

Pre-Health Student Timeline

Year 1

Fall	Spring	Summer

Things to Do...

- ✓ Subscribe to the Pre-Health List serve and review USD Pre-Health website
- ✓ Attend the **Pre-Health Student Orientation Part 1** in fall and **Part 2** in Spring
- ✓ Sign up for a Pre-health Peer Mentor
- ✓ Attend the **Exploring Health Careers Forum** in Spring
- ✓ Master study skills and time management – transition smoothly into college!
- ✓ Explore volunteer opportunities and pre-health clubs on campus
- ✓ Plan for service or clinical work over the summer

Year 2

Fall	Spring	Summer

Things to Do...

- ✓ Meet with Pre-Health Advisor
- ✓ Identify meaningful service and/or clinical experiences
- ✓ Explore campus leadership opportunities/student clubs
- ✓ Attend the **Pre-health Sophomore Strategy Workshop**
- ✓ Consider attending a Pre-medical conference
- ✓ Plan for service, research or clinical work over the summer

Year 3

Fall	Spring	Summer

Things to Do...

- ✓ Meet with Pre-Health Advisor
- ✓ Continue volunteer and/or clinical experience
- ✓ Consider research and/or study abroad experience
- ✓ Attend **Committee Letter** workshop (if applying to medical or dental school that summer) and submit application by deadline.
- ✓ Start planning for MCAT/DAT/PCAT Test Date
- ✓ Attend **Applicant workshops** (*Personal Statement, Application Review, etc.*)
- ✓ Apply to Health Professional School in early summer (Admissions process takes 1 year)

Year 4

Fall	Spring	Summer

Things to Do...

- ✓ Continue volunteer and/or clinical experience
- ✓ Return secondary applications in a timely manner
- ✓ Prepare to go on interviews, attend **Health Professional Interviews workshop** and set up a Mock Interview through USD Pre-Health office
- ✓ Make your health professional school acceptance decision
- ✓ Matriculate into health professional school the following fall semester

Note about Timeline: Each student’s path to health professional school is individual and unique. The above timeline is an example of the fastest track possible to health professional school. However, most students will choose to take an “enrichment” year and apply at the end of their senior year. Students are encouraged to discuss their timeline options with the Pre-Health Advisor.