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## CURRICULUM VITAE

### Saundra M. Tabet, Ph.D., LMHC, NCC, CCMHC, ACS

Assistant Professor  
 University of San Diego  
 School of Leadership and Educational Sciences  
 Department of Counseling & Marital and Family Therapy  
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## EDUCATION

- May 2019**                      **Doctor of Philosophy (Ph.D.)**  
 University of Central Florida, Orlando, Florida (*CACREP Accredited*)  
 Area of Specialization: Education – Counselor Education
- Dissertation Title:** *An Investigation of College Student-Athletes' Mental Health, Help-Seeking Attitudes, Depression, Anxiety, and Life Stress Scores using Structural Equation Modeling* (Chair: Glenn W. Lambie, Ph.D.)
- May 2014**                      **Master of Science (M.S.)**  
 University of South Alabama, Mobile, Alabama (*CACREP Accredited*)  
 Area of Specialization: Clinical Mental Health Counseling
- May 2012**                      **Bachelor of Arts & Sciences (B.A.)**  
 University of South Alabama, Mobile, Alabama  
 Major: Psychology; Minor: Sociology

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## PROFESSIONAL LICENSURE AND CERTIFICATION

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|---|---------------------|
| <b>Approved Clinical Supervisor (ACS)</b><br>Center for Credentialing & Education #3373                               | <b>2019-present</b> |
| <b>Licensed Mental Health Counselor (LMHC)</b><br>Florida Department of Health #MH14859                               | <b>2017-present</b> |
| <b>National Certified Counselor (NCC)</b><br>National Board for Certified Counselors #883967                          | <b>2017-present</b> |
| <b>National Certified Clinical Mental Health Counselor (CCMHC)</b><br>National Board for Certified Counselors #883967 | <b>2017-present</b> |

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## RESEARCH INTERESTS AND SCHOLARLY PRODUCTIVITY

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- Stigma of Mental Health
- Therapeutic Outcome Research in Counseling
- Instrument Development & Psychological Assessment
- Counselor Development & Supervision

**Please note: In education, counseling, and psychology, the primary author is listed first.**

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### Publications in Referred Journals

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Lambie, G. W., **Tabet, S. M.**, & Stickl Haugen, J. (accepted). Measuring inspiration in educators: The Educator Inspire Scale (EIS). *Teacher Development*. (Journal Impact Factor 0.67)

Haile, G. M., Lambie, G. W., Dillman Taylor, D., & **Tabet, S.M.** (in press). Integrating pre-performance routines into clinical supervision for substance abuse counselors-in-training. *Journal of Addictions & Offenders Counseling Annual Review*. (Journal Impact Factor 0.67)

Golubovic, N., Rumsey, A., **Tabet, S. M.**, & Field, T. (2021). The effects of substance use on public perceptions of rape crimes. *Journal of Addiction and Addictive Disorders*. 8 (1), 063.  
<https://10.24966/AAD-7276/100063>

**Tabet, S. M.**, Lambie, G. W., & Golubovic, N. (2021). An investigation of college student-athletes' mental health stigma, help-seeking attitudes, depression, anxiety, and life stress scores using structural equation modeling. *Journal for the Study of Sports and Athletes in Education*.  
<https://doi.org/10.1080/19357397.2021.1924562>

Golubovic, N., Dew, B., Rumsey, A., Murphy, T., Dispenza, F. & **Tabet, S. M.**, Lebensohn-Chialvo, F. (2021). Pedagogical practices for teaching addiction counseling courses in CACREP-Accredited Programs. *Journal of Addiction and Offender Counseling*. 42: 3-18.  
<https://doi.org/10.1002/jaoc.12086> (Journal Impact Factor 0.67)

**Tabet, S. M.**, Lambie, G. W., Jahani, S., & Rasoolimanesh, S. (2020). An analysis of the World Health Organization Disability Assessment Scale 2.0 measurement model using partial least squares – structural equation modeling. *Assessment*. 27(8):1731-1747.  
<https://doi.org/10.1177/1073191119834653> (5-year Impact Factor, 4.667)

**Tabet, S. M.**, Lambie, G. W., Jahani, S., & Rasoolimanesh, S. (2020). The factor structure of the Outcome Questionnaire 45.2 scores using confirmatory tetrad analysis - partial least squares. *Journal of Psychoeducational Assessment*. 38(3):350-368.  
<https://doi.org/10.1177/0734282919842035> (5-year Impact Factor, 1.645)

Harris, S., Mitchell, M. D., **Tabet, S. M.**, & Hundley, G. (2020). Predictors of client attrition in a university based community counseling clinic. *Journal of Counseling & Development*. 98: 74-82. <https://doi.org/10.1002/jcad.12301> (Journal Impact Factor 1.381)

**Tabet, S. M.**, Perleoni, M.K., Dillman-Taylor, D., Kelchner, V. P., & Lambie, G.W. (2019). The factor structure of child behavioral checklist scores with children enrolled in title I elementary schools. *Assessment for Effective Intervention*. 46(3):197-206.  
<https://doi.org/10.1177/1534508419895094> (Journal Impact Factor 1.470)

