

Character Education Resource Center News You Can Use

January 2019

*The new year stands before us, like a chapter in a book, waiting to be written.
We can help write that story by setting goals.*

– Melody Beattie

Did You Know

Do Today's Kids Have More Self-Control
Than Kids of the 60s?

YES! Today's kids can delay gratification longer than children of the 60s and 80s. This finding does not support our assumption that today's children have less self-control than previous generations. American Psychological Association's journal--*Developmental Psychology*.

According to Professors Tom Hierck and Kent Peterson's research there are specific behaviors that are most likely to contribute to a positive school culture. They are:

- showing pride in school
- kindness
- leadership
- using time wisely
- love of learning
- active listening
- using appropriate communication
- making insightful comment
- caring
- organization
- collaboration
- taking pride in one's work
- helping others
- being prepared
- making good choices
- cooperation
- self-resilience
- going above and beyond

New Year's Wishes

*I wish U to have a
Sweetest Sunday,
Marvelous Monday,
Tasty Tuesday,
Wonderful Wednesday,
Thankful Thursday,
Friendly Friday,
Successful Saturday.
Have a great Year.
HAPPY NEW YEAR*

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The Service Learning and Empathy Connection

Here is a story by a fifth-grade teacher (David Sandles) who had his 5th graders tutor and mentor 5- and 6—year old students in his school’s kindergarten classroom on a weekly basis. He reports that “over the course of this project, many of my students became more self-aware, more responsive to others' perspectives and needs, and more caring in their interactions with peers.”

ASCD Express, Vol. 13, No. 6.

<http://www.ascd.org/ascd-express/vol13/1306-sandles.aspx>

What the Social Brain and Social Classroom is all about?

The research is in: Learning is a social endeavor. The research shows that the modern “social” classroom supports group work and peer-to-peer collaboration and “science says that’s right on.” *We are masters of social being “hardwired from birth to decode facial expression, posture, and tone of voice—and to work collaboratively.*

<https://www.edutopia.org/video/what-social-brain>

Something Middle/High School Students Should DO

Now in its 20th year, Chapman University’s Rodgers Center for Holocaust Education is offering middle and high school students an opportunity to participate in its Holocaust Art and Writing contest.

For more information see:

<https://www.chapman.edu/research/institutes-and-centers/holocaust-education/rodgers-center/holocaust-art-and-writing-contest/index.aspx>

TAKE THIS QUIZ!

- (1) Nationwide, a new report showed that students lost _____ million school days due to suspensions; a CA report (2015-16) found that student suspension resulted in _____, 000 days lost.
- (2) On average, kids tend to express the most materialistic values when they’re in _____ school
- (3) The typical American school day doesn’t align with the typical American workday. ___ percent of elementary-school students and ___ percent of middle-school students find themselves unsupervised from 3 to 6 p.m. during a given school week.
- (4) _____ percent of American public schools start classes before 8:30, according to the most recent federal data. (87)
- (5) Americans in this age group are more likely to report being lonely, according to one recent study.

Answers: (1) = 11 & 750 (2) = middle (3) = 3% & 19% (4) = 87 (5) = 18-22 or generation Z

SATURDAY MORNING SEMINARS

Here's What You Missed in the Fall:

SEPTEMBER 29: Top Ten Tips for a Stellar School Year --"50" Minutes for 5 Questions About Character Education --Manage Time to Reduce Stress

OCTOBER 27: Emotional Resiliency: Cultivating Educator's Energy and Joyfulness --Cultivate Conscious Kids – Transformative Relations

DECEMBER 1: Problem-Based Learning and Service Learning

Our terrific presenters, including teachers and their students, provided us valuable information and useful "take-aways."

PLEASE WATCH FOR THE ANNOUNCEMENT FOR SMS IN THE SPRING SEMESTER

For Essay Contest, Conference, Certificate, and News You Can Use Information visit our website and **Make A Gift to Support Our Work**

<https://www.sandiego.edu/soles/centers-and-research/character-development-center/>



We are a resource center which means that we are here to meet your needs and interests in the character education of children and youth. Please reach out to us if we can assist you in any way.

Our Motto: If we don't have it, we can get it or create it.

Comment/Critique/Unsubscribe character@sandiego.edu

Cheers to a new year and another chance for us to get it right.

– Oprah Winfrey