
CURRICULUM VITAE

CATHERINE GRIFFITH, PH.D.

DEPARTMENT OF COUNSELING & MARITAL AND FAMILY THERAPY

UNIVERSITY OF SAN DIEGO

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VITA-AT-A-GLANCE

- **Assistant Professor** at the University of San Diego
- **Ph.D. in Counselor Education** (CACREP Accredited) University of Central Florida, Orlando, FL
- **M.A. in School Counseling**, Chapman University, Orange, CA
- 17 **peer-reviewed publications** published, in press, or under review since 2014
- 7 **book chapters** published, in press, or under review
- 9 **grants submitted** (6 funded), 2 school district **program evaluation contracts**
- 8 **graduate-level counseling courses** as instructor or co-instructor, 2 **undergraduate**, 1 **online**
- 90+ international, national, state, and invited **presentations** (1 **keynote**)
- Advanced **statistical training** in HLM and SEM, proficient with SPSS, SAS, and LISREL
- Received the UMass College of Education **Outstanding Teacher Award**

Please note: Name was changed in 2012 from “Lamb” to “Griffith”

EDUCATION:

Ph.D. in Counselor Education (CACREP Accredited)

May 2014

University of Central Florida, Orlando, FL.

Dissertation Title: *The Impact of a Group Counseling Intervention on Lesbian, Gay, Bisexual, Transgender, and Queer Adolescents' Levels of Hope, Coping, and Suicidality*

Master of Arts in School Counseling

May 2011

Credential: California Pupil Personnel Services Credential with authorization in School Counseling
Chapman University, Orange, CA.

Bachelor of Fine Arts in Theatre

May 2004

Chapman University, Orange, CA.

ACADEMIC POSITIONS:

Assistant Professor

Sept. 2019 – Present

University of San Diego

Department of Counseling & Marital and Family Therapy
School of Leadership & Education Sciences
San Diego, CA 92110

Assistant Professor

July 2014 – Aug. 2019

University of Massachusetts Amherst

School Counselor Education Program
College of Education
Amherst, MA 01003

Associate Director
The Ronald H. Fredrickson Center for School Counseling Outcome
Research & Evaluation (CSCORE)
University of Massachusetts Amherst

April 2016 – Aug. 2019

Doctoral Graduate Research Assistant
University of Central Florida, Orlando, FL

Aug. 2011 – Apr. 2014

- Assisted in the development of scholarly manuscripts and national presentations through research, data analysis, and writing.

PROFESSIONAL EXPERIENCE:

Hagerty High School, Oviedo, FL
School Counselor Volunteer

Sept. 2011 – May 2014

- Developed evidence-based intervention strategies based on school counselor outcome research.
- Provided individual counseling to at-risk students referred due to their need for more intensive intervention for academic, behavioral, and personal/social concerns.
- Provided small group counseling on the topics of grief and academic skill-building.

Community Counseling Clinic (CCC), University of Central Florida
Doctoral Practicum Counselor & Group Facilitator

Jan. 2012 – Apr. 2014

- Provided individual counseling services to community members and facilitated several group experiences (e.g., personal growth groups and support groups for LGBTQ+ youth).
- Formulated evidenced-based treatment plans and collaborated on therapeutic goals with clients
- Conducted research and data analysis on issues related to hope, coping, and suicidality among LGBTQ+ adolescents.

Woodbridge High School, Irvine, CA
School Counselor Intern

Dec. 2009 – June 2011

- Created and delivered “Solution Shop,” a group counseling intervention for students on the D & F list. Student GPAs increased an average of 0.86.
- Conducted a program evaluation of the campus’ academic intervention program, involving analysis of outcome data, observations, interviews, focus groups, and surveys.
- Created, delivered, and evaluated a 6 session career intervention program for senior students.

Talbert Middle School, Fountain Valley, CA
School Counselor Intern

Aug. 2010 – June 2011

- Administered a school-wide needs assessment of teachers, administrators, parents, and students which lead to the development of group counseling interventions (boys anger management and conflict resolution for “mean girls”), and a lunchtime social group.
- Delivery of career exploration classroom guidance lessons that increased student interest in “one or more specific careers” by 97%.
- Provided direct counseling services for a rolling caseload of students (25-30) with primarily academic and behavioral issues.

Moiola Elementary, Fountain Valley, CA
School Counselor Intern

Aug. 2010 – Dec. 2010

- Delivered classroom guidance lessons to 4th and 5th grade students on such topics as respect, responsibility, decision-making, and goal setting.
- Met regularly with a small caseload of students (15) with a variety of academic, personal, and social concerns.

RESEARCH INTEREST AND FOCUS:

- LGBTQ+ adolescents
- Intervention research methods and analysis
- Best practices in school counseling and counselor education
- Methodological consulting and capacity-building in school counselor education

REFEREED PUBLICATIONS:

Griffith, G., Mariani, M., McMahon, H.G., Zyromski, B. (In Press). School counseling outcome research: A 10-Year content analysis of ACA affiliated journals. *Professional School Counseling*.

Mason, E. C. M., **Griffith, G.**, & Belser, C. T. (In Press). School counselors' use of technology for program management. *Professional School Counseling*.

Greenspan, S. B., **Griffith, C.**, Hayes, C., & Murtagh, E. (2019) LGBTQ+ and ally youths' school athletics perspectives: A mixed-method analysis. *Journal of LGBT Youth*, 16, 403-434.

Zyromski, B., Mariani, M., Dimmitt, C., & **Griffith, C.** (2018). Evidence-based school counseling: Models for integrated practice and school counselor education. *Professional School Counseling*, 22.

Greenspan, S.B., Whitcomb, S., & **Griffith, C.** (2018). Promoting affirming school athletics for LGBTQ youth through professional development. *Journal of Educational & Psychological Consultation*, 1-21. DOI: 10.1080/10474412.2018.1482217

Fan, K. Y., Carey, J. C., Thomas, E., **Griffith, C.**, Wells, C., He, L., & Niu, J. (2018). Development and exploratory factor analysis of a United States' version of the international survey of school counselors' activities. *International Journal for the Advancement of Counseling*, 1-22.