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## Articles Submitted for Publication in Referred Journals

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Lambie, G. W., Stickl Haugen, J., & **Tabet, S. M.** (in review). Development and initial validation of the Multidimensional Dispositional Greed Assessment (MDGA) with adults. *Journal of Cogent Psychology*. (Submitted, August 2021)

Dillman Taylor, D., **Tabet, S. M.**, Whitbeck, M., Barden, S. M., Carlson, R. G., & Silverio, N. (in review). Examining the factor structure of the outcome questionnaire 45.2 with economically vulnerable populations. *Journal of Mental Health Counseling*. (Submitted, July, 2021)

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## Manuscripts in Preparation

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**Tabet, S. M.**, & Galloway, F. (in preparation). Effect of remote teaching on course and professor evaluation (CAPE). *Journal of Higher Education*. (Data Analysis)

Lu, F. J. H., **Tabet, S. M.**, Lambie, G. W., & Hsu, Y. W. (in preparation). Validation of the college student athlete life stress scale. *Journal of Clinical Sport Psychology*. (Data Analysis)

McKinzie Bennett, C., Oh, S., & **Tabet, S. M.** (in preparation). Detangling schizophrenia and co-occurring anxiety: A framework for client conceptualization and assessment for counselors. *The Professional Counselor*. (Manuscript revision)

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## Book Contributions

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Golubovic, N., Flynn, L., Isaac, A., & **Tabet, S. M.** (2021). Co-Occurring Bipolar and Substance Use Disorders. In Moro, R. & Holt, R. (Eds.), *Counseling Individuals with Co-Occurring Addictive and Mental Disorders: A Comprehensive Approach*. Springer.

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## Instrument Development

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Lambie, G. W., **Tabet, S. M.**, & Stickl-Haugen, J., & Barden, S. M. (2016-present). *The Educator Inspire Scale*© (EIS): Development and validity. Unpublished instrument. The *Educator Inspire Scale*© (EIS) is designed for educators-in-training (completing their clinical experiences / student-teaching) and practicing educators to evaluate their own levels of inspirational qualities. The seven primary areas measured by the EIS include educators' levels of: (a) leadership; (b) motivation; (c) passion; (d) self-efficacy; (e) empathy; (f) academic optimism; and (g) resilience. (Data collection; IRB: STUDY00000432)

Lambie, G. W., Stickl Haugen, J., & **Tabet, S. M.** (2018-present). Development and factor structure of the *Multidimensional Dispositional Greed Assessment* © (MDGA). Unpublished instrument. The *Multidimensional Dispositional Greed Assessment* © is designed to measure an individual's level of greed. For the MDGA, greed is the desire to get more than one has or keep what one has at all costs, including material or non-material things and goods, and the tendency to never be satisfied. The main areas measured by the MDGA include individuals' levels of: (a) excessive desire for more, material things and goods; (b) excessive desire for more, non-material things; (c) ignoring the potential cost of getting one's desire; (d) the tendency to never be satisfied; (e) a motivation to acquire things; and (f) a motivation to hold on things. (Data collection; IRB ID: STUDY00000246)

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## **Non-Referred Publications**

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- Glause, S. M.** (2014). How mental health affects your academic achievements. *University of South Alabama Student Health 101*, 9(7), 5-6.
- Glause, S. M.** (2013). Thinking outside of the “box”. *Chi Sigma Iota; Upsilon Sigma Alpha Annual Newsletter*, 8(2), 3-4.

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## **Current Empirical Research Investigations**

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- Tabet, S. M., & Galloway, F.** (2020-present). *Effect of remote teaching on course and professor evaluation (CAPE)*. (IRB: 2021-54).
- Golubovic, N., Sudano, L., & **Tabet, S. M.** (2020-present). *Impact of global pandemic on student-athletes' wellbeing*. (IRB: 2020-334).
- Golubovic, N., & **Tabet, S. M.** (2020-present). *Severe injuries in collegiate athletes*. (IRB: 2019-398).
- Hall, K., & **Tabet, S. M.** (2020-present). *Assessing activism through trauma*. (IRB: 2018-425).
- Dillman Taylor, D., & **Tabet, S. M.** (2018-present). *Investigating adverse childhood experiences in a university based community counseling clinic*. (IRB: SBE-18-14230).
- Tabet, S. M. & Mitchell, M. D.** (2018-present). *An analysis of factor structure and validation of the Perceived Stress Scale (PSS)*. (IRB: SBE-18-14230)

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## **Presentations**

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### **International & National Refereed Conference**

- Tabet, S. M., & Golubovic, N.** (April, 2020). *Combating stigma: A mental health literacy intervention for student-athletes*. Presentation accepted at the American Counseling Association Conference, San Diego, CA.
- Hall, K., Golubovic, N., & **Tabet, S. M.** (October, 2019). *Leading through tears: The Intersection of activism and trauma*. Presentation at the Association for Counselor Education and Supervision Conference, Seattle, WA.
- Wilson, N. C., Russell, B., **Tabet, S. M.**, Tintsman, J, L., & Finnell, L. R. (October, 2019). *Mind the gap: The absence of education and supervision related to working with family systems impacted by trauma*. Presentation at the Association for Counselor Education and Supervision Conference, Seattle, WA.
- Tabet, S. M., Lambie, G. W., & Petion, G.** (September, 2019). *An investigation of student-athletes' mental health stigma using structural equation model*. Presentation at the Association for Assessment and Research in Counseling Conference, San Antonio, TX.
- Tabet, S. M., & Lambie, G. W.** (March, 2019). *An investigation of student-athletes' mental health stigma using SEM*. Presentation at the American Counseling Association Conference, New Orleans, LA.

