

Resources for Clinicians Working with Refugees, Asylees, and Asylum-Seekers

	Resource	Content	Link
<i>California Benefits & Services</i>	California Benefits	Provides links to public benefits for Californians (CalFresh, CalWorks, Medical, etc.) Does not apply to asylum seekers, only asylees.	https://www.mybenefitscalwin.org
	California Dept of Social Services	Lists all Departments of Social Services in California by county	http://www.cdss.ca.gov/County-Offices
	U.S. Citizenship and Immigration Services	Information on navigating the immigration process online	https://my.uscis.gov
	New San Diegan Resources Center	Lists local organizations that offer social services, and legal and economic assistance to immigrants and refugees	https://www.sandiego.gov/department-parent/new-san-diegan-resource-center
<i>Educational Materials</i>	San Diego Resettlement Process	PDF worksheet explaining refugee resettlement process in Spanish	https://www.sandiegocounty.gov/content/dam/sdc/bos/44_docs/CommunityBudget/RES%20Overview%20-%202%20pager%20-%2001-2019_SP.pdf
	Centers for Disease Control and Prevention (CDC): Immigration and Refugee Resources	Seasonal flu materials on prevention and treatment for refugees in various languages	https://www.cdc.gov/immigrantrefugeehealth/resources/index.html
	Centers for Disease Control and Prevention (CDC): Patient Education Materials	Patient Education Resources for Hepatitis B/Sexual Health/ Perinatal Health in various languages	https://www.cdc.gov/hepatitis/hbv/patienteduhbv.htm
	Centers for Disease Control and Prevention (CDC): Flu Education for Refugees Pamphlets	Flu Education for Refugees pamphlets in various languages	https://wwwn.cdc.gov/pubs/cdcinfoondemand.aspx?ProgramID=56
	National Institute of Health (NIH): Health Reach	Search engine to find Patient Education Materials in various languages	https://healthreach.nlm.nih.gov/
	Hot Peach Pages	Brochures, and information in over 100 languages on domestic violence, including information on abuse agencies in several countries	http://www.hotpeachpages.net/
<i>Applications</i>	Tarjimly	Translation App specifically for refugees and immigrants	N/A
	Whatsapp	Popular international texting app	N/A
	CALM	Meditation app with Spanish meditations available	N/A