Griffith, C., Akers, W., Dispenza, F., Luke, M., Davis, R. J., Watson, J. C., ... & Goodrich, K. M. (2017). Standards of care for research with participants who identify as LGBTQ+. *Journal of LGBT Issues in Counseling*, 11, 212-229.

Goodrich, K. M., Farmer, L. B., Watson, J. C., Davis, R. J., Luke, M., Dispenza, F., ... & **Griffith, C.** (2017). Standards of care in assessment of LGBTGEQ+ persons. *Journal of LGBT Issues in Counseling*, 11, 203-211.

McMahon, G., **Griffith, C.**, Mariani, M., & Zyromski, B. (2017). School counseling intervention research on college readiness, college access, and postsecondary success: A 10-year content analysis of peer-reviewed research. *Journal of College Access*, 3(2), Article 3.

Greenspan, S. B., **Griffith, C.**, Murtagh, M. (2017). LGBTQ youths' school athletic experiences: A 40-year content Analysis in nine flagship journals. *Journal of LGBT Issues in Counseling*, 11, 190-200.

Conley, A. H., & **Griffith, C.** (2016). Trauma-informed response in the age of Title IX: Considerations for college counselors working with survivors of power-based personal violence. *Journal of College Counseling*, 19, 276-288.

Harrington, K., **Griffith, C.**, Gray, K. & Greenspan, S. B. (2016). A grant project to initiate school counselors' development of a multi-tier system of supports based on social-emotional data. *The Professional Counselor*, 6, 278-294.

Ohr, J. H., Limberg, D., Bordonada, T. M., **Griffith, C.**, & Sherrell, R. S. (2016). Adolescents' perceptions of their school counselors' impact. *Journal of Child and Adolescent Counseling*, 2, 1-15.

Mullen, P. R., Lambie, G. W., **Griffith, C.**, & Sherrell, R. (2015). School counselors' general self-efficacy, ethical and legal self-efficacy, and ethical and legal knowledge. *Ethics & Behavior*, 1-16.

Mullen, P. R., **Griffith, C.**, Greene, J. H., & Lambie, G. W. (2014). Social media and professional school counselors: Ethical and legal considerations. *Journal of School Counseling*, 12(8).

Lambie, G. W., Hayes, B. G., **Griffith, C.**, Limberg, D., & Mullen, P. R. (2014). An exploratory investigation of the research self-efficacy, interest in research, and research knowledge of Ph.D. in Education students. *Innovative Higher Education*, 39(2). DOI 10.1007/s10755-013-9264-1

REFEREED PUBLICATIONS IN REVIEW:

Griffith, C., Lambie, G. W., Barden, S., Gutierrez, D., Mullen, P. R. (In Review). A group counseling curriculum to reduce suicidality among LGBTQ youth: Results from a randomized controlled trial. *Professional School Counseling*.

IRB APPROVED RESEARCH:

Griffith, C., & Donohue, P. (Data Analysis in Progress). Validation of the Protective Factors Index at the middle school level.

Zyromski, B., Martin, I., **Griffith, C.**, Mariani, M., & McMahon, H. G. (Data Analysis in Progress). After school program evaluation of True Goals: A school counseling curriculum.

Griffith, G., Greenspan, S. B. (Study in Progress). The longitudinal impact of a standardized group counseling intervention on LGBTQ older adolescents' levels of hope, coping, and suicidality.

PRACTITIONER PUBLICATIONS (NON-REFEREED):

Mullen, P. R., & **Lamb, C.** (2012, May). The brave new world of social media: Ethical considerations. *ASCA School Counselor*, 49(5), 21-23.

BOOK CHAPTERS:

Griffith, C., & Lapan, R. (In Press). A case of the ninth grade gap. In C. Wood (Ed.), *Critical Incidents in School Counseling* (3rd ed.). American Counseling Association.

Griffith, C., & Greenspan, S. B. (2017). Conducting outcomes research to identify efficacious and effective practices in school-based counseling. In J. C. Carey (Ed.), *International handbook for policy research in school-based counseling* (pp. 121-132). New York: Springer.

Mullen, P. R., **Griffith, C.**, Greene, J. H., & Lambie, G. W. (2017). Social media and professional school counselors: Ethical and legal considerations. In T. P. Remley, Jr., W. D. Rock, & R. M. Reed (Eds.), *Ethical and legal issues in school counseling* (4th ed.)(pp. 65-86). Alexandria, VA: American School Counselor Association.

Greenspan, S. B., & **Griffith, C.** (2016). Relating to youth athletes: The helping professional as a sports coach. In S.E. Stewart-Spencer & C.J. Dean (Ed.), *Metaphors and therapy: Enhancing clinical supervision and education* (pp. 171-176). Baton Rouge, Louisiana: Independent Therapy Ink, LLC.

Griffith, C. (2016). Sexual minorities. In J. Carlson (Ed.), *The SAGE Encyclopedia of Marriage, Family, and Couples Counseling*. SAGE.

Wood, A., Sherrell, S., Gutierrez, D., & **Griffith, C.** (2015). American Indians. In T. K. Lee (Ed.), *Embracing diversity: Treatment and care in addictions counseling* (pp. 65-78). San Diego, CA: Cognella.

Gutierrez, D., Mullen, P. R., **Griffith, C.**, & Christmas, C. (2013). Financial wellness. In P. F. Granello (Ed.), *Wellness: A guide for achieving a healthy lifestyle* (pp. 87-99). Upper Saddle River, NJ: Pearson.

EVALUATION REPORTS:

Griffith, C., Dimmitt, C., & Greenspan, S. B. (2018, August). *Barnstable public school district: School counseling program evaluation for grades K-12*. Amherst, MA: Ronald H. Fredrickson Center for School Counseling Outcome Research and Evaluation.