- Tabet, S. M.,** Lambie, G. W., Jahani, S., & Rasoolimanesh, S. (September, 2018). *The factor structure of outcome questionnaire 45.2 scores using confirmatory tetrad analysis - partial least squares.* Presented at the Association for Assessment and Research in Counseling Conference, Richmond, VA.
- Tabet, S. M.,** McKinzie Bennett, C., Norman, A., Jasmin, G., Park, J. (April, 2018). *Combined therapeutic approaches: Psychopharmacology for counselors.* Presented at the American Counseling Association Conference, Atlanta, GA.
- Mumbauer, J. M. & **Tabet, S. M.** (April, 2018). *You owe me 20 cents: How counselors empower women in the workplace and address the wage gap.* Presented at the American Counseling Association Conference, Atlanta, GA.
- Tabet, S. M.,** Lambie, G. W., Jahani, S., & Rasoolimanesh, S. (April, 2018). *The factor structure of outcome questionnaire 45.2 scores using confirmatory tetrad analysis - partial least squares.* Presented at the American Educational Research Association Division E Graduate Student Poster Session, New York City, NY.
- Harris, S., Mitchell, M., & **Tabet, S. M.** (October, 2017). *Predictors of client attrition in a university based community counseling clinic.* Presented at the Association for Counselor Education and Supervision, Chicago, IL
- Kim, N., Perleoni, M., **Tabet, S. M.,** & Oh, S. (October, 2017). *Who is in your classroom? Reducing mental health stigma among international counseling students.* Presented at the Association for Counselor Education and Supervision Conference (ACES), Chicago, IL.
- Mumbauer, J., Kim, N., **Tabet, S. M.,** Perleoni, M. (March, 2017). *Informed consent and children: Using storybooks to understand counseling.* Presented at the American Counseling Association Conference, San Francisco, CA.

### **Regional Refereed Conferences**

- Tabet, S. M.,** & Lambie, G. W. (March, 2020). *An investigation of student-athletes' psychological wellness and mental health stigma using SEM.* Presentation invited at the American Athletic Conference Academic Consortium, Tampa, FL. (invited)
- Tabet, S. M.,** Hagedorn, W. B., Russell, B. (October, 2018). *Are we missing the majority? Preparing students to work with atypical eating behaviors.* Presented at the Southern Association for Counselor Education and Supervision (SACES), Myrtle Beach, SC.
- Perleoni, M., Mumbauer, J., **Tabet, S. M.** (October, 2018). *Navigating dual roles as doctoral students and the importance of counselor educators' supervision.* Presented at the Southern Association for Counselor Education and Supervision (SACES), Myrtle Beach, SC.
- Barden, S. M., Christian, S., **Tabet, S. M.,** Petion, G., & Jasmin, G. (April, 2018). *Student athletes and body image.* Presented at the American Athletic Conference Academic Consortium, Orlando, FL. (Invited)

### **State Refereed Conferences**

- Tabet, S. M., & Lambie, G. W.** (January, 2019). *An investigation of college student-athletes' levels of mental health stigma, help-seeking attitudes, and psychological wellness scores using structural equation modeling*. Presentation at the University of Central Florida Counseling Conference, Orlando, FL.
- Tabet, S. M., Lambie, G. W., Jahani, S., & Rasoolimanesh, S.** (April, 2018). *An analysis of the factor structure of outcome questionnaire 45.2 scores*. Presented at the UCF Graduate Student Research Forum, Orlando, FL.
- Park, J., **Tabet, S. M., Mitchell, M. D., & Hundley, G.** (January, 2018). *A synopsis of UCF's community counseling and research center*. Presented at the University of Central Florida Counseling Conference, Orlando, FL.
- Tabet, S. M., Mitchell, M. D., McKinzie Bennett, C.** (October, 2017). *Thirst for success: Disordered eating behaviors in elite athletes*. Presented at the Florida Counseling Association Conference, Orlando, FL.
- Tabet, S. M., Mitchell, M. D. & Harris, S., & Hundley, G.** (January, 2017). *The mashup: UCF community counseling and research center*. Presented at the University of Central Florida Counseling Conference, Orlando, FL.
- Tabet, S. M. & McKinzie-Bennett, C.** (January, 2017). *Athletes and eating disorders: Risk factors and protective factors*. Presented at the University of Central Florida Counseling Conference, Orlando, FL.
- McKinzie Bennett, C., Hundley, G. & **Tabet, S. M.** (January, 2017). *Taming the anxious brain: neurofeedback training for college students experiencing anxiety*. Presented at the University of Central Florida Counseling Conference, Orlando, FL.
- Kim, N., Mumbauer, J., **Tabet, S. M.** & Perleoni, M. (January, 2017). *An experimental study on empathetic verbal responses*. Presented at the University of Central Florida Counseling Conference, Orlando, FL.
- Mumbauer, J., Kim, N., **Tabet, S. M.** & Perleoni, M. (January, 2017). *Reminiscence therapy: A therapeutic intervention for older adults*. Presented at the University of Central Florida Counseling Conference, Orlando, FL.

