

Ann F. Garland, Ph.D.

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Appointments

- 2012-Present Professor and Founding Chair, Department of Counseling & Marital and Family Therapy, School of Leadership and Education Sciences, University of San Diego
- 2013-Present Professor Emeritus, Department of Psychiatry, University of California, San Diego
- 2005-2012 Professor in Residence, Department of Psychiatry, University of California, San Diego
- 2005-2013 Deputy Director, Child and Adolescent Services Research Center at Rady Children's Hospital
- 2001- 2005 Associate Professor in Residence, Department of Psychiatry, University of California, San Diego
- 1997- 2012 Director of Training in Psychology and Senior Supervising Psychologist, Children's Hospital and Health Center Out-patient Psychiatry Clinic
- 1997- Present: Adjunct Professor, Department of Psychology, San Diego State University
- 1994-2001 Assistant Adjunct Professor, Department of Psychiatry, University of California, San Diego

Education

- Yale University: Ph.D. in Clinical & Community Psychology, 1994.
- Teachers College, Columbia University: M.A., Human Development, 1985.
- University of California at Berkeley: B.A. with distinction, Psychology, 1983.

State Licensure

California License in Clinical Psychology

Honors/Awards

- 2015 Faculty Teaching Award, School of Leadership and Education Sciences, USD
- 2012 "Valiant Knight" Award. Presented by the Family & Youth Roundtable to a researcher whose findings have helped set a foundation for improving services and improving children's quality of life.
- 2010 Excellence in Teaching, UCSD Clinical Psychology Internship Program
- 2007 Excellence in Research Mentoring, UCSD Department of Psychiatry
- 1988-1992 Bush Pre-doctoral Fellow in Child Development and Social Policy (Yale Univ.)
- 1989-1991 NIMH Pre-doctoral Fellow in Prevention Training (Yale Univ.)
- 1989-1990 Selected by Yale Faculty as Student Member of Faculty Search Committee
- 1981 All-American Scholar-Athlete (U.C. Berkeley)
- 1980 Edward Kraft Scholarship Prize (U.C. Berkeley)

Research Funding

- 2014-2019 Co-Investigator, Sustainment of Multiple EBP's Fiscally Mandated in Children's MH Services. PIs: A. Lau & L. Brookman-Frazee. NIH R01 MH 100134.
- 2012-2017 Co-Investigator, Effectiveness and Implementation of a Mental Health Intervention for ASD, PI: L. Brookman-Frazee. NIH R01 MH 094317.
- 2008-2013 Co-Principal Investigator, PI of UCSD subcontract; Advanced Center for Intervention and Services Research, PI: J. Landsverk; NIMH #P30 MH074778, \$7 million.
- 2011-2012 Principal Investigator, Identifying Provider Determinants of Race/Ethnic Disparities in Psychoactive Medication Use for Children with Disruptive Behavior Problems. UCSD Center for Child Health Disparities. \$50,000.
- 2009-2013 Principal Investigator, Children's Mental Health Research Services. San Diego County Health and Human Services, \$6 million.
- 2010-2013 Co-Investigator, Feasible Delivery of CBT for Rural Latino Youth with Anxiety. NIMH R34. PI: D. Chavira, \$675,000
- 2009-2014 Co-Investigator, Using Multiple Datasets to Examine Youth Diagnosis. NIMH R01. MH 085150. PI: P. Fisher (Columbia University). \$3 million.
- 2009-2010 Principal Investigator, Examining Clinical Supervision in Community-based Care. UCSD Academic Senate Grant, \$25,000.
- 2002-2008 Principal Investigator, Integrating Evidence and Practice for Youth Psychotherapy, NIMH #R01MH66070, \$3,420,000.
- 2005-2010 Co-Investigator, PI of UCSD subcontract. Cognitive Consensus in Cross Cultural Competence, NIMH R01 PI: M. Yeh; MH071483, \$3,500,000.
- 2000-2005 Co-Investigator and Associate Director, Child and Adolescent Services Research Center, NIMH #P50 MH50313 \$4,827,000 over 5 years, P.I., J. Landsverk, Ph.D.
- 1998-2003 Principal Investigator, Measuring Outcomes of Youth Mental Health Services, NIMH K01 #MH01544. \$700,000.
- 1996-2001 Principal Investigator, Performance Outcome Project, San Diego County Department of Mental Health Contract, \$750,000.
- 1996-1998 Principal Investigator, Adolescents' Perceptions of Mental Health Services. NIMH R03 #MH554017. \$125,000.
- 1996-2001 Co-Investigator, Patterns of Youth Mental Health Care. NIMH R01 #MH55282 P.I.: R. Hough, Ph.D., \$6,500,000
- 1994-1999 Co-Investigator & Scientific Coordinator, Center for Research on Child and Adolescent Mental Services, NIMH #MH50313. P.I.: J. Landsverk, Ph.D., \$2,300,000
- 1994-1995 Principal Investigator, Referral of Children in Foster Care to Mental Health Services. UCSD Academic Senate Research Grant, \$6,000.
- 1994-1995 Principal Investigator, Adolescents' Satisfaction with Mental Health Services. Children's Hospital Research Award, \$9,400.

Additional Research Experience

- 1993-1994 Research Associate, Rady Children's Hospital Child and Family Research Group. Collaborator on several projects regarding psychosocial functioning and use of mental health services among children in foster care.
- 1992-1993 Dissertation Research, Yale University, Edward Zigler, Ph.D., main advisor. Title: Pathways into mental health services: Adolescent help-seeking and teacher identification and referral.
- 1985-1988 Research Scientist, Division of Child Psychiatry, Columbia University & New York State Psychiatric Institute. David Shaffer, M.D., supervisor. Project Director for evaluation studies of adolescent suicide prevention programs. Responsible for grant writing, instrument development, data collection, analysis, and reporting.

Clinical Positions

- 1997-2012 Director of Training in Psychology and Chief Supervising Psychologist, Rady Children's Hospital/UCSD Child Psychiatry Out-patient Clinic, Psychology Training Program.

