

Nicholas D. Boyd, Ph.D., LPCC, NCC
Assistant Professor
University of San Diego
School of Leadership and Education Sciences
Department of Counseling & Marriage and Family Therapy
Email: BoydN@sandiego.edu

PROFESSIONAL EDUCATION

Doctor of Philosophy, Counselor Education and Supervision, July 2023
University of the Cumberlands, Williamsburg, KY (CACREP Accredited)
Specialty Track: Addictions

Dissertation Title: *The Impact of Embedded Behavioral Health Providers, Perceived Stigma, and Perceived Unit Organizational Support on Mental Health Treatment Utilization for Civilians Serving as California National Guard Service Members: A Correlational Cross-Sectional Study* (Chair: LoriAnn Stretch, Ph.D., LPC)

Master of Arts, Clinical Mental Health Counseling, May 2014
University of San Diego, San Diego, CA (CACREP Accredited)
Sub-Specialty: Violent and Aggressive Offenders
Research Concentration: Lone Wolf Terrorism, PTSD, & Criminal Offending Behaviors

Bachelor of Science, Criminology and Criminal Justice, August 2008
Portland State University, Portland, OR

PROFESSIONAL TRAINING

Written Exposure Therapy, STRONG STAR provider status, 2024
Prolonged Exposure, STRONG STAR & VA provider status, 2021
Cognitive Processing Therapy, STRONG STAR & VA provider status, 2019
Comprehensive Suicide Risk Evaluation and Treatment Planning, 2019
Cognitive Behavioral Therapy, 2019
Cognitive Rehabilitation and Exposure/Sorting Training for Hoarding Disorder (CREST), 2018
Interpersonal Psychotherapy (IPT), 2018
Motivational Interviewing, 2018
Psychological First Aid, 2018
Clinician-Administered PTSD Scale for DSM-V (CAPS-5), 2017
Trauma Focused-Cognitive Behavior Therapy (TF-CBT), 2017
Families OverComing Under Stress (FOCUS), 2017
STABLE-ACUTE 2007, 2015
AASI-3, 2015

PROFESSIONAL ASSOCIATIONS

American Mental Health Counseling Association
California Association for Licensed Professional Clinical Counselors

International Society for Traumatic Stress Studies
The American Academy of Experts in Traumatic Stress
American Academy for the Advancement of Sciences
Academy of Cognitive and Behavioral Therapies
Association for Behavioral and Cognitive Therapies
American Counseling Association
American Psychological Association

LICENSES/CERTIFICATIONS

Licensed Professional Clinical Counselor #6400, California Board of Behavioral Sciences
Nationally Certified Counselor #337629, National Board of Certified Counselors
San Diego County 5150 Certified Provider
Diplomate, American Academy of Experts in Traumatic Stress
Diplomate (*in progress*), Academy of Cognitive and Behavioral Therapies
Independent Provider (expired), California Sex Offender Management Board

REFEREED PUBLICATIONS

Boyd, N., & Vacco, C. (2024). Warrior healers: Operational considerations for utilization of embedded behavioral health providers in the u.s. army national guard. *Proceeding from the American Association for the Advancement of Sciences Pacific Division, 102nd Annual Meeting,*

Khana, K., Salaz, J., & **Boyd, N.** (2024). Women serving in special operation forces: Practical recommendations for mental health providers. *Proceeding from the American Association for the Advancement of Sciences Pacific Division, 102nd Annual Meeting*

Vyas, K.J., Fesperman, S.F., Nebeker, B.J., Gerard, S.K., **Boyd, N.D.**, Delaney, E.M., Webb-Murphy, J.A., Johnston, S.L. (2015). Preventing mental health disorders and reducing healthcare costs in the military: A call for building resilience among service members. *Journal of Military Medicine, 176(6), 23-28*

Boyd, N.D., Grace, E., Wildhelm, M., & Johnson, R. (2014). An overview of East African Research and Trauma Hope. Vol. 33, Part 1, 95-100. *Proceeding of the American Association for the Advancement of Science Pacific Division, 95th Annual Meeting*