Dimmitt, C., **Griffith, C.**, & Greenspan, S. B. (2018, April). *Medway public school district: School counseling program evaluation for grades 5-12*. Amherst, MA: Ronald H. Fredrickson Center for School Counseling Outcome Research and Evaluation.

GRANTS & CONTRACTS:

External Grants

Griffith, C., External Evaluator, & Greenspan, S.B. Co-External Evaluator. (2018). *The evaluation, pilot, and recommendations for updates to the Indiana Gold Star school counseling initiative*. The Lilly Implementation Grant & Butler University College of Education, \$5,000 (Funded).

Carey, J., Principal Investigator, **Griffith, C.**, **Co-Principal Investigator**, Berger, J., Co-Principal Investigator. (2016-2018). *Partnerships to guide the development of undergraduate Bachelor of Counseling (BC) programs and counseling centers at Kabul University and Herat University in Afghanistan*. United States Agency for International Development (USAID), \$1,813,485 (Not Funded).

Griffith, G., Principal Investigator. (2015-2016). *Teachers Helping to Increase Non-Cognitive Knowledge (THINK)*. Skills for Success Program, U.S. Department of Education, \$149,653 (Not Funded).

Griffith, G., Principal Investigator, Carey, J., & Harrington, K. (2014-2015). *An asset-building culture*. Elementary and Secondary School Counseling Program Research Grant, \$30,000. (Funded)

Internal Grants

Griffith, G., Principal Investigator, Galman, S. C., Co-Principal Investigator, Graham, L., Beemyn, G., & Greenspan, S. B. (2018-2019). *Strengthening the presence and productivity of the Queer Youth Interdisciplinary Research Group (QYIRG) at the University of Massachusetts Amherst*. The Investigator Initiated Workshops Grant, \$2,200. (Funded).

Griffith, G., Principal Investigator. (2017-2018). *The impact of an affirming group counseling curriculum on LGBTQ adolescents' levels of hope, coping, social connectedness, and suicidality: A*

randomized controlled pilot study. University of Massachusetts Amherst, College of Education Research Fellowship Grant, \$14,448. (Funded)

Griffith, C., Principal Investigator, Gallman (2016). *Use of live session tapings for the improvement of clinical counseling skills.* Flex Grant for Teaching/Faculty Development & the Institute for Teaching Excellence and Faculty Development, \$500. (Funded)

Griffith, G., Principal Investigator. (2015-2017). *The longitudinal impact of a standardized group counseling intervention on LGBTQ older adolescents' levels of hope, coping, and suicidality.* University of Massachusetts Amherst, College of Education Research Fellowship Grant, \$11,073. (Funded)

Griffith, G., Principal Investigator. (2014). *The longitudinal impact of a standardized group counseling intervention on Lesbian, Gay, Bisexual, Transgender, And Queer (LGBTQ) older adolescents' levels of hope, coping, and suicidality.* University of Massachusetts Amherst, Faculty Research Grant/Healey Endowment Grant, \$8,527. (Not Funded)

Contracts

Griffith, C., Dimmitt, C., & Greenspan, S. B. (2018). *Barnstable public school district: School counseling program evaluation for grades K-12.* Funded External Contract, \$19,000.

Dimmitt, C., **Griffith, C.,** & Greenspan, S. B. (2018, April). *Medway public school district: School counseling program evaluation for grades 5-12.* Funded External Contract, \$15,000

Training in Grantmanship

National Institutes of Health Regional Seminar – San Diego (2015)

- Participated in a two-day training on the NIH program funding process.
- Session included: Fundamentals of the NIH grants process, finding and understanding Funding Opportunity Announcements (FOAs), budget building blocks for new investigators, rigor and reproducibility, and the NIH peer review process.

Graduate Grantsmanship Certificate Series – University of Central Florida (2014)

- Participated in a series of five training workshops on grant development.
- Sessions covered: research and funding resources, writing research proposals, budget development, procedures for submitting a proposal, and components of award management.
- Developed an R03 grant proposal for “PA-12-112: Research on the Health of LGBTI Populations”

INTERNATIONAL REFEREED PRESENTATIONS:

Please note: Name was changed in 2012 from “Lamb” to “Griffith”

Griffith, C. (2017, June). *The role of hopefulness in LGBTQ youth focused group counseling.* Paper presented at the European Network for Social & Emotional Competence Annual Conference, Stockholm, Sweden.

Griffith, C. (2017, June). *Validation of the Protective Factors Index at the middle school level: A social emotional assessment tool of classroom competencies.* Paper presented at the European Network for Social & Emotional Competence Annual Conference, Stockholm, Sweden.

Griffith, C. (2016, August). *A group counseling curriculum to reduce suicidality among LGBTQ youth: Results from a randomized controlled trial*. Paper presented at the European Educational Research Association Conference, Dublin, Ireland.

Griffith, C., & Scott Greenspan, S. B. (2016, April). *Conducting hope-focused group counseling with LGBTQ youth*. Clinician education session presented at the American Counseling Association Conference, Montreal, Canada.

Ali, S., Henesy, R., **Griffith, C., & Washington, S.** (2016, April). *Affirmative practice: Embracing a positive perspective with LGBTQ+ clients*. Panel session presented at the American Counseling Association Conference, Montreal, Canada.

Griffith, C. (2016, January). *Adolescents' perceptions of their school counselors' impact: A thematic analysis of high school seniors' essays*. Paper presented at the Hawaii International Conference on Education, Honolulu, HI.

Griffith, C. (2016, January). *Believing it gets better: A validated group counseling curriculum to reduce suicidality among LGBTQ youth*. Paper presented at the Hawaii International Conference on Education, Honolulu, HI.