- 1995-1997 Clinical Supervisor, Rady Children's Hospital/UCSD Child Psychiatry Out-patient Clinic.
 1992-1993 Pre-Doctoral Clinical Psychology Intern, U.C. San Diego/V.A. Medical Center in San Diego, CA. Gary Birchler, Ph.D., Internship Director.
 1988-1992 Practicum Student Therapist, Yale Child Study Center, Yale University School of Medicine Sara Sparrow, Ph.D., Chief Psychologist & Yale Psychological Services Clinic, Jesse Geller, Ph.D., Director.
 1983-1984 Counselor, Ariadne Foundation Residential Treatment Center for Developmentally Disabled Young People. San Rafael, CA.

Previous Teaching

- 1997-2012 Coordinated all psychology training and led weekly group supervision seminar and individual supervision for psychology interns and practicum students at Rady's Child Psychiatry Central Out-patient Clinic.
 1994-2012 Lecturing within UCSD Medical School and Rady Children's Hospital to medical students, residents, interns, and graduate students on topics related to human development, children's mental health assessment and treatment, suicide prevention, psychopathology, etc.

Thesis and Dissertation Advisor:

Primary Advisor/Dissertation Chair for SDSU/UCSD Joint Doc. Program:

Caroline Lewczyk Boxmeyer, Ph.D., 2004; Rachel Zoffness, Ph.D. 2011; Erin Arnold Accurso Ph.D. 2012 (NIH NRSA recipient)

Dissertation &/or Guidance Committee Member for students in the SDSU/UCSD Joint Doctoral Program in Clinical Psychology:

Idalia "Espie" Canez	Melissa Souza-Fees	Kathy Glad
Heather Taussig	Susan MacLaughlin	Helen Hayden-Wade
Barbara Mitchell	Ana Abrantes	Caroline Lewczyk Boxmeyer
Jennifer Booth-Lento	Vivien Kiel	Kate Brody Nooner
Judy Ho	Melissa Pelaez Merrick	Rachel Zoffness
Mairav Cohen-Zion	Sandra Larios	Stephanie Romney
Katherine Tsai	June Liang	Miguel Villodas
Araceli "Shelly" Gonzales	Erin Arnold Accurso	Nicole Stadnick
Megan Jeffreys	Natalia Escobar	Michelle Rozenman

Post-Doctoral Advisor:

Helen Hayden-Wade, Ph.D.	Lauren Brookman-Frazee, Ph.D.
Rachel Haine, Ph.D.	Emily Trask, Ph.D.
Kya Fawley-King, Ph.D.	Emily Gray, M.D.

Early Career Award (NIMH K award) Sponsor:

Mary Baker-Ericzen, Ph.D.	Denise Chavira, Ph.D.
Lauren Brookman-Frazee, Ph.D.	Rachel Haine-Schlagel, Ph.D.

Publications

- Garland, A.F., Lebensohn-Chialvo, F., Hall, K.G., Cameron, E.R.N. (In press). Capitalizing on scientific advances to improve access and quality of children's mental health care. *Behavioral Sciences and Law*.
 Stadnick, N., Chlebowski, C., Baker-Ericzen, M., Dyson, M., Garland, A., & Brookman-Frazee, L. (in press). Psychiatric comorbidity in ADS: Correspondence between mental health clinician report and structured parent interview. *Autism: International Journal of Research and Practice*.
 Trask, E.V., Fawley-King, K., Garland, A.F., Aarons, G.A., (In press) Client Report of Delivery of

Common Elements in Usual Care and the Association to Satisfaction, *Journal of Child and Family Studies*

- Langer, D., A., Wood, J.J., Wood, P.A., Garland, A.F., Landsverk, J., Hough, R.L. (2015). Mental health service use in schools and non-school-based outpatient settings: Comparing predictors of service use. *School Mental Health, 7*, 161-173.
- Trask, E.V., Fawley-King, K., Garland, A.F., & Aarons, G.A. (on-line July 6, 2015). Do aftercare mental health services reduce risk of psychiatric rehospitalization for children? *Psychological Services*. <http://dx.doi.org/10.1037/ser0000043>
- Brookman-Frazee, L., Stahmer, A., Stadnick, N., Chlebowski, C., Herschell, A., & Garland, A.F. (on line January, 2015). Characterizing the use of research-community partnership in studies of evidence-based interventions in children's community services. *Administration and Policy in Mental Health and Mental Health Services*.
- Garland, A.F., Taylor, R., Brookman-Frazee, L., Baker-Ericzen, M. Haine-Schlagel, R., Wong, S. (2015) Does Race / Ethnicity Influence Physician Decision-Making for Diagnosis and Treatment of Childhood Disruptive Behavior Problems. *Journal of Racial and Ethnic Health Disparities, 2*, 219-230.
- Accurso, E.C. & Garland, A.F. (2015). Child, caregiver, and therapist perspectives on therapeutic alliance in usual care child psychotherapy. *Psychological Assessment, 27*, 347-352. <http://dx.doi.org/10.1037/pas0000031>
- Baker-Ericzen, M. J., Jenkins, M. M., Park, S & Garland, A. F. (2015). Clinical Decision-Making in Community Children's Mental Health: Using Innovative Methods to Compare Clinicians With and Without Training in Evidence-Based Treatment, *Child and Youth Care Forum, 44*, 133-157.
- Accurso, E.C., Garland, A.F., Haine-Schlagel, R., Brookman-Frazee, L., Baker-Ericzen, M.J. (2015). Factors contributing to reduced caregiver strain in a publicly-funded child mental health system. *Journal of Emotional and Behavioral Disorders, 23*, 131-143. DOI: 10.1177/1063426614532948
- Fawley-King, K., Trask, E., Calderon, N.E., Aarons, G.A., Garland, A.F. (2014). Implementation of An evidence-based parenting programme with a Latina population: Feasibility and preliminary outcomes. *Journal of Children's Services, 9*, 295-306.
- Frazier, L.L., Bearman, S.K., Garland, A.F., & Atkins, M.S. (2014). Dissemination and Implementation In Children's Mental Health: Closing the Research to Training Gap. In R. S. Beidas & P. C. Kendall (Eds.), *Dissemination and Implementation of Evidence-Based Practices in Child and Adolescent Mental Health*. (pp. 98-123). New York, NY: Oxford University Press.
- Schoenwald, S.K., Chapman, J.E., & Garland, A.F. (2014). Capturing fidelity in dissemination and implementation science. In R. S. Beidas & P. C. Kendall (Eds.), *Dissemination and Implementation of Evidence-Based Practices in Child and Adolescent Mental Health*. (pp. 44-60). New York, NY: Oxford University Press.
- Chavira, D.A., Drahota, A., Garland, A.F., Roesch, S., Garcia, M., Stein, M.B. (2014). Feasibility of Two Modes of Treatment Delivery for Child Anxiety in Primary Care, *Behaviour Research and Therapy, 60*, 60-66.
- Bearman, S.K., Garland, A.F., Schoenwald, S.K. (2014). From practice to evidence in child welfare: Model specification and fidelity measurement of Team Decisionmaking. *Children and Youth Services Review, 39*, 153-159.
- Garland, A.F., Accurso, E.C., Haine-Schlagel, R., Brookman-Frazee, L., Roesch, S., Zhang, J.J. (2014). Searching for Elements of Evidence-based Practices in Children's Usual Care and Examining their Impact. *Journal of Clinical Child and Adolescent Psychology, 43*, 201-215. DOI: 10.1080/15374416.2013.869750
- Dorsey, S., Pullmann, M., Deblinger, E., Berliner, L., Kerns, S. E., Thompson, K., Unutzer, J., Weisz, J., Garland, A.F. (2013). Improving practice in community-based settings: A randomized trial of supervision- Study protocol. *Implementation Science, 8*:89.
- Garland, A.F. & Brookman-Frazee, L. (2013). Therapists and Researchers: Advancing Collaboration. *Psychotherapy Research*, DOI:10.1080/10503307.2013.838655
- Haine-Schlagel, R., Fettes, D. L., Garcia, A. R., Brookman-Frazee, L., & Garland, A. F. (2013).