Boyd, N.D., & Johnson, R. (2012). Opposing Psychological Reports on the Norway Killer Case., Vol. 31, Part 1, 53-54. *Proceedings of the American Association for the Advancement of Science Pacific Division, 93rd Annual Meeting*

NON-REFERRED PUBLICATIONS

Boyd, N.D., & Rivas, A. (2021). What you should know about: AB 462. *California Association for Professional Clinical Counselors Quarterly Newsletter, 2021(4), 13.*

Miles, S.R., Thompson, K.E., Sharp, C. **Boyd, N.D.**, (2021). Department of Veterans Affairs, Veterans Health Administration. *Managing emotions to reduce aggression: A*

treatment for oeff/oif/ond service members. Department of Veterans Affairs,

Boyd, N. (2015). Risk-taking behaviors in combat exposed service members. *Research Facilitation*, 1-8.

MANUSCRIPTS IN PROCESS

Lyons, M., Bunch, M., & **Boyd, N.** (projected 2024). *Maintaining intimacy in long-term marriages during graduate school.*

Vacco, C., Silsbee, D., **Boyd, N.**, Currier, J., Pittman, J.O., Tanega, C., Vieten, C. (projected 2024). *Inclusive methods for applying spiritual and religious competencies in psychotherapy: Current status and future horizons for clinical training.*

Khanna, K., Salaz, J., **Boyd, N.**, Hoehling, K., & Reeves, A. (projected 2024). *Women serving in special operations forces: Practical recommendations for mental health providers.*

Boyd, N., Borders, A., Do, A., Rimmel, C., Pittman, J. (projected 2025). *Mental health treatment satisfaction of veterans with ptsd in a residential rehabilitation treatment program.*

Hoehling, K & **Boyd, N.** (projected 2025). *What's my superpower? The implications of southern culture on collaborative practice and recommendations for counselor educators and supervisors*

REFERRED PRESENTATIONS

Miles SR, Kumar A, Klocksieben F, Venkatachalam, Gaudet M, Larson V, Ching D, Niles BL, **Boyd N**, Diaz M, Vega L, Swart, MA, Flores N, West KE. (2024). *Reducing anger is not enough: interim analysis of a randomized clinical trial that reaches the adaptive value of emotions.* Presented at the Military Health System Research Symposium, Kissimmee, FL.

Boyd, N., & Vacco, C. (2024). *Operational considerations for utilization of embedded behavioral health providers in the U.S. army national guard.* Presentation at the American Association for the Advancement of Sciences Pacific Division, San Diego, CA.

Khanna, K., Salaz, J., **Boyd, N.** (2024). *Women serving in special operation forces: Treatment considerations for mental health providers.* Presentation at the American Association for the Advancement of Sciences Pacific Division, San Diego, CA.

Boyd, N. (2023). *Left behind: Treatment considerations when working with national guard service members and their partners.* Presentation at the International Association for Marriage and Family Counselors, St. Petersburg, FL.

Boyd, N., Wehrle, C., Wess, C., Salas, J. (2023). *Moral injury or ptsd: The diagnostic conundrum for military service members and veterans*. Presentation at California Association for Licensed Professional Clinical Counselors, San Diego, CA.

Vacco, C., **Boyd, N.,** Reeves, A., Almklov, E., Afari, N., Angkaw, A., Doran, N., Lindamer, L., Norman, S.B., Grubbs, K., Wolfe, W., & Pittman, J.O.E. (2023)., *eScreening: A means to improve measurement-based care within the field of telemedicine* [Poster presentation]. Evidence Based Practice Conference, Center for Deployment Psychology, Bethesda, MD.

Bunch, M.G., Lyons, M.L., **Boyd, N.,** Flores, R. (2022). *Maintaining intimacy in long-term marriages during graduate school*. Presentation at the Southern Association for Counselor Education and Supervision, Baltimore, MD.

Boyd, N.D., & Wehrle, C. (2018). *When expectations are lost: Treating the family system of military service members and veterans from a trauma-focused lens*. Presentation at the International Association for Marriage and Family Counselors, New Orleans, LA.