### **Non-Refereed Presentations**

- Tabet, S. M.** (December, 2019). *Mental health maintenance*. Presentation at the University of San Diego Athletic Department Wellness Day, San Diego, CA.
- Tabet, S. M.** (November, 2019). *Factors of athlete mental health*. Presentation at the University of San Diego Athletic Department Student Athlete Advisory Committee Meeting, San Diego, CA. (invited).
- Tabet, S. M.** (October, 2019). *Mental wellness: Scholar-athletes*. Presentation at the University of San Diego Athletic Department Wellness Series, San Diego, CA.

Lanoue, M., Oretzky, S., Guarino, W., Fisher, C., Pistole, J., & Tabet, S. M. (September, 2019). *Women in sports: Walking an athletic and academic tight rope*. Panel Presentation at the University of San Diego Humanities Center's Series, San Diego, CA. (invited).

## **PROFESSIONAL RECOGNITION**

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### **Awards**

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- April 2020**                      **American Counseling Association Ralph E. Berdie Memorial Research Award**  
Awarded for outstanding contributions to the profession of student affairs through leadership and sound research.
- April 2020**                      **University of Central Florida Outstanding Dissertation Award: Founder's Day, University-Level**  
Awarded for outstanding dissertation university-wide that recognized the quality, content, and exception contribution in field.
- March 2020**                      **University of Central Florida Outstanding Dissertation Award College-Level: College of Community Innovation and Education**  
Awarded for outstanding dissertation at college-level that recognized the quality, content and exception contribution in field.
- March 2019**                      **University of Central Florida Graduate Presentation Fellowship**  
Awarded for presentation of a research at a professional conference.
- October 2018**                      **University of Central Florida Graduate Presentation Fellowship**  
Awarded for presentation of a research at a professional conference.
- September 2018**                      **Association for Assessment and Research in Counseling Exemplary Research and Practice Award: Student**  
Awarded doctoral-level student who has shown a dedication to the mission of AARC through their clinical practice and/or as a researcher leader.
- April 2018**                      **University of Central Florida Graduate Presentation Fellowship**  
Awarded for presentation of a research at a professional conference.
- November 2017**                      **Dr. Kenneth E. "Pete" Fisher Endowed Scholarship**  
Merit based award for a Ph.D. student in Counselor Education.
- March 2017**                      **University of Central Florida Graduate Presentation Fellowship**  
Awarded for presentation of a research at a professional conference.

## External/Internal Funding

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- September 2019**                      **University of Central Florida State Technology Fee Grant**  
Lambie, G. W., **Tabet, S. M.** (2019). *Advancing Student Instruction through Innovative Technology Enhancements for the CCIE Community Counseling and Research Center.*  
\$400,263.73 (unfunded)
- April 2019**                              **AARC Supported Scholarship Program**  
**Tabet, S. M.,** & Golubovic, N. (2019). *Mental Health Literacy Intervention to Reduce Stigmatization and Promote the Socio-Emotional Wellness of College Student-Athletes.* \$5,004.22 (unfunded)
- January 2019**                          **American Athletic Conference Research Grant**  
**Tabet, S. M.,** & Lambie, G. (2018). *An Investigation of College Student-Athletes' Mental Health, Help-Seeking Attitudes, and Wellness Scores using Structural Equation Modeling.*  
\$9,278.00 (**funded**)
- December 2018**                        **University of Central Florida State Technology Fee Grant**  
Lambie, G. W., & **Tabet, S. M.** (2018). *Strengthening Student Instruction through Technology Enhancements for the CCIE Community Counseling and Research Center.*  
\$280,566.33 (**funded**)
- May 2018**                                **NCAA Graduate Student Research Grant**  
**Tabet, S. M.,** Lambie, G. W, Wood, E., Barden, S., & Dillman Taylor, D. (2018). *An Investigation of College Student-Athletes' Mental Health Stigma on Their Psychological Well-Being, Help-Seeking Behaviors, and Perceived Performance in Athletics and Academics Scores using Structural Equation Modeling.* \$7,493.00 (unfunded)
- December 2017**                        **NCAA Innovations in Research and Practice Grant**  
**Tabet, S. M.,** Kelchner, V. K., Lambie, G. W, Stefurak, J. T., Garcia, J. (2018). *Breaking Down Barriers: Combating Stigma through Psychoeducation to Increase Mental Health Literacy for Student-Athletes' Well-Being.* \$28,087.04 (unfunded)

## WORK EXPERIENCE-ACADEMIA

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### Assistant Professor, Tenure-Track

**August 2019-present**

School of Leadership and Education Sciences  
University of San Diego, San Diego, California