- Consistency with evidence-based treatments and perceived effectiveness of children's community-based care. *Community Mental Health Journal*. NIHMS433673. DOI: 10.1007/s10597-012-9583-1.
- Palinkas, L.A., Weisz, J.R., Chorpita, B., Levine, B., Garland, A., Hoagwood, K.E., & Landsverk, J. (2013). Continued use of evidence-based treatments after a randomized controlled effectiveness trial: A qualitative study. *Psychiatric Services*, *64*, 1110-1118. doi: 10.1176/appi.ps.004682012
- Garland, A.F. and Schoenwald, S.K. (2013). Use of effective and efficient quality control methods to implement psychosocial interventions. *Clinical Psychology: Science and Practice*, *20*, 33-43.
- Fawley-King, K., Haine-Schlagel, R., Trask, E.V., Zhang, J., Garland, A.F. (2012, available on line) Caregiver participation in community-based mental health services for children receiving outpatient care. *Journal of Behavioral Health Services and Research*, DOI 10.1007/s11414-012-9311-1
- Garland, A.F., Haine-Schlagel, R., Brookman-Frazee, L., Baker-Ericzen, M.J., Trask, E.V., Fawley-King, K. (2013) Improving community-based mental health care for children: Translating knowledge into action *Administration and Policy in Mental Health and Mental Health Services*, *40*, 6-22. DOI: 10.1007/s10488-012-0450-8
- Accurso, E.C., Hawley, K.M., & Garland, A.F. (2013). Psychometric properties of the Therapeutic Alliance Scale for caregivers and parents. *Psychological Assessment*, *25*, 244-252. doi: [10.1037/a0030551](https://doi.org/10.1037/a0030551).
- Garland, A.F., Brookman-Frazee, L., Gray, E. (2013). The role of parent characteristics in community-based medication treatment for children with disruptive behavior problems. *Community Mental Health Journal*, *49*, 507-514. DOI 10.1007/s10597-012-9514-1
- Schoenwald, S.K. & Garland, A.F. (2013). A review of treatment adherence measurement methods. *Psychological Assessment*, *25*, 146-156. doi: [10.1037/a0029715](https://doi.org/10.1037/a0029715)
- Garland, A.F., Haine-Schlagel, R., Accurso, E.C., Baker-Ericzen, M.J., Brookman-Frazee, L. (2012). Exploring the effect of therapists' treatment practices on client attendance in community-based care for children. *Psychological Services*, *9*, 74-88.
- Haine-Schlagel, R., Brookman-Frazee, L., Fettes, D.L., Baker-Ericzen, M., & Garland, A.F. (2012). Therapist focus on parent involvement in community-based youth psychotherapy. *Journal of Child and Family Studies*, *21*, 646-656.
- Schoenwald, S.K., Garland, A.F., Southam-Gerow, M.A., Chorpita, B.F., Chapman, J.E. (2011). Adherence measurement in treatments for disruptive behavior disorders: Pursuing clear vision through varied lenses. *Clinical Psychology: Science and Practice*, *18*, 331-341.
- Trask, E., & Garland, A.F. (2011). Are Children Improving? Results from Outcome Measurement in a Large Mental Health System. *Administration and Policy in Mental Health and Mental Health Services*. On-line first; April 29, 2011.
- Accurso, E.C., Taylor, R.M., & Garland, A.F. (2011). Evidence-based practices addressed in community-based children's mental health clinical supervision. *Training and Education in Professional Psychology*, *5*, 88-96.
- Schoenwald, S.K., Garland, A.F., Chapman, J.E., Frazier, S.L., Sheidow, A.J., & Southam-Gerow, M.A.. (2011). Toward the effective and efficient measurement of implementation fidelity. *Administration and Policy in Mental Health and Mental Health Services*, *38*, 32-43.
- Landsverk, J., Garland, A., Rolls Reutz, J., Davis, I. (2010). Bridging science and practice in child welfare and children's mental health service systems through a two-decade research center trajectory. *Journal of Social Work*, *11* 80-98.
- Garland, A.F., Brookman-Frazee, L., & Chavira, D. (2010). Are we doing our homework? *Clinical Psychology: Science and Practice*, *17*, 162-165.
- Brookman-Frazee, L., Taylor, R., Garland, A.F. (2010). Characterizing community-based mental health services for children with autism spectrum disorders and disruptive behavior problems. *Journal of Autism and Developmental Disorders*, *40*, 1188-1201.
- Garland, A.F., Brookman-Frazee, L., Hurlburt, M.S., Accurso, E.C., Zoffness, R., Haine, R.A., & Ganger, W. (2010). Mental health care for children with disruptive behavior problems: A view inside therapists' offices. *Psychiatric Services*, *61*, 788-795.
- Garland, A.F., Bickman, L., Chorpita, B.F. (2010). Change What? Identifying quality improvement

