

SPORT CLUBS PHYSICAL REFERRAL

❖ **Do not forget to bring your medical paperwork with you to your appointment! USD Sport Clubs will only accept physicals completed using the official USD forms. All other formats will not be accepted.**

❖ **Most insurance companies do NOT cover sport physicals, so this will more than likely be an out-of-pocket expense. Please plan accordingly.**

Location name	Address	Cost	Website/Phone & Notes
San Diego Sports Medicine & Family Health Center	1945 Garnet Ave San Diego, CA 92109 <i>View website for additional locations</i>	\$90	https://www.sdsm.com/ 858-224-7977
CVS Minute Clinic <i>*Be sure to get a "Sports Physical"</i>	Location 1: 3327 Rosecrans St., San Diego, CA 92110 Location 2: 5644 Mission Center Rd., San Diego, CA 92108 <i>View website for additional locations</i>	\$76	https://www.cvs.com/minuteclinic/services/sports-physicals/in-person-visit <i>*You can make an appointment online, through the app, or walk in.</i>
AFC Urgent Care <i>*Be sure to get a "Sports Physical"</i>	1740 Rosecrans St. San Diego, CA 92106 <i>View website for additional locations</i>	\$149	https://www.afcurgentcare.com/point-loma/patient-services/sports-and-camp-physicals/ 619-790-7800 <i>*You can make an appointment online, or walk in.</i>

For additional information about the USD Sport Clubs registration process,
Please refer to the [Sport Club website: Forms and Leader Resources](#).

Sport Club Contact Information

Phone: (619) 260-4275

Email: sportclubs@sandiego.edu

NOTE: This list may include providers NOT covered by your health insurance plan, or may not be considered "in-network" providers. Please verify what costs you may incur with the provider you are referred to on this list.