Griffith, C. (2015, September). *The impact of a randomized controlled trial to reduce suicidality among LGBTQ youth through group counseling*. Paper presented at the International Association for Counseling, Verona, Italy.

Griffith, C., Whitcomb, S., Harrington, K., & Rallis, B. (2015, September). *The Protective Factors Index: Collecting socio-emotional data for educational planning and evaluation*. Session presented at the International Association for Counseling, Verona, Italy.

Carey, J. C., Harris, B., Aluede, O., Bertolani, J., Vera, G. D., **Griffith, C., ... Trevisan, M.** (2015, September). *The state of the art of international policy research on school-based counseling*. Session at the International Association for Counseling, Verona, Italy.

Carey, J. C., & **Griffith, C.** (2015, July) *Development and factor analysis of the Protective Factors Index: An efficient method for collecting data on students' socio-emotional abilities for educational planning and evaluation*. Paper presented at the European Network for Social & Emotional Competence Annual Conference, Lisbon, Portugal

Griffith, C. (2013, October). *Addressing the spiritual and religious needs of LGBTQ+ clients*. Education session presented at the European Branch of the American Counseling Association Conference, Bad Herrenalb, Germany.

Lamb, C. (2011, November). *The ABCs of SFBT: An introduction to solution-focused brief therapy*. Workshop presented at the European Branch of the American Counseling Association Conference, Bad Herrenalb, Germany.

Lamb, C. (2011, November). *Transgender students: School counselor strategies in increasing safety, awareness, & inclusion in schools*. Paper presented at the European Branch of the American Counseling Association Conference, Bad Herrenalb, Germany.

Bell, H., Robinson, E. H., Robinson, S. L., Limberg, D., Hayes, B. G., & **Lamb, C.** (2011, November). *Fostering client growth through cooperative play*. Content session presented at the European Branch of the American Counseling Association Conference, Bad Herrenalb, Germany.

Bell, H., Limberg, D., & **Lamb, C.** (2011, November). *Fostering an altruistic climate in schools*. Content session presented at the European Branch of the American Counseling Association Conference, Bad Herrenalb, Germany.

NATIONAL REFEREED PRESENTATIONS:

Griffith, C. (2018, July). *Coping skills techniques for school counselors*. Workshop presented at the American School Counselor Association Conference, Los Angeles, CA.

Griffith, C., Greenspan, S.B., & Dimmitt, C. (2018, April). *CSCORE's annual review of research: Identifying best practices for counseling in schools*. Content session presented at the American Counseling Association Conference, Atlanta, GA.

Greenspan, S.B., **Griffith, C.**, Murtagh, E.F., & Hayes, C.R. (2018, April). *LGBTQ adolescents' perspective of middle school and high school athletics*. Education presentation at the American Counseling Association Conference, Atlanta, GA.

Griffith, C., Mariani, M., McMahon, H. G., Zyromski, B. (2018, March). *School-university partnerships to conduct methodologically research in school counseling*. Workshop presented at the Evidence-Based School Counseling Conference, New York, NY.

Greenspan, S. B., Whitcomb, S., **Griffith, C.**, Fefer, Hayden, L., Murtagh, E., & Hayes, C. (2018, February). *Going to bat for LGBTQ youth: Promoting inclusive school athletics*. Poster presented at the National Association of School Psychologists Annual Convention, Chicago, IL.

Mason, E. C., M., **Griffith, C.**, Belser, C. T. (2017, October). *School counselors' use of technology for program management*. Paper presented at the Association for Counselor Education & Supervision Conference, Chicago, IL.

McMahon, H. G., Mariani, M., & Zyromski, B., & **Griffith, C.** (2017, July). *From concept to action: Transforming your intervention idea into an outcomes-based pilot project*. Workshop presented at the American School Counselor Association Conference, Denver, CO.

Griffith, C. (2017, July). *Your techniques toolbox: Seven effective narrative counseling techniques for school counselors*. Clinical workshop presented at the American School Counselor Association Conference, Denver, CO.

Griffith, C. (2017, July). *In defense of pop culture: The benefits of mass media and entertainment for young people*. Workshop presented at the American School Counselor Association Conference, Denver, CO.

Griffith, C., McMahon, G., Mariani, M., & Zyromski, B. (2017, March) *School counseling outcome research over the past 10 years: A review of two content analyses from 2006-2016*. Paper presented at the Evidence-Based School Counseling Conference, San Diego, CA.

Mason, E. C. M., **Griffith, C.** (2017, March) *School counselors' use of technology: Recent research and implications for evidence-based practice*. Paper presented at the Evidence-Based School Counseling Conference, San Diego, CA.

Ockerman, M., Goodman-Scott, E., Betters-Bubon, J., Sink, Donohue, P., **Griffith, C.** (2017, March). *School counselors and a multi-tiered system of supports: Cultivating systemic change and equitable outcomes*. Panel presentation at the Evidence-Based School Counseling Conference, San Diego, CA.

Dimmitt, C., **Griffith, C.**, Carey, J.C., & Harrington, K. (2017, March). *CSCORE's annual review of research: Identifying best practices for counseling in schools*. Content session presented at the American Counseling Association Conference, San Francisco, CA.

Goodrich, K. M., Luke, M., **Griffith, C.**, Farmer, L. B., Watson, J., Davis, R. J., ... Dispenza, F. (2017, March). *Overview of the new Standards of Care in Assessment and Research with LGBTQ+ Populations: A joint task force between AARC and ALGBTIC*. Poster presented at the American Counseling Association Conference, San Francisco, CA.

Harrington, K., & **Griffith, G.** (October, 2016). *An overview of the Protective Factors Index: A brief, free and validated measure of social-emotional competencies in the classroom*. Paper presented at the American Evaluation Association Annual Conference, Atlanta, GA.

Greenspan, S.B, Fefer, S., Whitcomb, S., & **Griffith, C.** (October, 2016). *Using a problem solving model to prevent bullying of LGBTQ youth in physical education*. Poster presented at The 56th Annual Meeting of the New England Psychological Association Conference, Worcester, Massachusetts.