- targets by investigating usual mental health care. *Administration and Policy in Mental Health and Mental Health Services*, 37, 15-26
- Aarons, G.A., Covert, J., Skinner, L.C., Green, A., Marto., D., Garland, A.F., Landsverk, J. (2010). The eye of the beholder: Youths and parents differ on what matters in mental health services. *Administration and Policy in Mental Health and Mental Health Services*, 37, 459-467.
- Seidman, E., Chorpita, B.F., Reay, W.E., Stelk, W., Garland, A.F., Kutash, K., Mullican, C., Ringeisen, H. (2009). A framework for measurement feedback to improve decision-making in mental health. *Administration and Policy in Mental Health and Mental Health Services*, 37, 128-131.
- Chavira, D.A., Accurso, E., Garland, A., & Hough, R.L. (2010). Suicidal Behavior among Youth in Five Public Sectors of Care. *Child and Adolescent Mental Health*, 15, 44-51.
- Hurlburt, MS, Garland, AF, Nguyen, K, & Brookman-Frazee, L. (2010). Child and family therapy process: Concordance of therapist and observational reports. *Administration and Policy in Mental Health and Mental Health Services*, 37, 230-244.
- Brookman-Frazee, L., Haine, R.A., Baker-Ericzen, M., Zoffness, R., & Garland, AF. (2009). Factors associated with use of evidence-based practice strategies in usual care youth psychotherapy. *Administration and Policy in Mental Health and Mental Health Services*, 37
- Garland, AF, Hurlburt, MS., Brookman-Frazee, L., Taylor, RM, Accurso, EC. (2009). Methodological challenges of characterizing usual care psychotherapeutic practice. *Administration and Policy in Mental Health and Mental Health Services*, 37
- Chavira, D.A., Garland, A., Yeh, M., McCabe, K., & Hough, R.L. (2009). Child anxiety disorders in public systems of care: Comorbidity and service utilization. *Journal of Behavioral Health Services and Research*, 36, 492-504.
- Zoffness, R., Garland, A.F., Brookman-Frazee, L., Roesch, S. (2009). Case Management in Usual Care psychotherapy. *Child and Youth Care Forum: Research and Practice in Children's Services*, 38, 185-200.
- Brookman-Frazee, L., Garland, A.F., Taylor, R., & Zoffness, R. (2009). Therapists' Attitudes Towards Psychotherapeutic Strategies in Community-Based Psychotherapy with Children with Disruptive Behavior Problems. *Administration and Policy in Mental Health and Mental Health Services*, 36, 1-12.
- Chavira, D., Garland, A.F., Daley, S., Hough, H.L. (2008). The impact of medical comorbidity among children with anxiety disorders. *Journal of Developmental and Behavioral Pediatrics*, 29, 394-402.
- Aarons, G. A., Monn, A., Leslie, L., Garland, A.F., Lugo, L., Brown, S.A. (2008). Mental and Physical Health Problems in High-Risk Adolescents: A Prospective Study. *Journal of Adolescent Health*.43, 260-267.
- Brookman-Frazee, L., Gabayan, E., Haine, R., Garland, AF. (2008). Predicting Frequency of Treatment Visits in Community-Based Youth Psychotherapy. *Psychological Services*, 5, 126-138.
- Hawley, K.M. & Garland, A.F. (2008). Working alliance in adolescent outpatient therapy: Youth, parent and therapist reports and associations with therapy outcomes. *Child and Youth Care Forum: Research and Practice in Children's Services*, 37, 59-74.
- Garland, A.F., Hawley, K.M. Brookman-Frazee, L. I., Hurlburt, M. (2008). Identifying common elements of evidence-based psychosocial treatments for children's disruptive behavior problems. *Journal of the American Academy of Child and Adolescent Psychiatry*, 47, 505-514.
- Garland, A.F., McCabe, K.M., & Yeh, M. (2008) Ethical challenges in practice-based mental health services research: Examples from research with children and families. *Clin Psych: Science and Pract*, 15, 118-124.
- Garland, A., Augustyn, M., Stein, M.T. (2007). Disruptive and oppositional behavior in an 11-year old boy. *Journal of Developmental & Behavioral Pediatrics*, 28, 406-408.
- Haine, R. A., Brookman-Frazee, L., Tsai, K. H., Roesch, S. C., & Garland, A. F. (2007). Clinician perspectives of diagnosis and perceived change in "real world" youth psychotherapy. *Journal of Child & Family Studies*.
- Lau, AS, Huang, MM, Garland AF, McCabe KM, Yeh M, & [Hough RL](#) (2006). Racial variation in self-labeled child abuse and associated internalizing symptoms among adolescents who are high risk. *Child Maltreatment*, 11, 168-181.

