

"Love is like a cloudless blue sky. That's why I always carry an open umbrella." - <u>Jarod Kintz</u>

# CHARACTER EDUCATION RESOURCE CENTER School of Leadership & Education Sciences University of San Diego March 2020

#### About SOLES 2024

Mother Rosalie Hill Hall on the University of San Diego campus is home to the School of Leadership and Education Sciences' (SOLES) vibrant and vision-driven collective of academic departments, centers and institutes. Here, we combine innovation with introspection, academics with real-world application, and study with social impact. Rooted in social justice, led by compassion, inspired by curiosity, driven by a shared vision, our nationally-accredited programs span the realms of leadership, teaching and counseling, both at graduate and undergraduate levels. They're all approached with an emphasis on social justice, multiculturalism and a determination to forge a better world together.

**Mission =** The School of Leadership and Education Sciences (SOLES) at the University of San Diego believes in academic excellence, innovation, and a strong commitment to equity and inclusion. We educate, engage, model, mentor, and challenge the campus community to promote social justice and ignite meaningful change in our diverse society.

**Vision =** SOLES shapes the future by educating and empowering professionals to enact social justice, enhance human dignity, and improve the quality of life of diverse individuals, families, and communities.

**Core Values =** Diversity, inclusion, and social justice --- Excellence in teaching --- Care for the

whole person and common home ---Community engagement ---Excellence in scholarship

#### **Strategic Goals**

**Goal 1:** Prepare students to lead purposeful lives with successful careers in leadership, education, counseling, and therapy in the 21st century.

**Goal 2:** Expand access and demonstrate inclusive excellence to benefit the learning and success of all students and to advance educational equity and become a first-choice school of education sciences for underrepresented

students.

**Goal 3:** Infuse the entire university with a spirit and practice of changemaking, where innovation and entrepreneurship lead to positive change.

**Goal 4:** Encourage the integration of knowledge and research (scholarship) to address questions within and across the disciplines of leadership, education and counseling and therapy- impacting communities with local specificity and global implications.

**Goal 5:** Engage our communities in deep, democratic and meaningful partnerships, with a shared vision and collaborative effort.

# **Did You Know?**

<u>Common Sense Media</u> report: On average, American 8-12 year olds used 4 hours and 44 minutes of screen media each day. Teenagers averaged 7 hours and 22 minutes each day that did not include time spent using the screen for school or homework.

- <u>7 -Jobs:</u> The average American has seven jobs over the course of their twenties. A third of recent college graduates are unemployed, underemployed, or making less than \$30,000 a year at any given moment.
- <u>Lonely:</u> Thirty-five percent of Americans over forty-five are chronically lonely. Only 8% of Americans report having important conversations with their neighbors in a given year.

<u>The Learning Policy Institute</u> conducts and communicates independent, high-quality research to improve education policy and practice. Working with policymakers, researchers, educators, community groups, and others, the Institute seeks to advance evidence-based policies that support empowering and equitable learning for each and every child. <u>info@learningpolicyinstitute.org</u>

### **Situations Are Objective**

Angela Duckworth <u>media@characterlab.org</u> ...One effective way for your future self to triumph over your present self is to manipulate your situation to advantage. This strategy is called <u>situation modification</u>.... Try hacking your situation to make selfcontrol easier. Whether your future self wants more sleep, more exercise, or less procrastination, think about how you can make temptations less potent. Yes, our objective situations can be the enemy of self-control (Doing what's best in the long-run despite short-term temptations)....

### **ART CONTEST**

The Flying Leathernecks and CERC are pleased and proud to announce the second annual "Marines in Flight" Student Art Contest. All students in grades 6-12 in San Diego County plus all military dependents in grades 6-12 of active-duty personnel based in the Southwest region qualify. There are cash awards and all winning artwork will go on display at the Flying Leatherneck Aviation Museum in San Diego. The deadline is April 6, 2020. For more information and the online submission form please go to: <u>https://flyingleathernecks.org/education/art-contest/</u>

# SATURDAY MORNING SEMINAR April 18, 2020

### **Time & Classroom Management**

USD CAMPUS (free parking): Mother Rosalie Hill Hall, SOLES Building Room 127

Roughly 61 percent of educators said their work was "always" or "often" stressful compared with American workers, in general, citing their work was stressful 30 percent of the time, according to a new survey released by the American Federation of Teachers. - Joel Stice, writing for Education World

8:15-8:45am Drinks/Snacks/Registration 9:00-9:45 Time Management Best Practices for Teachers 9:45-10:00 Pair-& Share (attendees discuss what they heard) 10:00-10:15 Break/Networking 10:15-11:00 Classroom Management for Teachers 11:00-11:15 Pair & Share 11:20-11:45-Book signing & sales

Presenters/Authors: Serena Pariser, M.A., Author & CERC Advisory Member and Edward DeRoche Ph.D., Director, CERC

**REGISTRATION** ---**Students**: \$10 Register at character@sandiego.edu ----**Others**: \$25/Seminar: Register at Eventbrite

#### **ABOUT CERC**

For more information about the Art & Essay Contest, our Saturday Morning Seminars, our one-day Summer Conference, our monthly Blog & and past issues of *News You Can Use*, please visit our website and **Make A Gift to Support Our Work.** 

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https://www.sandiego.edu/soles/centers-and-research/character-developmentcenter/