*Responsibilities will include teaching graduate level courses; aligning counseling curricula and experiences to CACREP (2016) accreditation standards; advising master's students; maintain active research agenda and scholarly publications; secure external funding; and participate in professional, college, and programmatic related service.*



**Graduate Assistant Coordinator of Research****August 2018-July 2019**

UCF Community Counseling and Research Center  
University of Central Florida, Orlando, Florida

*Assisted CCRC Coordinator of Research in overseeing research activities of a community-based Counselor Education training clinic. Responsibilities included weekly reports on clinical operations, developing and implementing research related to outcome measures, counselor development and supervision, seeking and apply for external/internal funding through grants or donors and disseminate research findings through presentations and publications.*

**Graduate Research Associate****August 2016- July 2019**

Department of Counselor Education & School Psychology  
University of Central Florida, Orlando, Florida

*Assisted Department of Counselor Education & School Psychology with empirical research associated with the University of Central Florida's Community Counseling and Research Center.*

**Supervisory Coordinator****May 2017-August 2018**

UCF Community Counseling and Research Center  
University of Central Florida, Orlando, Florida

*Provided clinical supervision to internship students. Managed daily operations including: file audits, clinic assessments and medical records requests. Maintained and trained practicum students on clinic technology, cameras, and software including.*

**Graduate Research Assistant****February 2017-May 2017**

Department of Counselor Education & School Psychology  
University of Central Florida, Orlando, Florida

*Researcher and group facilitator for Napford STEM Grant. Project provided small group counseling services to parents and students in K-5 in an urban elementary school to foster career development.*

**Practicum Coordinator****August 2016- May 2017**

UCF Community Counseling Research Center  
University of Central Florida, Orlando, Florida

*Coordinated and supervised volunteer intake specialists. Responsibilities included assisting with daily operations of clinical management, conduct trainings for intake specialists on clinic technology, procedures, and intake assessments. Specifically provided supervision regarding initial screening and intake procedures and reviewed all case notes before scheduling of clients. Additional duties included, the coordination of Practicum placement for Master's level students.*

**Graduate Research Assistant****2012-May 2014**

Department of Professional Studies  
University of South Alabama, Mobile, Alabama

*Assisted Jean Clark, PhD with research pertaining to enhancing technology in college courses, peer tutoring, online learning experiences and outcomes. Collected and organized Field Foundation Services project, which provided tutors to public schools through assignments internship (120 education students each with 20 hours per semester). Additional duties included counselor education curriculum development and the institution's CACREP self-study and accreditation efforts.*

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## SUPERVISION AND TEACHING EXPERIENCE

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### Clinical Supervision

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***COUN 933: Advanced Clinical Doctoral Internship I***

Fall 2020, Spring 2021

University of the Cumberland (external clinical, leadership, supervision, and teaching supervisor)

***COUN 598: Clinical Mental Health Counseling Practicum***

Summer 2020, Fall, 2020, Spring 2021, Summer 2021, Fall 2021

University of San Diego (faculty supervisor)

***COUN 931: Advanced Clinical Doctoral Practicum***

Summer 2020

University of the Cumberland (external clinical supervisor)

### Clinical Supervision under Faculty Supervision

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***MHS 6830: Internship in Counselor Education***

Summer 2017, Fall 2017, Spring 2018, Summer 2018

University of Central Florida (doctoral supervisor trainee)

***MHS 6803: Practicum in Counselor Education***

Fall 2017, Spring 2018, Fall 2018

University of Central Florida (doctoral supervisor trainee)

### Doctoral Dissertation Committees

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Herbert, L. (in progress). Clarifying telehealth counseling during COVID: Influence of self-stigma, coping behavior, and psychological openness on help-seeking behaviors for young adults of color. University of Central Florida, Department of Counselor Education & School Psychology. (External Committee Member: Proposal Defense October 2021)

Weng, J. (in progress). Developing an instrument to measure Group Dynamics Awareness: A mixed methods study. University of San Diego, Department of Leadership Studies. (Committee Member: Proposal Defended December 2020)

Haile, G. (2021). The relationship between college students' level of alcohol use and their grit, personal growth initiatives, and emotion regulation scores using structure equation modeling. *Electronic Theses and Dissertations*. 689. <https://stars.library.ucf.edu/etd2020/689> (External Committee Member: Defended June 2021)

Wilson, N. (2021). Couples with infertility: The influence of quality of life, relationship satisfaction, resilience, depression, and shame. *Electronic Theses and Dissertations*, 583. <https://stars.library.ucf.edu/etd2020/583> (External Committee Member: Defended March 2021)

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## **Courses Taught**

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### **University of San Diego**

***COUN 533/4: Research Seminar in Field Based Research; Proposal Development***

Fall 2020, Spring 2021, Fall 2021

***LEAD 616: Survey Research Methods***

Summer 2020

***COUN 598: Clinical Mental Health Counseling Practicum***

Summer 2020, Fall 2020, Spring 2021, Summer 2020, Fall 2021

***COUN 526: Group Counseling***

Summer 2019, Spring 2020, Summer 2020, Spring 2021, Summer 2021

***COUN 530: Assessment Techniques in Counseling***

Fall 2019, Spring 2020

***COUN 502: Professional Orientation, Law, and Ethics in Counseling***

Fall 2019

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## **Courses Co-Taught under Faculty Supervision**

