

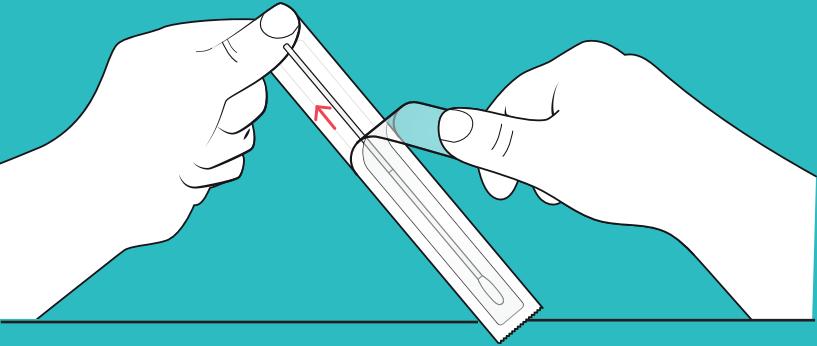
PROCEDURE FOR SELF-COLLECTION TESTING



01.
**Wash and dry or
sanitize your hands.**

02. **Remove the cotton swab without
touching the tip.**

If you have trouble opening the packaging, try pushing the end without the cotton through the packaging and pull the swab out carefully.



03. **Insert the tip of the swab into
the nostril until the tip is no
longer visible.**

**Rotate the swab around the
entire inside the edge of
EACH nostril 10 times.**



04.
**Place the tested
swab into the
tube.**



05.
**On the barcode sticker, write
your initials and date of birth.**

Please visit www.assurertw.com to enter or scan the sample barcode (if you use a mobile device).



06.
**Place Tube into Specimen bag
and give it to the attendant or
place into Courier Box.**

You will receive an email notification when your test results are ready to view.