Wehrle, C., & **Boyd, N.** (2017). *Evidence-based clinical interventions for military veterans with co-occurring complex trauma and substance use disorders*. Presentation at California Addictions Conference, Anaheim, CA.

Wehrle, C., **Boyd, N.,** Zgliczynski, S., & Clapp, J (2017). *Understanding trauma and loss: implementing evidence-based treatment interventions for veterans, service members, and their families*. Presentation at the California Association for Licensed Professional Clinical Counselors Conference, Redlands, CA.

Vyas, K.J., **Boyd, N.,** Webb-Murphy, J.A., Delaney, E.D., Fesperman, S.F., & Johnston, S.L. (2014). *The protective effects of resilience: reducing healthcare utilization and costs in the military*. Presentation at the Association of Military Surgeons of the United States, Washington, D.C.

Vyas, K.J, **Boyd, N.,** Webb-Murphy, J.A., Delaney, E.D., Fesperman, S.F., Gerard, S.K., Nebeker, B.J., & Johnston, S.L. (2014). *The effects of stress and sleep on chronic pain among mTBI patients with and without ptsd*. Presentation at International Conference and Summit on Violence, Abuse and Trauma, San Diego, CA.

Boyd, N., Grace, E., Bartuski, G, & Johnson, R. (2014). *Antiterrorism, police officers, ptsd: a dsm-5 paradigm*. Presentation at the Annual Meeting of Academy Criminal Justice Sciences, Philadelphia, Pennsylvania.

Boyd, N., Jacobs, E., & Johnson, R., (2014). *Antiterrorism approach for radicalization of inmates*. Presentation at the Annual Meeting of Academy of Criminal Justice Sciences, Philadelphia, Pennsylvania.

Grace, E., **Boyd, N.,** Wilhelm, M., Gambilado, M., & Johnson, R. (2014). *An overview of*

east african research & trauma hope. Presentation at American Academy on the Advancement of Sciences-Pacific Division, Riverside, CA

Boyd, N., & Smith, P. (2014). *Blending mental health and schools: A school-based mental health pilot project*. Presentation at Mental Health America-San Diego, San Diego, CA

Wehrle, C., **Boyd, N.**, Grace, E., & Johnson, R. (2014). *Clinical and forensic psychological family issues in juvenile firesetters and bomb makers*. Presentation at Forensic Mental Health Conference, Patton, CA.

Wehrle, C., **Boyd, N.**, & Johnson, R. (2013). *Who may be rehabilitated? An antiterrorism case study of the mindset of enemy combatants, lone wolf and small group terrorists*. Presentation at the Annual Meeting of the Academy of Criminal Justice Sciences, Dallas, Texas.

Johnson, R., **Boyd, N.**, & Stepensky, A. (2013). *Risk assessment screening tool for use in determining disruptive behavior in inmates*. Presentation at the Annual Meeting of the Academy of Criminal Justice Sciences, Dallas, Texas.

Boyd, N., Wehrle, C., Johnson, R., & Tran, L. (2013). *Collaborations between clinical mental health and police wellness units: a san diego police department project*. Presentation at the Annual Meeting of the American Academy of Forensic Sciences, Washington D.C.

Johnson, R., Descanio, K., & **Boyd, N.** (2012). *Forensic mental health cultural and ethical considerations in death penalty cases*. Presentation at the American Academy on the Advancement of Sciences, Boise, ID

Greider, K., **Boyd, N.**, & Johnson, R. (2012). *Forensic psychology cultural and ethical considerations in homegrown lone wolf terrorism cases*. Presentation at the American Academy on the Advancement of Sciences, Boise, ID

Boyd, N., & Johnson, R. (2012). *Opposing psychological reports on the norway killer case*. Presentation at the American Academy on the Advancement of Sciences, Boise, ID.

Boyd, N., & Kuo, B., & Johnson, R. (2012). *Advising ethnoracially diverse students in hostile cultural environments: a mental health paradigm*. Presentation at the Annual Meeting of the Academy of Criminal Justice Sciences, New York, NY.