- Garland, A.F., Plemmons, D., Koontz, L. (2006). Research-Practice Partnerships in Mental Health: Lessons from Participants. *Administration and Policy in Mental Health and Mental Health Services*, 33, 517-528.
- Garland, A.F., Hurlburt, M.S., & Hawley, K.M. (2006). Examining Psychotherapy Processes in a Services Research Context. *Clinical Psychology: Science and Practice*, 13, 30-46.
- Brookman-Fraze, L., Haine, R.L., & Garland, A.F., (2006) Measuring Outcomes of real-world youth psychotherapy: Who and what to ask? *Psychiatric Services*, 57, 1373-1375.
- Lau, A.S., McCabe, K.M., Yeh, M., Garland, A.F., Wood, P., & Hough, R.L. (2005). A re-examination of the acculturation gap-distress hypothesis among Asian-Pacific Islander and Hispanic American families. *Journal of Family Psychology*, 19, 367-375.
- Weckerly, J., Aarons, G.A., Leslie, L.K., Garland, A.F., Landsverk, J., Hough, R.L. (2005). Attention on inattention: The differential effect of caregiver education on endorsement of ADHD symptoms. *Developmental and Behavioral Pediatrics*, 26, 201-208.
- Garland, A.F., McCabe, K.M., Yeh, M., Lau, A.S., Hough, R.L., & Landsverk, J.A. (2005). Racial/Ethnic differences in utilization of mental health services among high-risk youth. *American Journal of Psychiatry*, 162, 1336-1343.
- Yeh, M., McCabe, K., Hough, R.L., Lau, A.S., Fakhry, F., & Garland, A.F. (2005). Why bother with beliefs?: Examining relationships between race/ethnicity, parental beliefs about causes of child problems, and mental health service use. *Journal of Consulting and Clinical Psychology*, 73, 800-807.
- McDonald, E.J., McCabe, K., Yeh, M., Lau, A., Garland, A., & Hough, R.L. (2005). Cultural affiliation and self-esteem as predictors of internalizing symptoms among Mexican-American adolescents. *Journal of Clinical Child and Adolescent Psychology*, 34, 163-171.
- McCabe, K.M., Yeh, M., Garland, A.F., Lau, A.S., Chavez, G. (2005). The GANA Program: A tailoring approach to adapting parent child interaction therapy for Mexican Americans. *Education and Treatment of Children*, 28, 111-129.
- Lau, A.S., Garland, A.F., Yeh, M., McCabe, K.M., Wood, P.A., & Hough, R.L. (2004). Race/ethnicity and inter-informant agreement in assessing adolescent psychopathology. *Journal of Emotional and Behavioral Disorders*, 12, 145-156.
Selected for Data Trends: Summaries of research on mental health services for children and adolescents and their families, Sept., 2004, No. 105. Research and Training Center for Children's Mental Health, Louis de la Parte Florida Mental Health Institute, University of South Florida.
- Aarons, G., Garland, A.F., Brown, S., & Hough, R., (2004). Race/Ethnic disparity and correlates of substance abuse service utilization and juvenile justice involvement among adolescents with substance use disorders. *Journal of Ethnicity in Substance Abuse*, 3, 47-64.
- Garland, A.F., Lewczyk-Boxmeyer, C.M., Gabayan, E., Hawley, K. (2004). Multiple stakeholder agreement on desired outcomes for adolescents' mental health services. *Psychiatric Services*, 55, 671-676.
Selected for Data Trends: Summaries of research on mental health services for children and adolescents and their families, July, 2004, No. 102. Research and Training Center for Children's Mental Health, Louis de la Parte Florida Mental Health Institute, University of South Florida.
- Yeh M, Hough RL, McCabe K, Lau AS, Garland AF. (2004) Parental Beliefs about the Causes of Child Problems: Exploring Racial/Ethnic Patterns. *Journal of the American Academy of Child and Adolescent Psychiatry*, 43, 605-612.
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- McCabe KM, Yeh M, Lau A, Garland AF, Hough RL. (2003). Racial/Ethnic Differences in Caregiver Strain and Perceived Social Support Among Parents of Youth with Emotional and Behavioral Problems. *Mental Health Services Research*, 5, 137-147.
- Garland, A.F., Hough, R., Brown, S.A., Aarons, G., & Wood, P. (2003). Diagnostic profiles associated with use of mental health and substance abuse services among high-risk youths. *Psychiatric Services*, 54, 562-564.

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Selected for Data Trends: Summaries of research on mental health services for children and adolescents and their families, 2003, No.81. Research and Training Center for Children's Mental Health, Louis de la Parte Florida Mental Health Institute, University of South Florida.
- Garland, A.F., Landsverk, J.A., & Lau, A.S. (2003). Racial/Ethnic disparities in mental health service use among children in foster care. *Children and Youth Services Review*, 25, 491-507.
- Lau, A.S., McCabe, K.M., Yeh, M., Garland, A.F., Hough, R.L. & Landsverk, J.A. (2003). Race/ethnicity and rates of self-reported maltreatment among high-risk youth in public sectors of care. *Child Maltreatment*, 8, 183-194.
- Garland, A.F., Kruse, M., & Aarons, G.A. (2003). Clinicians' and outcome measurement: What's the use? *Journal of Behavioral Health Services and Research*, 30, 393-405
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- *Note: This paper was a finalist for the 1991 "Charlotte and Norbert Rieger Award for Scientific Achievement" for the most significant article published in the Journal of the American Academy of Child and Adolescent Psychiatry for 1991.*
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- Shaffer, D., Garland, A.F., Gould, M., Fisher, P., & Trautman, P. (1988). Preventing Teenage Suicide: A Critical Review. *Journal of the American Academy of Child and Adolescent Psychiatry*, 27, 675-687.
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- Shaffer, D., Bacon, K., Fisher, P., & Garland, A.F. (1987). *Review of Youth Suicide Prevention Programs: Governor's Report on Youth Suicide*. New York: New York State Office of Mental Health.
- Garland, A.F. & Shaffer, D. (1986). *The National Directory of Youth Suicide Prevention and Intervention Programs*. New York: National Committee on Youth Suicide Prevention & Governor's Council on Youth Suicide Prevention.