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### **University of Central Florida**

***MHS 6702: Ethical & Legal Issues in Counseling***

Spring 2018, Co-instructor under supervision of K. Dayle Jones, Ph.D. (Associate Professor)

***MHS 6500: Group Procedures and Theories of Counseling***

Summer 2018, Co-instructor under supervision of M. Ann Shillingford, Ph.D. (Associate Professor)

Fall 2017, Co-instructor under supervision of Mark Young, Ph.D. (Full Professor)

***MHS 6450: Addiction Counseling***

Summer 2017, Co-instructor under supervision of W. Bryce Hagedorn, Ph.D. (Associate Professor)

Spring 2017, Co-instructor under supervision of W. Bryce Hagedorn, Ph.D. (Associate Professor)

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## **Guest Lectures under Faculty Supervision**

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### **University of Central Florida**

***MHS7311: Technology Issues in Counselor Education***

Fall, 2018, Guest lecturer under supervision of W. Bryce Hagedorn, Ph.D. (Associate Professor)

***MHS 6401: Techniques in Counselor***

Summer, 2018, Guest lecturer under supervision of Shalanda Moten, Ed.D. (Adjunct Professor)

Spring, 2018, Guest lecturer under supervision of M. Ann Shillingford, Ph.D. (Associate Professor)

***SDS 6347: Career Development***

Spring 2018, Guest lecturer under supervision of Stacy Van Horn, Ph.D. (Associate Lecturer)

***MHS 6450: Addiction Counseling***

Fall 2017, Guest lecturer under supervision of W. Bryce Hagedorn, Ph.D. (Associate Professor)  
 Spring 2018, Guest lecturer under supervision of W. Bryce Hagedorn, Ph.D. (Associate Professor)  
 Fall 2017, Guest lecturer under supervision of W. Bryce Hagedorn, Ph.D. (Associate Professor)

***MHS 6500: Group Procedures and Theories of Counseling***

Spring 2019, Guest lecture under supervision of Stacey Van Horn, Ph.D. (Associate Lecturer)  
 Fall 2016, Group facilitator under supervision of S. Kent Butler, Ph.D. (Associate Professor)  
 Spring 2017, Group facilitator under supervision of Mark Young, Ph.D. (Associate Professor)

***MHS 6070: Diagnosis and Treatment in Counseling***

Summer 2018, Guest lecturer under supervision of Dayle Jones, Ph.D. (Associate Professor)  
 Summer 2017, Guest lecturer under supervision of Dayle Jones, Ph.D. (Associate Professor)

***MHS 6421: Foundations of Play Therapy & Expressive Arts***

Summer 2017, Guest lecturer under supervision of E.H. Robinson, Ph.D. (Full Professor)  
 Summer 2018, Group facilitator under supervision of Dalena Dillman Taylor, Ph.D. (Assistant Professor)

***SDS 6411: Counseling with Children and Adolescents***

Spring, 2018, Guest lecturer under supervision of Ann Shillingford-Butler, Ph.D. (Associate Professor)  
 Spring, 2017, Guest lecturer under supervision of Ann Shillingford-Butler, Ph.D. (Associate Professor)

***MHS 5005: Introduction to Counseling***

Fall 2018, Guest lecturer under supervision of M. Ann Shillingford (Associate Professor)  
 Spring 2017, Group facilitator under supervision of Mark Young, Ph.D. (Professor)  
 Fall 2016, Group facilitator under supervision of Sejal Barden, Ph.D. (Assistant Professor)

**University of South Alabama*****CSL 686: Career Counseling & Development***

Spring 2014, Guest Lecturer under supervision of Jean Clark, Ph.D. (Associate Professor)  
 Fall 2013, Guest Lecturer under supervision of Jean Clark, Ph.D. (Associate Professor)  
 Spring 2013, Guest Lecturer under supervision of Jean Clark, Ph.D. (Associate Professor)

**PROFESSIONAL COUNSELING EXPERIENCE****Advanced Practicum Student****August 2016-December 2016**

UCF Community Counseling Research Center  
 University of Central Florida, Orlando, Florida

*Doctoral level counseling student at the University of Central Florida's Community Research Center, which serves the community of Central Florida through free individual, couple, and family counseling services. Supervised under S. Kent Butler, PhD.*

**Mental Health Counselor & Utilization Reviewer****May 2014-September 2016**

Healthy Connections Clinical Mental Health Center, Coral Gables, Florida

*Member of a multidisciplinary team that provided psychological care to patients at risk for hospitalization or who had recently stepped down following an inpatient psychiatric hospitalization. Responsibilities included assessment, diagnosis, treatment planning, insurance utilization reviewer, quality assurance, group/family/individual therapy and routine discharge planning. Additional responsibilities included intern task supervisor for master's level trainees.*

**Counseling Intern****August 2013-May 2014**

Counseling &amp; Testing Center

University of South Alabama, Mobile, Alabama

*Conducted individual, group and couples counseling. Contributed and facilitated university workshops and events to increase mental health awareness and services amongst college students. Participated in staff meetings to development treatment plans for clients of concern and enhance staff development.*

