



Occupational Therapy Requirements

Required Courses:

- 1 year of English/USD Core Requirement – Eng 121 + Upper Division Writing course
- 1 year of Anatomy and Physiology – Bio 212, 213
- 1 semester of Statistics – Math 120 (most will accept Psych stats or Biostats)
- 2 semesters of Developmental Psychology – Psych 314 & Psych 316
- 1 semester of Psychology - Psyc 101
- 1 semester of Abnormal Psychology – Psyc 355
- 1 semester of Sociology - Soc 101

Some schools require:

- 1 semester of Chem – Chem 151
- 1 semester of Bio – Bio 190
- 1 semester of Behavioral Neuroscience 310
- 1 semester of Physics (no lab) – Physics 136
- 1 semester of Communication - Comm 203
- 1 semester of medical terminology – community college
- Three dimension art (ceramics)

These courses will satisfy the requirements for most occupational therapy programs. While a student can choose any major, most OT requirements are fulfilled with a major in Psychology. Make sure that you check for additional requirements at your selected schools. Many schools want you to have completed the required courses prior to the time of application. Take all required classes for a grade; Pass/Fail is not acceptable!

GRE (Graduate Record Examination)

Students who intend to apply to Occupational Therapy programs must take the GRE prior to application. The GRE measures three areas in verbal reasoning, quantitative reasoning and analytical writing.

Extracurricular Activities

Clinical: A minimum of 200 hours of clinical experience in a variety of occupational therapy settings is recommended. This can be in a volunteer or paid capacity.

Community Service/Leadership: While OT schools do not require volunteer experience, it will strengthen your overall application! There are many opportunities on and off campus to become involved. It's always best to find something that you're very interested in and become involved.

Web Resources: www.aota.org