Griffith, G. (2016, September). *A group counseling curriculum to reduce suicidality among LGBTQ Youth: Results from a randomized controlled trial*. Workshop presented at the Association for Lesbian, Gay, Bisexual, and Transgender Issues in Counseling Annual Conference, San Antonio, TX.

Akers, W., Davis, R. J., Dispenza, F., Farmer, L. B., **Griffith, G.**, Goodrich, K. M., ... Watson, J. (2016, September). *Standards of care for assessment and research with LGBTQ+ persons*. Workshop presented at the Association for Lesbian, Gay, Bisexual, and Transgender Issues in Counseling Annual Conference, San Antonio, TX.

Griffith, G. (2016, September). *An overview of the Protective Factors Index: A brief, free and validated measure of social-emotional competencies in the classroom*. Paper presented at the National Assessment and Research Conference, Fort Lauderdale, FL.

Griffith, G., Mariani, M., Villares, E., McMahon, H. G., & Cook, A. L. (2016, September). *Symposium on school-based outcomes research: An overview of methodologies*. Content session to be presented at the National Assessment and Research Conference, Fort Lauderdale, FL.

Watson, J., Luke, M., Goodrich, K. M., **Griffith, G.**, Farmer, L. B., Dispenza, F., ... Akers, W. (2016, September). *The AARC/ALGBTIC assessment and research standards with LGBTQ+ populations: Solicitation of feedback*. Workshop presented at the National Assessment and Research Conference, Fort Lauderdale, FL.

Griffith, C. (2016, July). *Your techniques toolbox: Seven effective cognitive behavioral methods for school counselors*. Clinical workshop presented at the American School Counselor Association Conference, New Orleans, LA.

Ohrt, J. H., Limberg, D., **Griffith, C.**, Sherrell, R. S., & Boronada, T. M. (2016, April). *Adolescents' perceptions of their school counselors' impact*. Poster presented at the American Educational Research Association Annual Meeting, Washington, D.C.

Griffith, C., Cook, A. L., Martin, I., Poynton, T. A., Mariani, M., & Villares, E. (2016, February). *Symposium on school-based outcomes research: An overview of methodologies*. Panel presented at the Evidence-Based School Counseling Conference, Athens, GA.

- Griffith, C.** (2016, February). *The Protective Factor Index: An innovative tool for collecting socio-emotional data*. Session presented at the Evidence-Based School Counseling Conference, Athens, GA.
- Griffith, C.** (2016, February). *Making the case for hope-focused group counseling with LGBTQ youth*. Paper presented at the Association for Specialists in Group Work National Conference, Washington, D.C.
- Griffith, C.** (2016, February). *Developing RCTs to evaluate your group curriculum on a shoestring budget*. Content session presented at the Association for Specialists in Group Work National Conference, Washington, D.C.
- Griffith, C.** (2015, September). *The impact of a randomized controlled trial to reduce suicidality among LGBTQ youth*. Paper presented at the Association for Assessment & Research in Counseling National Conference, Memphis, TN.
- Griffith, C. & Gutierrez, D.** (2015, September). *Small scale randomized controlled trials on a shoestring budget*. Workshop presented at the Association for Assessment & Research in Counseling National Conference, Memphis, TN.
- Griffith, C.** (2015, June). *Believing it gets better: A group counseling curriculum to improve positive outcomes with LGBTQ youth*. Content session presented at the American School Counselor Association Conference, Phoenix, AZ.
- Griffith, C.** (2015, June). *Solution-focused counseling: A top ten list of techniques for school counselors*. Workshop presented at the American School Counselor Association Conference, Phoenix, AZ.
- Dimmitt, C., Carey, J.C., **Griffith, C.**, & Harrington, K. (2015, March). *CSCORE's annual review of research: Identifying best practices for counseling in schools*. Content session presented at the American Counseling Association Conference, Orlando, FL.
- Conley, A., Taylor, J., **Griffith, C.**, & Barden, S. (2015, March). *Power-based personal violence (PBPV): A 20 year content analysis of ACA journals to inform practice*. Poster presented at the American Counseling Association Conference, Orlando, FL.
- Griffith, C.** (2015, March). *The impact of a randomized controlled trial to reduce suicidality among LGBTQ youth*. Paper presented at the National Evidence-Based School Counseling Conference, Highland Heights, Kentucky.
- Gray, K., **Griffith, C.**, & Harrington, K. (2015, March). *Beyond achievement indicators: The impact of a construct-based approach in assessing student progress at the elementary level*. Content session presented at the National Evidence-Based School Counseling Conference, Highland Heights, Kentucky.
- Griffith, C.** (2014, March). *Believing it gets better: The impact of a group counseling intervention on LGBTQ+ adolescents' levels of hope, coping, and suicidality*. Paper presented at the American Counseling Association Conference, Honolulu, HI.
- Griffith, C.** (2014, March). *Transgender youth: Strategies for increasing safety, awareness, and inclusion in schools*. Poster session presented at the American Counseling Association Conference, Honolulu, HI.

Griffith, C. (2014, February). *Group counseling to impact LGBTQ+ adolescents' levels of hope, coping, and suicidality: An overview*. Content session presented at the Association for Specialists in Group Work Conference, Orlando, FL.

Conley, A., & **Griffith, C.** (2013, October). *Out of my comfort zone: A mixed methods investigation on counselor trainees' work with PBPV survivors*. Paper presented at the Association for Counselor Education and Supervision Conference, Denver, CO.

Gutierrez, D., **Griffith, C.**, Mullen, P. R., & Fox, J. (2013, October). *Phenomenological investigation of men choosing counseling as a career*. Paper presented at the Association for Counselor Education and Supervision Conference, Denver, CO.