**Counseling Intern****May 2013-May 2014**

Adult Outpatient Center

Alta Pointe Health Systems, Mobile, Alabama

*Conducted biopsychosocial intakes, created treatment plans and provided psychoeducation services. Organized weekly psychosocial rehabilitation therapeutic groups (5-6 per week) for clients with chronic severe mental illnesses*

**PROFESSIONAL SERVICE AND GOVERNANCE****University - Leadership Appointments**

<b>University of San Diego, School of Leadership and Education Sciences</b> <i>Curriculum Committee</i>	2021-present
<b>University of San Diego</b> <i>University Senate</i>	2021-present
<b>University of San Diego, Athletic Department</b> <i>Scholar-Athlete Wellness Team</i>	2020-present
<b>University of San Diego, School of Leadership and Education Sciences</b> <i>Global Center Committee</i>	2020-present
<b>University of San Diego, School of Leadership and Education Sciences</b> <i>Faculty Grievance Committee</i>	2020-present
<b>University of San Diego, School of Leadership and Education Sciences</b> <i>SOLES Course Evaluation Working Group</i>	2020-present
<b>University of San Diego, Department of Counseling &amp; Marital and Family Therapy</b> <i>CMHC Tevera Team Lead</i>	2019-present
<b>University of San Diego, Department of Counseling &amp; Marital and Family Therapy</b> <i>CMHC Interview Committee Member</i>	2019-present
<b>University of San Diego, Department of Counseling &amp; Marital and Family Therapy</b> <i>Professional Development Committee Member</i>	2019-present
<b>University of San Diego, Athletic Department</b> <i>Scholar-Athlete Advisory Committee (SAAC)</i>	2019-present

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## **Public & Professional - Leadership Appointments**

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<b>Assessment</b>	2020-present
<i>Ad-Hoc Reviewer (invited)</i>	
<b>Measurement and Evaluation in Counseling and Development</b>	2019-present
<i>Reviewer</i>	
<b>Journal of Mental Health Counseling</b>	2018-2020
<i>Ad Hoc Reviewer</i>	
<b>University of Central Florida Counselor Education Advisory Board</b>	2018-2020
<i>Doctoral-Alumni Committee Member</i>	
<b>Florida Association for Spiritual, Ethical, and Religious Values in Counseling</b>	2018-2020
<i>Past President</i>	
<b>UCF Counselor Education Counseling Skills Club</b>	2017-2018
<i>Co-President</i>	
<b>Southern Association for Counselor Education and Supervision</b>	2017-2018
<i>Conference Proposal Reviewer</i>	
<b>Florida Association for Spiritual, Ethical, and Religious Values in Counseling</b>	2017-2018
<i>President</i>	
<b>UCF Counselor Education Doctoral Student Organization</b>	2017-2018
<i>Vice President</i>	
<b>International Association of Addictions &amp; Offense Counselors</b>	2016-2017
<i>Training &amp; CACREP Standards Committee</i>	
<b>Chi Sigma Iota, Beta Upsilon Chapter</b>	2015-2016
<i>Doctoral Student at Large &amp; Alumni &amp; Mentoring Committee's Chair</i>	
<b>Chi Sigma Iota, Upsilon Sigma Alpha Chapter</b>	2013-2014
<i>Chapter President</i>	
<b>University of South Alabama CACREP Accreditation Board</b>	2013-2014
<i>Student-Representative Task Force Member</i>	
<b>Chi Sigma Iota, Upsilon Sigma Alpha Chapter</b>	2012-2014
<i>Professional Development Committee Co-Chair</i>	
<b>University of South Alabama Women's Soccer Team (NCAA, Division I)</b>	2007-2012
<i>Student-Athlete Team Representative</i>	

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## **Professional Affiliations**

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### **International**

Association for Applied Sports Psychology (AASP)	2020-present
International Association of Addictions and Offender Counselors (IAAOC)	2016-present

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Chi-Sigma Iota (CSI), International Counseling Honor Society, Upsilon Chi	2016-2019
Chi-Sigma Iota (CSI), International Counseling Honor Society, Beta Upsilon	2014-2016
Chi-Sigma Iota (CSI), International Counseling Honor Society, Upsilon Sigma Alpha	2012-2014

### **National**

Association for Assessment and Research in Counseling (AARC)	2017-present
Association for Counselor Education and Supervision (ACES)	2016-present
American Counseling Association (ACA)	2012-present
American Educational Research Association (AERA)	2017-2020

### **Regional**

Western Association for Counselor Education and Supervision (WACES)	2019-present
Southern Association for Counselor Education and Supervision (SACES)	2016-2019
Florida Counseling Association (FCA)	2016-2020
Florida Association for Counselor Education and Supervisions (FACES)	2016-2020
Florida Association for Spiritual, Ethical, and Religious Values in Counseling (ASERVIC)	2016-2020
Alabama Counseling Association (ACA)	2012-2014

### **Local**

UCF Counselor Education Doctoral Student Organization (CEDSO)	2016-2019
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### **Independent Study**