Johnson, R., **Boyd, N.**, & Tran, L. (2012). *Triggering events for decision making in forensic fitness for duty evaluation of police officers*. Presentation at the Annual Meeting of the Academy of Criminal Justice Sciences, New York, NY.

Boyd, N., & Johnson, R. (2012). *Crafting forensic psychological response reports for attorney to use in appellate hearings*. Presentation at the 64th Annual American Academy

of Forensic Sciences Conference, Atlanta, GA.

Johnson, R., **Boyd, N.**, & Tran, L. (2012). *Reviewing and synthesizing culturally responsive forensic psychological data in pre-employment psychological evaluations*. Presentation at the 64th Annual American Academy of Forensic Sciences Conference, Atlanta, GA.

Boyd, N., Wehrle, C., & Johnson, R. (2012). *Antiterrorism role for the forensic mental health professional in work with police officers: a ptsd paradigm*. Presentation at the Patton State Hospital Forensic Conference, Patton, CA

Boyd, N., Wehrle, C., Johnson, R. (2012). *Analyzing the terrorist mind*. Presentation at the 37th Annual Forensic Mental Health Association of California, Seaside, CA.

NON-REFERRED PRESENTATIONS

Boyd, N., & Rivas, A. (2024). *California law and ethics: Review for lpcc's, lmft's, and lcsw's*. Workshop, University of San Diego. San Diego, California, 10 July 2024.

Boyd, N. (2017). *Understanding trauma, moral injury, and resilience in the military*. Seminar, University of San Diego. San Diego, California, 21 November 2017.

Boyd, N., & Clapp, J. (2017). *Understanding resilience and post-traumatic growth in service members and veterans*. Seminar, University of San Diego. San Diego, California, 19 August 2017.

Boyd, N., & Jacobi, J. (2013). *The war on hope: trauma and ptsd in ugandan children fighters*. Presentation to Somali Family Services of San Diego, Uganda North American Association, and Alliance for African Assistance. San Diego, California, 20 November 2013.

Johnson, R., Brown, R. L., Wehrle, C., **Boyd, N.**, & Tran, L. (2012). *Multidimensional assessment of stress inventory (MASI)*. Presentation to the Wellness Unit of San Diego Police Department. San Diego, California, 30 July 2012.

GRANTS

Current

CSR&D #I01CX002135 (PI: Miles, S.)

VA Clinical Science Research and Development

\$1,499, 142

7/1/2021-6/31/2026

“Managing Emotions to Reduce Aggression-MERA: A Brief Aggression Treatment for Veteran with PTSD Symptoms”

Consultant (15% effort)

Veteran Health Administration (Director of Clinical Training, 100%)
Office of Academic Affiliations
\$18,000
2023/recurring annually (indefinite)
“Health Professional Trainee: Counseling Trainee”

University of San Diego
Faculty Research Grant
Fall 2024 course release

Pending

CSR&D (PI: Pittman, J.)
VA Clinical Science Research and Development
\$1,114,000
2024-2028
“Evaluating a Care Coordination Model for PTSD Treatment in Community Care Using Technology”
Co-I (50% effort)

California Department of Veterans Affairs
California Veterans Health Initiative: Mental Health Support Grant
\$2,011,266
2024-2027
Co-PI (50%)

Unfunded

California State Funding (Co-Collaborator, 50%)
Office of Statewide Health Planning and Development (OHSPD)
\$15,050
2/25/2021-2/26/2021
“2021 Youth Mental Health Career Fair and Summit”

PROFESSIONAL EXPERIENCE

Academic

Assistant Professor, University of San Diego, Graduate Level, Clinical Mental Health Counseling, CACREP accredited, San Diego, CA, August 2023-Present

- Teach core and specialty courses within the clinical mental health counseling program.
- Serve on various university-wide committees and local, state, and national boards.
- Advise 8-15 students with academic and career planning, and practicum site considerations.
- Seek external funding.
- Maintain an active scholarship agenda and scholarly publications.