Mullen, P. R., **Griffith, C.**, & Sherrell, R. S. (2013, March). *Results from an investigation of alternative education school characteristics in the United States*. Poster session presented at the American Counseling Association Conference, Cincinnati, OH.

Mullen, P. R., **Griffith, C.**, Greene, J., Zeligman, M., Prescod, D., & Hall, K. (2013, March). *Counselors' development of theoretical orientation: A consensual qualitative research investigation*. Poster session presented at the American Counseling Association Conference, Cincinnati, OH.

Griffith, C., Fox, J., & Munyon, M. (2012, September). *Driving your doctorate: Your GPS guide to making the most out of your Ph.D. program*. Content session presented at the Southern Association for Counselor Education & Supervision Conference, Savannah, Georgia.

Lambie, G. W., **Griffith, C.**, Limberg, D., & Mullen, P. R. (2012, September). *Doctoral education students' levels of research knowledge, research self-efficacy, and interest in research: A cross-sectional investigation*. Paper presented at the Association for Assessment in Counseling and Education Conference in Orlando, FL.

Lamb, C., Greene, J., Zeligman, M., Prescod, D., Hall, K., Gutierrez, D., & Mullen, P. R. (2012, September). *Navigating the therapeutic waters: Theory development in counselor training*. Poster at the Southern Association for Counselor Education & Supervision Conference, Savannah, GA.

Lamb, C., Mullen, P. R., & Greene, J., (2012, June). *Transgender and gender-nonconforming students: Providing safety and support in secondary schools*. Content session presented at the American School Counselor Association Conference, Minneapolis, MN.

Mullen, P. R., **Lamb, C.**, & Greene, J. (2012, June). *Social media for professional counselors: Ethical and legal considerations*. Content session presented at the American School Counselor Association Conference, Minneapolis, MN.

Lamb, C. (2012, June). *Religion is a queer thing: Addressing the spiritual needs of LGBTQQI clients*. Poster session presented at the Association for Spiritual, Ethical, & Religious Values in Counseling Annual Conference, Santa Fe, NM.

Lambie, G. W., Hayes, B. G., Limberg, D., **Lamb, C.** & Mullen, P. R. (2012, March). *Factors influencing counselor education faculty members' refereed article publication rates*. Paper presented at the American Counseling Association Conference, San Francisco, CA.

Mullen, P. R., **Lamb, C.**, Greene, J. (2012, March) *Social media for professional counselors: Ethical and legal considerations*. Poster session presented at the American Counseling Association Conference, San Francisco, CA.

Lambie, G. W., Ascher, D., Hayes, B. G., Van Horn, S., & **Lamb, C.** (2011, October). *Variables influencing counselor education faculty members' refereed article publication rates*. Paper presented at the Association for Counselor Education and Supervision Conference, Nashville, TN.

Lamb, C. (2011, June). *Internet reputation: Helping students protect their futures in the digital age*. Paper presented at the American School Counselor Association Conference, Seattle, WA.

REGIONAL, STATE & LOCAL REFEREED PRESENTATIONS:

Griffith, C. (2017, April). In defense of pop culture: The benefits of mass media and entertainment for young people. Content session presented at the Massachusetts School Counselors Association Annual Conference, Boxborough, MA.

Greenspan, S. & Murtagh, E., & **Griffith, C.** (2017, March). No longer rolling with the punches: LGBTQ youth inclusion in school-based athletics. Workshop presented at True Colors 24th Annual Conference, Storrs, Connecticut.

Griffith, C. (2016, April). *Conducting hope-focused group counseling with LGBTQ youth*. Content session presented at the Massachusetts School Counselors Association Annual Conference, Boxborough, MA.

Zorzi, T., & **Griffith, C.** (2016, March). *The "other box:" A short documentary on trans-youth resilience*. Content session presented at the True Colors Annual Conference, Storrs, CT.

Greenspan, S. B., **Griffith, C.**, & Murtagh, E. (2016, March). *Benched: A 40-year content analysis of LGBTQ youths' experiences in school-based athletics*. Paper presented at the Eastern Psychological Association Annual Meeting, New York, NY.

Griffith, C. (2015, March). *Believing it gets better: An evidence-based group counseling curriculum to improve positive outcomes with LGBTQ youth*. Content session presented at the Massachusetts School Counselors Association Annual Conference, Boxborough, MA.

Griffith, C. (2014, November). *A validated group intervention to impact hope, coping, and suicidality among LGBTQ+ youth*. Paper presented at the Western Association of Counselor Education and Supervision Conference, Anaheim, CA.

Griffith, C. (2013, February). *The brave new world of social media: Ethical considerations for school counselors*. Poster session presented at the University of Central Florida Counselor Education Annual Conference, Orlando, FL.

Conley, A., & **Griffith, C.** (2013, February). Responding to power-based violence survivors: Considerations for counselors. Content session presented at the University of Central Florida Counselor Education Annual Conference, Orlando, FL.

Sherrell, R. S., & **Lamb, C.** (2012, February). *Increase your internship IQ: A guide to making the most out of your position*. Content session presented at the University of Central Florida Counselor Education Annual Conference, Orlando, FL.

Gutierrez, D., Mullen, P., Sherrell, R. S., **Lamb, C.**, (2012, February). *PowerPoints, posters, and pointers: A guide to submitting and delivering professional presentations*. Content session presented at the University of Central Florida Counselor Education Annual Conference, Orlando, FL.

Mullen, P. R., Greene, J., & **Lamb, C.** (2011, October). *Pathways to engagement: Experiential activities to energize the disengaged client*. Content session presented at the state conference of the Florida Counseling Association, Orlando, FL.

Lamb, C., Greene, J., Hall, K. (2011, October). *So you want to be a counselor educator...* Content session presented at the state conference of the Florida Counseling Association, Orlando, FL.

Lamb, C. (2011, February). *Transgender students: Increasing safety, awareness and inclusion*. Workshop presented at the LGBTQI & School Counselors Conference, San Diego, CA.