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Advanced Counseling Procedures (CSL 758), Barry University, Miami, Florida. 2015	
Advanced Multicultural Issues in Counseling (CSL 761), Barry University, Miami, Florida. 2015	
Advanced Appraisal Techniques (CSL 768), Barry University, Miami, Florida. 2015	
Seminar in Counseling and Counselor Education (CSL 798), Barry University, Miami, Florida. 2015	
Advanced Professional Issues in Counseling (CSL 765), Barry University, Miami, Florida. 2015	
Advanced Family Counseling Techniques (CSL 767), Barry University, Miami, Florida. 2015	
Counseling for Change (CSL 729), Barry University, Miami, Florida. 2014	
Leadership in Counseling and Counselor Education (CSL 740), Barry University, Miami, Florida. 2014	

### **Community Involvement**

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<b>American University of Beirut Medical Center, Psychiatric Inpatient Unit</b> Volunteer Counselor, Beirut, Lebanon	2017-2018
<b>Christopher Ricardo Cystic Fibrosis Foundation</b> Executive Board Member, Coral Gables, FL	2015-2016
<b>Miami-Dade Family Service Day</b> Mental Health Volunteer, Miami, FL	2015
<b>University of Miami, Department of Public Health, Career Services Day</b> Help Professional Volunteer Counselor, Miami, FL	2015

<b>Mobile Fashion Week, a Ronald McDonald House Fundraiser</b> Executive Volunteer/Coordinator, Mobile, AL	2011-2014
<b>Strides for Hope, American Cancer Society</b> Volunteer/Participant	2007-2013

### **Clinical Trainings**

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*Domestic Violence Certificate*, Florida Certification Board, Ace Classes, January 2017  
*Florida Laws and Rule Certificate*, Florida Certification Board, Ace Classes, January 2017  
*HIPAA Training Workshop*, Florida Department of Children and Families, February 2016  
*HIV Overview Certificate*, Program Services Continuing Education, February 2016  
*Dialectical Behavioral Therapy (DBT) for Trauma*, Shana Cox LCSW, January 2016  
*Emotional Freedom Techniques (EFT) Training*, Lauren Sonnenberg LMHC, September 2015  
*Non-Violent Crisis De-Escalation Training*, Crisis Prevention Institute, August 2015  
*Crisis De-Escalation Certificate*, Crisis Solutions Incorporated, August 2015  
*Bowen Family Systems Theory Workshop*, Roberta Gilbert MD, February 2015

### **Trainings Presented**

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- Tabet, S.M. & Park, J.** (2018, July). *Practicum student orientation training*. Presented at the University of Central Florida Counseling and Research Center, Orlando, FL.
- Tabet, S.M. & Park, J.** (2018, April). *Practicum student orientation training*. Presented at the University of Central Florida Counseling and Research Center, Orlando, FL.
- Mitchell, M. D. & **Tabet, S.M.** (2017, November). *Practicum student orientation training*. Presented at the University of Central Florida Counseling and Research Center, Orlando, FL.
- Mitchell, M. D. & **Tabet, S.M.** (2017, July). *Practicum student orientation training*. Presented at the University of Central Florida Counseling and Research Center, Orlando, FL.
- Petion, G.S. & **Tabet, S.M.** (2017, May). *Intake specialist orientation training*. Presented at the University of Central Florida Counseling and Research Center, Orlando, FL.
- Tabet, S. M. & Huebner, M.** (2017, January). *Intake specialist orientation training*. Presented at the University of Central Florida Counseling and Research Center, Orlando, FL.
- Tabet, S. M. & Huebner, M.** (2016, August). *Intake specialist orientation training*. Presented at the University of Central Florida Counseling and Research Center, Orlando, FL.
- Tabet, S. M.** (2016, January). *Social and multicultural competencies in urban community agencies*. Presented at Healthy Connections, CMHC, Miami, FL.

### **CONFERENCES ATTENDED**

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#### **International & National**

Association for Counselor Education and Supervision, 2019, Seattle, WA

Association for Assessment and Research in Counseling, 2019, San Antonio, TX



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American Counseling Association, 2019, New Orleans, LA  
Association for Assessment and Research in Counseling, 2018, Richmond, VA  
American Counseling Association, 2018, Atlanta, GA  
American Educational Research Association, 2018, New York City, NY  
American Athletic Conference Academic Consortium, 2018, Orlando, FL  
Association for Counselor Education and Supervision, 2017, Chicago, IL  
American Counseling Association, 2017, San Francisco, CA

**Regional, State, & Local**

Southern Association for Counselor Education and Supervision, 2018, Myrtle Beach, SC  
Florida Counseling Association Convention, 2017, Tampa, FL  
University of Central Florida Counseling Conference, 2018, Orlando, FL  
Florida Counseling Association Convention, 2017, Orlando, FL  
University of Central Florida Counseling Conference, 2017, Orlando, FL  
Florida Counseling Association Convention, 2016, Orlando, FL  
University of Central Florida Counseling Conference, 2016, Orlando, FL  
Alabama Counseling Association Conference, 2013, Montgomery, AL