Selected Presentations

- Garland, A.F., Estrada, A., Hetherington, P., Martinez, M. Fostering Community Partnerships to Build Student Opportunities. Western Association for Counselor Education and Supervision, November, 2016.
- Garland, A.F. Practical Training in Evidence-based Practices for Child and Family Mental Health Care. California Association for Licensed Professional Clinical Counselors, March, 2015.
- Garland, A.F. Invited Key Note Speaker, Translating Research into Action to Improve Children's Mental Health Care. Annual Meeting of the California Alliance of Child and Family Services, September, 2014.
- Garland, A.F. Speaker: The Role of Measuring Fidelity in the Dissemination and Implementation of Evidence-based Practices, at the Association of Behavioral and Cognitive Therapy Annual Conference, Nashville, TN, November, 2013.
- Garland, A.F. Chair and Speaker: Training the next generation of dissemination and implementation researchers. Association for Behavioral and Cognitive Therapies. Toronto, Canada, Nov., 2011.
- Garland, A.F. Invited Speaker. Training a new generation of clinical psychological scientists. Association for Psychological Science. Washington, D.C. May, 2011.
- Garland, A.F. Why Study Community-based Psychotherapy for Children and Families?. Grand Rounds, UCSD Department of Psychiatry. March, 2011.
- Garland, A.F. Chair and Speaker. Using data to inform improvements in children's mental health care. Association for Behavioral and Cognitive Therapy. San Francisco, CA, November, 2010.
- Garland, A.F. Invited address. A look inside therapists' offices: Examining treatment for children with disruptive behavior problems in community-based care. Kansas Conference on Child Clinical Psychology. Lawrence, KS, October, 2010.
- Garland, A.F. Chair and Presenter, Using data to improve mental health care, American Psychological Association, San Diego, CA, August, 2010.
- Garland, A.F. Chair and Presenter, Symposium Examining Usual Care Psychotherapy for Youth. Association of Behavioral and Cognitive Therapy, New York, NY, November, 2009.
- Garland, A.F. A view inside therapists' offices. Grand Rounds, UCSD Department of Psychiatry. January, 2009.
- Garland, A.F. Chair and Presenter, Opening the "Black Box:" Studying usual care treatment. American Public Health Association, San Diego, November, 2008.
- Garland, A.F. Chair and Presenter. Symposium Examining Usual Care Psychotherapy for Youth. American Psychological Association, San Francisco, CA, August, 2007.
- Garland, A.F. Opening the "black box" of community psychotherapy practice for children. International meeting of the Society for Psychotherapy Research, Madison, Wisconsin, June, 2007.
- Garland, A.F. Chair and Presenter. Symposium on Innovative approaches to implementing evidence-based practices in the community. Annual Meeting of the American Academy of Child and Adolescent Psychiatry, San Diego, CA, October, 2006.
- Garland, A.F. Keynote address. Identifying the Practice-Based Evidence of Evidence-Based Practice.

- Rose Jenkins Conference: Implementing Evidence-Based Practices: Early Lessons Learned. Sacramento, CA, October, 2006.
- Garland, A.F. Invited address. Building a Research-Practice Partnership to Examine “Real World” Psychotherapy Practice, International meeting of the Society for Psychotherapy Research, Edinburgh, Scotland, June, 2006.
- Garland, A.F. Invited address. Alternative Approaches to Implementing Evidence Based Practice in the Real World. California Mental Health Directors Association, Sacramento, CA. May, 2006.
- Garland, A.F., Donna Marto, Henry Tarke. Invited address. Balancing Evidence-based practice with Practice-based evidence: Building Research-Practice Partnerships to study “real world” services. California Mental Health Advocates for Children and Youth: Best Emerging Transformation Strategies – How to Overcome Barriers. Monterey, CA. May, 2006.
- Garland, A.F. Invited workshop. Building Effective Research-Practice Partnerships: Collaboration and Compromise. Institute for Child Development: 3-C Program. Chapel Hill, NC., November, 2005.
- Garland, A.F. (Chair). Models of Research-Practice Partnership. Panel Presentation at the N.I.M.H. Services Research Conference. Bethesda, MD., July, 2005.
- Garland, A.F. (Chair). The complexities of measuring outcomes in usual care youth psychotherapy. Presented at the 18th Annual Research Conference on Children’s Mental Health, Tampa, FL, March, 2005.
- Garland, A.F. & Hurlburt, M.S. “Evidence-based treatments in the Real World?” Invited address at the International Conference on Child Maltreatment, San Diego, January, 2005.
- Garland, A.F. “Bridging the Research-Practice Gap: Collaboration and Compromise” Presented at Children’s Hospital/UCSD Child Psychiatry Grand Rounds, December, 2004.
- Garland, A.F. Plenary Address: Overview of Evidence Based Practices. 3rd Annual San Diego County System of Care Conference: Evidence Based Practices, San Diego, CA. May, 2004.
- Garland, A.F., Aarons, G.A., & Hurlburt, M. Integrating Evidence Based Practice into Community Based Settings: Promises and Pitfalls. Presented at the Meeting of the Minds Conference, San Diego, CA, October, 2003.
- Lewczyk, C.M., Garland, A.F., Gabayan, E., Hawley, K., & Stein, M. Adolescent, parent, and therapist agreement on mental health treatment goals. Presented at the Society for Developmental and Behavioral Pediatrics 21st Annual Scientific Meeting, Pittsburgh, PA, September, 2003.
- Garland, A.F. Symposium Chair and Discussant. “Contextual Issues in the Integration of Evidence Based Practice.” American Psychological Association, Toronto, Canada, August, 2003.
- Garland, A.F. “The Eye of the Beholder: Adolescent, Parent, and Clinician Perspectives on Desired Outcomes of Treatment.” Presented at Children’s Hospital/UCSD Child Psychiatry Grand Rounds, April, 2003.
- Garland, A.F. “Integrating Evidence and Practice for Youth Psychotherapy.” Invited address at the NIMH Meeting on Treatment as Usual, Washington, DC, November, 2002.
- Garland, A.F. “Clinicians and Outcome Measurement: What’s the Use?” Presented at Annual NIMH Mental Health Services Conference, April, 2002.
- Garland, A.F. “Clinicians and Outcome Measurement: What’s the Use?” Presented at the Annual Meeting for Expanding Research on Child and Adolescent Systems of Care, Invited address in NIMH sponsored symposium, March, 2002.
- Garland, A.F. “Integrating Research and Practice: Promises and Pitfalls.” Presented at Grand Rounds, San Diego Children’s Hospital and Health Center, February, 2002.
- Lewczyk, C.M., Garland, A.F., Hurlburt, M., Gearity, J., & Hough, R.L. “Comparing diagnoses assigned by the DISC-IV and clinicians among children and adolescents in a mental health service system.” Presented at the Annual Meeting of the American Public Health Association, Atlanta, GA, October, 2001.
- Lewczyk, C.M., Garland, A.F., Hurlburt, M., Gearity, J., & Hough, R.L. “DISC-IV vs. clinician diagnoses among youths receiving mental health services.” Presented at the Annual Meeting of the American Academy of Child and Adolescent Psychiatry, Honolulu, Hawaii, October, 2001.
- Baker, M.J., Garland, A.F., Landsverk, J., & Lau, A. “Outcome differences in child and adolescent mental health by race/ethnicity and informant.” Presented at the Annual Meeting of the American Academy of Child and Adolescent Psychiatry, Honolulu, Hawaii, October, 2001.
- McCabe, K.M., Lansing, A., Garland, A., Hough, R., Murphy, L., & Pariani, G. Sex differences in

