisted Treatment		✓	✓		✓		✓	✓	✓	✓	<a href="https://www.lamaestra.org/index.html">https://www.lamaestra.org/index.html</a>	Varies by clinic location			Multiple locations in City Heights, National City, El Cajon, Lemon Grove, and San Diego, CA
	License to Freedom	Focuses on domestic violence in the refugee community, and offers a 52-week court-ordered Batterers Treatment Group approved by San Diego County Probation Department	Arabic, Kurdish, Farsi	✓	✓	✓		✓					<a href="http://www.licensestofreedom.org">http://www.licensestofreedom.org</a>				
	Survivors of Torture International	Serves survivors of torture at no cost, and provides free transportation	Spanish, Farsi, French	✓	✓			✓	✓	✓	✓	✓	<a href="http://www.notorture.org">www.notorture.org</a>	(619) 278-2400	survivors@notorture.org		

Medical Clinics	Organization Name	Description	Languages	Services Offered										Website	Phone Number	Email	Address
				Physical Exams	Screening, Testing, & Labs	Sexual Health	Prenatal Care	Primary Care	Specialty Care	Chronic Disease Management	Mental Health Screening and/or Care	Wellness Education	Social Services & Case Management				
	CSU San Marcos School of Nursing: Student Healthcare Project	Free student-run health clinic for uninsured/underinsured community members		✓	✓			✓		✓		✓	✓	<a href="https://www.csusm.edu/nursing/studenthealthproject/index.html">https://www.csusm.edu/nursing/studenthealthproject/index.html</a>	(760) 385-3739 or (619) 208-1898	sonhealthproject@csusm.edu	Multiple locations in Carlsbad, Escondido, Ocean Beach, and Normal Heights, CA
	La Maestra Community Health Clinics	Serves all San Diego patients regardless of ability to pay		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	<a href="https://www.lamaestra.org/index.html">https://www.lamaestra.org/index.html</a>	Varies by clinic location		Multiple locations in City Heights, National City, El Cajon, Lemon Grove, and San Diego, CA
	Multicultural Health Foundation: Prevention Alliance	12-month pre-diabetes prevention program which includes education on fitness and nutrition, access to nutritional foods, exercising tools, medical transportation and childcare	Spanish, Tagalog, Swahili, Somali							✓		✓	✓	<a href="http://www.mhfwellness.org/prevention-alliance">http://www.mhfwellness.org/prevention-alliance</a>	(619) 266-3665	empower1@cox.net	292 Euclid Ave Suite 210 San Diego, CA 92114
	Pathway Health Clinic: Pregnancy Services	Services include free pregnancy care, parenting classes and education, options counseling, and provided formula, diapers, baby clothes and baby furniture when needed	Spanish		✓	✓	✓				✓	✓	✓	<a href="https://pathway-healthclinic.com/">https://pathway-healthclinic.com/</a>	(760) 945-4673	appt@pregnancyresourcecenter.com	1830 Hacienda Dr Suite 8 Vista, CA 92081
	Refugee Health Assessment Program (RHAP) San Diego County Clinic: San Diego County Health and Human Services	Must be done within first 3 months of arrival; Organizations providing RHAP include Catholic Charities & Jewish Family Services		✓	✓	✓					✓	✓	✓	<a href="https://www.sandiegocounty.gov/hlsa/programs/phs/tuberculosis_control_program/refugee_health_programs.html">https://www.sandiegocounty.gov/hlsa/programs/phs/tuberculosis_control_program/refugee_health_programs.html</a>	(619) 692-8611		4575 Mission Gorge Pl Suite A San Diego, CA 92120
	UCSD School of Medicine: Student-Run Free Clinic Project	Free student-run clinic for underserved community members; services includes free legal services and substance use treatment/smoking cessation		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	<a href="https://medschool.ucsd.edu/som/fmph/education/freeclinic/pages/default.aspx">https://medschool.ucsd.edu/som/fmph/education/freeclinic/pages/default.aspx</a>	(858) 534-6110	ebeck@ucsd.edu; ldeferville@ucsd.edu	Multiple locations in Downtown San Diego, Pacific Beach, Lemon Grove, and Normal Heights, CA