INVITED PRESENTATIONS & KEYNOTES:

Griffith, C. (2018, April). Keynote address. South Dakota Counseling Association Annual Conference, Pierre SD. 200 Participants.

Griffith, G. (2018, March). *Conducting randomized control trials with school-aged youth*. Extended workshop presented at the Evidence Based School Counseling Conference Research Day: Strengthening the School Counseling Research Community through Collaboration, New York, NY.

Griffith, C. (2017, June). Data-driven decision making: Tips and tools for assessing social-emotional learning in schools. Invited presentation at the Central Connecticut State University Summer Symposium on Social-Emotional Learning in Connecticut Schools, New Britain, CT.

Griffith, G. (2017, March). *Conducting randomized control trials with school-aged youth*. Extended workshop presented at the Evidence Based School Counseling Conference Research Day: Strengthening the School Counseling Research Community through Collaboration, San Diego, CA.

Griffith, C. (2015, November). *Structured group for resiliency in LGBTQ youth*. Invited presentation at the Central Connecticut State University Symposium on Best Practices for Fostering Social and Emotional Learning in Schools, New Britain, CT.

Harrington, K., Gray, K., & **Griffith, C.** (2015, November). *Development and use of the Protective Factors Index*. Invited presentation at the Central Connecticut State University Symposium on Best Practices for Fostering Social and Emotional Learning in Schools, New Britain, CT.

Griffith, C., Super, J., & Wood, A. (2013, March). *Spirituality and LGBTQ youth*. Invited presentation at the Stetson University Gay Straight Alliance Conference for High School Students. DeLand, FL.

Lamb, C. (2012, April). *Communication with Andros and Zeepos: A guide to LGBTQIA self-advocacy*. Invited presentation at the Stetson University Gay Straight Alliance Conference for High School Students. DeLand, FL.

Eads, S., **Lamb, C.**, & Brady, J. (2011, May). *Work smarter not harder: Practical tips for counselors on how to effectively utilize counseling interns*. Invited presentation at the Orange County Chapter of the California Association of School Counselors bi-annual professional development seminar, Costa Mesa, CA.

Lamb, C., & Eads, S. (2010, May). *Cyber savvy counselors: Prevention & intervention strategies for schools*. Invited presentation at the Orange County Chapter of the California Association of School Counselors bi-annual professional development seminar, Costa Mesa, CA.

INSTRUCTIONAL TRAININGS/SEMINARS:

Solution-Focused Brief Counseling in Schools. (2018, February). One-day training for school counselors in Pasadena Independent School District. Pasadena, TX. (130 attendees)

Solution-Focused Brief Counseling in Schools. One-day pre-conference training for attendees at the South Dakota Counseling Association annual meeting. (2018, April). Pierre, SD. (75 attendees)

Demonstrating How We Make a Difference with Data. One day training for school counseling practitioners and school counselors-in-training. (2016, September). Assumption College, Worcester, MA.

TEACHING AND SUPERVISION EXPERIENCE:

UNIVERSITY OF MASSACHUSETTS AMHERST**EDUC 688: Social & Cultural Foundations of School Counseling** *Fall 2015-2018*

A study of the personal, social, political, and behavioral considerations of diversity in schools through a lens of privilege and oppression, with strong emphasis placed on gaining insight into one's own cultural socialization, worldviews, and values to reduce the impact of bias in school environments.

EDUC 631: Theories and Techniques in Counseling *Fall 2014-2018*

This experiential course provides students with a foundation in counseling theories and skills. The primary focus is on counseling children in schools and on integrating theory and practice.

EDUC 698: Pre Practicum in School Counseling *Spring 2015, 2017*

Provides students with opportunities to practice their developing skills and ensures both students and the consumers of program services that students will be prepared for the duties and responsibilities of the full practicum experience.

EDUC 886: Group Counseling in Schools *Spring 2015-2017*

Studies that provide an understanding of group development, dynamics, and counseling theories; group leadership styles; group counseling methods and skills; and other group approaches.

EDUC 305: Educational Psychology (Online, Accelerated) *Summer 2015-2018*

Provides students with an understanding of the major historical and contemporary theories of human development and learning and their educational implications.

EDUC 293: Love & Work *Spring 2016*

An exploration of the complex components of human relationships, career decisions and life values, with an assumption that part of being an effective adult is an ever increasing self-awareness of one's strengths and deficits.

UNIVERSITY OF CENTRAL FLORIDA**MHS 2442: Marriage & Intimate Relationships** *Spring 2014*

Examination of the dynamics of intimate relationships, dating, courtship and challenges of establishing stable and satisfying marriage, impact of divorce, premarital preparation and marital education.

MHS 6500: Group Procedures and Theories in Counseling *Spring 2013*

This course is designed to give students an understanding of the role of theories in group counseling as well as the many process applications of groups.

MHS 6401: Techniques of Counseling

Fall 2012

This course provides students an understanding of the nature of counseling and its relationships to theoretical concepts, and of basic counseling skills and techniques.

MHS 6421: Foundations of Play Therapy & Play Process

Summer 2012 & 2013

This course provides students experiential learning opportunities of theories and application of the principles of play in the counseling process with children.

Guest Lecturer (Psychodrama & Sociodrama; Sandtray)

MHS 6380: Practicum in Counselor Education

Fall 2012, Spring 2013

This course provides opportunities for counseling students to practice intervention skills under supervision. Students apply the knowledge and techniques learned in previous course work to the resolution of individual, group, and systems level problems. Provided live, bug-in-the-ear supervision.
Co-Teacher

MHS 5005: Introduction to Counseling

Fall 2011

Overview of the philosophy, organization, administration, and roles of counselors in various settings.
Co-Teacher

Supervision of Counselors-in-Training

Fall 2012, Spring 2013

Provided triadic supervision and facilitated group supervision during practicum course.