- psychopathology and abuse history among juvenile delinquents. Presented at the Annual Meeting of the Western Psychological Association, Maui, Hawaii, April, 2001.
- Garland, A.F., Hough, R.L., Brown, S.A., & Aarons, G.A. "Diagnostic comorbidity associated with functional impairment and service utilization. Presented at the Annual Meeting of the American Academy of Child and Adolescent Psychiatry, New York, New York, October, 2000.
- Garland, A.F. "Clinicians and outcome measures: What's the use?" Presented at Grand Rounds, San Diego Childrens' Hospital and Health Center, March, 2000.
- Garland, A.F. & Gothard, S. "Outcome measures: What, why, and how." Presented at the San Diego Conference on Responding to Child Maltreatment, San Diego, CA, January, 2000.
- Garland, A.F. "Adolescents' satisfaction with mental health services." Invited presentation at the San Diego Conference on Responding to Child Maltreatment, San Diego, CA, January, 2000.
- Garland, A.F., Hough, R., & Wood, P. "Relationship between psychiatric disorders and service use for youth from five sectors of care" Presented at the Annual Meeting of the American Academy of Child and Adolescent Psychiatry, Chicago, October, 1999
- Garland, A.F., Hazen, A., McCabe, K., Yeh, M., Wood, P., & Hough, R. "Parent-child agreement on psychiatric disorders among young children." Presented at the NIMH Conference on the Assessment of Young Children, Clearwater Beach, FL, February, 1999.
- Garland, A.F. "Adolescents' Satisfaction with Mental Health Services." Presented at the 12th Annual Research Conference on Children's Mental Health, Tampa, FL, February, 1999.
- Garland, A.F. "Measuring Outcomes: The rocky trail to the holy grail." Presented at the West Coast Child and Adolescent Psychiatry Conference, San Diego, CA, February, 1999.
- Garland, A.F. "Adolescents' Satisfaction with Our Mental Health Services." Presented at Grand Rounds, San Diego Childrens' Hospital and Health Center, January, 1999.
- Hough, R., Garland, A., & Wood, P. "Prevalence of psychiatric disorders in youth in systems of care" Presented at the annual meeting of the American Public Health Association, Washington, D.C., November, 1998.
- Garland, A.F., Hough, R., & Wood, P. "Prevalence of psychiatric disorders in youth from five sectors of care" Presented at the Annual Meeting of the American Academy of Child and Adolescent Psychiatry, Anaheim, CA, October, 1998
- Garland, A.F. & Hough, R. "Racial/ethnic differences in use of mental health services for children in foster care." Paper presented at the American Psychological Association, San Francisco, August, 1998.
- Garland, A.F., Culver, S., & Walton, R. "Clinicians' response to mandatory training on outcomes measures" Paper presented at the 11th Annual Research Conference: A System of Care for Children's Mental Health: Expanding the Research Base, Tampa, FL, March, 1998.
- Garland, A.F. "Outcomes Research: Symbolic, simplistic, or significant?" Grand Rounds at Children's Hospital, January, 1998.
- Garland, A.F., Gothard, S., Litrownik, A., & Ryan, B. "Developing and implementing a mental health evaluation program" San Diego Conference on Responding to Child Maltreatment, San Diego, CA, January, 1998.
- Garland, A.F. "Measuring outcomes of psychological services: Symbolic, simplistic, or significant? Invited Address to the San Diego Psychological Association, San Diego, CA, December, 1997.
- Garland, A.F. "Clinicians' use of performance outcome measures" Invited Address to California State Department of Mental Health Training Conference,, Riverside, CA, December, 1997.
- Garland, A.F., Besinger, B., Saltzman, M. "Adolescents' perceptions of outpatient mental health services" Presented at the NIMH Conference on Improving the Condition of People with Mental Illness: The Role of Services Research, Washington, DC., September, 1997.
- Garland, A.F. "Adolescent suicide: Myths and misunderstandings" The Cutting Edge Conference: Critical Issues in Child and Adolescent Mental Health, San Diego, CA, February, 1997.
- Garland, A.F. & Litrownik, A.J. "The development of standardized assessment protocol in a community setting" 8th Annual Research Conference: A System of Care for Childrens Mental Health. Tampa, FL. February, 1996.
- Garland, A.F. "Need and use of mental health services among maltreated youth" Grand Rounds Presentation, UCSD Dept. of Psychiatry, San Diego, CA., January, 1996.
- Garland, A.F. "Performance outcomes implementation" Invited address, County of San Diego