EDITORIAL BOARDS:

Board of Reviewers, <i>Professional School Counseling</i>	<i>August 2017 – Present</i>
Board of Reviewers, <i>Canadian Journal of Counselling & Psychotherapy</i>	<i>July 2012 – Present</i>
Board of Reviewers, <i>Journal of School Counseling</i>	<i>April 2011 – July 2017</i>
Ad Hoc Reviewer, special issue on “Research in Group Work” for the <i>Journal for Specialists in Group Work</i>	<i>May 2016 – July 2016</i>

ACADEMIC & PROFESSIONAL SERVICE:

International

Faculty Affiliate, Verona Counseling Institutes	<i>Sept 2018 – Present</i>
Founding Member, the International Society for Policy Research and Evaluation in School-Based Counseling (ISPRESCE)	<i>Jan. 2017 – Present</i>

National

Co-chair, Research & Knowledge Committee, American Counseling Association (ACA)	<i>July 2019 – Present</i>
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Chair, Increasing Research Quality Workgroup, School Counselor Interest Network (SCIN), Association for Counselor Education and Supervision (ACES)	<i>Oct. 2018 – Present</i>
Member, Evidence-based School Counseling (EBSCC) Conference Advisory Board	<i>March 2018 – Present</i>
Member, American Counseling Association (ACA) Research & Knowledge Committee	<i>July 2016 – June 2019</i>
Associate Director, the Ronald H. Fredrickson Center for School Counseling Outcome Research & Evaluation (CSCORE)	<i>Apr. 2016 – Aug. 2019</i>
Core Member, The Ronald H. Fredrickson Center for School Counseling Outcome Research & Evaluation (CSCORE)	<i>Sept. 2014 – Mar. 2016</i>
Committee Member, joint task force between the Association of Assessment & Research in Counseling (AARC) and the Association for Lesbian, Gay, Bisexual, & Transgender Issues in Counseling (ALGBTIC) to explore issues in research and assessment with LGBTQ+ persons	<i>Jan. 2016 – June, 2017</i>
Member, LGBTQQIA Affirmative Counseling and Social Justice Committee of the Association for Lesbian, Gay, Bisexual, & Transgender Issues in Counseling (ALGBTIC)	<i>March 2012 – Present</i>
Member, Research Committee for the Association for Lesbian, Gay, Bisexual, & Transgender Issues in Counseling (ALGBTIC)	<i>June 2016 – Present</i>
Member, the Association for Counselor Education and Supervision (ACES) Awards Committee	<i>July 2016 – June 2019</i>
Student Member, the American Counseling Association (ACA) Public Policy and Legislation Committee	<i>July 2012 – July 2013</i>
Conference Proposal Board of Reviewers, the Association for Spiritual, Ethical, & Religious Values in Counseling (ASERVIC)	<i>March 2012</i>
State	
Member, Center of Excellence for Social and Emotional Learning Advisory Board – Central Connecticut State University (CCSU)	<i>October 2017 – Present</i>
Scholarship Committee Member, the Florida School Counselor Association (FSCA)	<i>April 2012 – April 2013</i>
School-Based Advisory Board Member, the California LGBTQ Reducing Disparities Project	<i>March 2011 – Feb. 2014</i>
Graduate Student Representative and Membership Committee Chair, Orange County Chapter of the California Association of School Counselors (OCCASC)	<i>Sept. 2010 – Aug. 2011</i>

President and Founding Member, the Association of School Counselors at Chapman (ASCC) *May 2010 – May 2011*

University

Co-Founder & Chair, UMass Queer Youth Interdisciplinary Research Group *Aug. 2017 – Sept. 2019*

College of Education Educator Licensure Advisory Council (ELAC) *Sept. 2014 – Present*

College of Education Department Academic Matters (DAM) *May 2017 – Sept 2018*

College of Education Scholarship Committee *Jan. 2015 – April 2016*

PROFESSIONAL DEVELOPMENT:

Advanced Training

- Multilevel Modeling (HLM, Nested Models)
- Latent Variable Modeling (SEM, Growth Curve Analysis)
- Multivariate Statistics
- CACREP How to Write a Self-Study Seminar
- SafeZone
- PREPaRE Certified Crisis Counselor
- National Institutes of Health (NIH) Regional Seminar (two-day grant training)

Research Software Experience

- SPSS
- SAS
- LISREL
- AMOS
- NVivo

Additional Technological Proficiency

- Online Learning Platforms (Blackboard, Moodle, Canvas)
- Presentation Software (Powerpoint, Prezi, PowToon)
- Web Conferencing Software (Fuze, Adobe Connect, Google Hangouts)
- Professional Editing Software (Final Cut Pro)

HONORS, AWARDS, & PROFESSIONAL RECOGNITION:

Nominated, UMass Distinguished Teacher Award *October 2018*

UMass College of Education Outstanding Teacher Award *May 2017*

Emerging Leader, North Atlantic Association for Counselor Education Supervision (NARACES) *September 2016*

Emerging Leader, Association for Counselor Education & Supervision (ACES) *September 2015*

Graduate Student Award, Association for Lesbian, Gay, Bisexual, & Transgender Issues in Counseling (ALGBTIC) *March 2014*

Graduate Student Seminar Fellowship, American Educational Research Association (AERA)	<i>April 2012</i>
Provost's Graduate Fellowship, University of Central Florida	<i>August 2011—2013</i>
Dean's Fellowship, College of Education, Chapman University	<i>August 2009</i>

PROFESSIONAL MEMBERSHIPS & AFFILIATIONS:

American Counseling Association (ACA)

American Educational Research Association (AERA)

American School Counselor Association (ASCA)

Association for Child and Adolescent Counseling (ACAC)

Association for Counselor Education and Supervision (ACES)

Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling (ALGBTIC)

Association for Specialists in Group Work (ASGW)

Massachusetts School Counselors Association (MASCA)

North Atlantic Region Association for Counselor Education and Supervision (NARACES)