- Department of Mental Health Services, January, 1996.
- Garland, A.F. "Adolescents' perceptions of mental health services." Grand Rounds Presentation, Children's Hospital, San Diego, CA., January, 1996.
- Landsverk, J., Garland, A.F., & Hough, R. "Mental health issues for children in foster care." American Public Health Association Annual Meeting, San Diego, CA., October, 1995.
- Garland, A.F. "Teachers' Identification of adolescents' need for mental health services." Poster presented at the NIMH Conference on Mental Health Services Research, Bethesda, MD, September, 1995.
- Landsverk, J. & Garland, A.F. "Mental health service need and use for children in foster care." Paper presented at the Family Violence Conference; Durham NH, July, 1995.
- Mitchell, B., Garland, A.F., Ryan, B., & Litrownik, A. "Preliminary results of an assessment protocol for sexually abused children: The relationship between post-traumatic stress, depression, and dissociation." Presented at the Annual Conference on Responding to Child Maltreatment; San Diego CA, January 1995.
- Garland, A.F. "Factors predicting use of mental health services for children and adolescents." Grand Rounds Presentation, Children's Hospital, San Diego, CA., December, 1994.
- Garland, A.F., Landsverk, J., & Hough, R. "Use of Mental Health Services by Children in Foster Care: Type of Maltreatment as a Predictor of Use." Presented at the Annual Meeting of the American Academy of Child and Adolescent Psychiatry; New York NY, October 1994.
- Garland, A.F. "Adolescent Suicide Prevention." Grand Rounds Presentation, Children's Hospital, San Diego, CA., October, 1993.
- Garland, A.F. "Psychological correlates of adolescents' help-seeking behaviors." Poster accepted for presentation at the Annual Meeting of the Western Psychological Association; Phoenix AZ, April 1993.
- Vieland, V., Shaffer, D., Whittle, B., Garland, A.F., & Rojas, M. "Characteristics of suicide morbidity in an adolescent population." Poster presented at the Annual Meeting of the American Academy of Child and Adolescent Psychiatry; New York NY, October 1989.
- Vieland, V., Shaffer, D., Garland, A.F., Whittle, B., & Rojas, M. "The impact of curriculum based suicide prevention on adolescent suicide morbidity." Poster presented at the Annual Meeting of the American Academy of Child and Adolescent Psychiatry; New York NY, October 1989.
- Garland, A.F. "Teen Suicide: The Tragic crisis." Invited address at the Conference of the New York State Commission on Quality of Care for the Mentally Disabled; Albany NY, May 1988.
- Garland, A.F., Shaffer, D., & Whittle, B. "A national survey of adolescent suicide prevention programs." Poster presented at the Annual Meeting of the American Academy of Child and Adolescent Psychiatry; Seattle WA, October 1988.
- Shaffer, D., Garland, A.F., Davies, M., & Underwood, M. "Screening for risk of adolescent suicide in school prevention programs." Poster presented at the Annual Meeting of the American Academy of Child and Adolescent Psychiatry; Seattle WA, October 1988.
- Garland, A.F. "Suicide prevention programs." Invited address at the First National Conference on Adolescent Suicide; Orlando FL, November 1987.

Professional Activities:

IRG/Research Review Committees

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| 2016 | Invited Expert Reviewer TrygFonden Foundation International Grants |
| 2015 | Chair, Brain Canada Research Grant Review |
| 2001-Present | Ad Hoc member for several NIMH IRG Research Committees |
| 2002-Present | Reviewer University of California Policy Research Center (CPRG). |
| 2010 | Reviewer William T. Grant Foundation Grants |
| 1999 | Ad Hoc Reviewer NIH STTR/SBIR Grants |
| 1999 | Reviewer NIDRR Research and Training Center Grants |
| 1997 | Ad Hoc Reviewer, Hampton Research Fund, University of British Columbia |

Journal/Conference Reviews

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| 2005-Present | Board of Editors and Associate Editor, <i>Administration and Policy in Mental Health and Mental Health Services Research</i> |
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2007-2009 Associate Editor, *Child and Youth Care Forum*
2002 Board of Editors, *Handbook of Pediatric Psychology*
2000-2003 Member, Editorial Board, *Children's Services: Social Policy, Research, and Practice*
1994-Present Ad Hoc Reviewer, *American Journal of Psychiatry*, *Ambulatory Child Health: The Journal of General and Community Pediatrics*, *American Journal of Preventive Medicine*, *American Journal of Psychiatry*, *Archives of General Psychiatry*, *Biological Psychiatry*, *Children and Youth Services*, *Journal of Clinical Child and Adolescent Psychology*, *Journal of Consulting and Clinical Psychology*, *Journal of the American Academy of Child and Adolescent Psychiatry*, *Pediatrics*, *Psychiatric Services*, *Psychological Reports*, *Psychological Services*.

Committee/Professional Organization Membership

2011 The Delaware Conference. Invited Member.
1996-2000 Member, NIMH Diagnostic Interview Schedule for Children (DISC) Editorial Board
1996-1999 Member, Children's Hospital and Health Center Institutional Review Board, Human Subject Committee

Miscellaneous

2004 Co-chair for 3rd Annual San Diego County System of Care Conference: Evidence Based Practices
1997 & 1999 Co-chair for UCSD/CHHC Conference on Critical Issues in Child and Adolescent Psychiatry

Additional Service & Community Activities

2015-Present Vice Chair, Board of Trustees, San Diego Center for Children
2013-Present Member, Board of Trustees, San Diego Center for Children
2011-Present Research Consultant and Board Member, Ethiopian School Readiness Initiative (ESRI)
1996 Graduate of the Aspen Institute
1995 Graduate of LEAD San Diego
1994-1997 Member, San Diego Coalition for Youth
1989-2005 Committee Member, San Diego Holiday Bowl Scholarship Selection