Lecturer I, University of San Diego, Graduate Level, Clinical Mental Health Counseling, CACREP Accredited, San Diego, CA, August 2018-August 2023

- Taught core and specialty courses within the clinical mental health counseling program

Adjunct Faculty, San Diego City College, San Diego, CA, August 2014-December 2015

- Developed and taught 25-30 community college students pursuing a certificate and/or an associate of arts in the Alcohol and Other Drug Studies program.
- Provided regular feedback to student progress and managed classroom activities for students from different developmental backgrounds and experiences.

Graduate Teaching Assistant, University of San Diego, San Diego, CA, January 2014-May 2014

- Under the instruction of Melissa Halter, Ph.D., co-taught undergraduate students pursuing peer support training in basic counseling skills and counseling theory.
- Co-planned lessons and provided feedback to students during small group role plays; role played and modeled basic counseling skills.

Administrative

Director of Clinical Training, Counseling Training Program, VA San Diego Healthcare System, San Diego, CA, October 2020-Present

- Developed an exclusive counseling training program with the University of San Diego Clinical Mental Health Counseling (CMHC) program.
- Oversee administrative and organizational aspects of the program such as trainee selection, onboarding, field instructor selection, training curriculum, and collaboration with internal/external stakeholders and hospital leadership.
- Supervise and train CMHC student trainees.

eScreening System Consultant (Per diem), Center of Excellence for Stress and Mental Health, Veterans Health Administration, La Jolla, CA, March 2020-March 2022

- Deliver guidance to the executive team on strategic positioning and system enhancements.
- Provide recommendations on organizational improvements to include key positions for system sustainment and growth.
- Contribute to system awareness efforts and clinical capabilities for use across Veterans Health Administration.

National Implementation Manager, eScreening Program, Center of Excellence for Stress and Mental Health, Veterans Health Administration, La Jolla, CA, July 2017-March 2020

- Oversee high-level development and implementation strategy for the national electronic mental health data capture system; supervise and manage a team of 3-5 technicians, undergraduate RAs, and volunteers.
- As an SME, manage day-to-day operations; consult with the technical development team to ensure desired clinical capabilities are met; and consult and collaborate with leadership and other high-level officials of internal and external

agencies on evidenced-based care initiatives for veterans and transitioning service members.

- Facilitate data collection strategies and evaluations for dissemination and implementation research; write abstracts and findings.

Psychological Health Consultant, Naval Center for Combat and Operational Stress Control, San Diego, CA, April 2015-September 2016

- Consult military healthcare systems in developing standardized processes to facilitate clinical assessment, data management, and reporting.
- Support the psychological health of Sailors and Marines through programs that educate, build resilience, aid research, and promote best practices in treating combat and operational stress injuries.
- Act as liaison and consult for psychological health-related product development with leaders, providers, and case managers working in various Military Treatment Facilities (MTF); support coordination and implementation of psychological health initiatives and training.
- Present to executive leadership, flagstaff, and other high-level officials on psychological best practices and clinical outcomes.

Clinical Research Coordinator, Naval Center for Combat and Operational Stress Control, San Diego, CA, April 2014-April 2015

- Manage all aspects of research study to include planning, assembling, and coordination of the trial team.
- Manage recruitment and coordination of the trial subjects covering informed consent, screening, and inclusion of the subjects adhering to safety and compliance issues.
- Obtain and maintain regulatory and administrative approval and communicate with relevant authorities, such as the Institutional Review Board and Military Treatment Facilities leadership and providers; coordinate and manage clinical trial, communicate with the team, sampling, and product accountability.
- Publish and present outcome data in peer-reviewed publications and academic professional conferences.

Psychological Trauma Consultant, University of San Diego, East African Research and Trauma Hope, San Diego, CA, September 2013-January 2015

- Coordinate East African multiagency symposium and forum.
- Consult and collaborate with refugee organizations regarding trauma-related issues.
- Development and implementation of evidence-based clinical mental health programs for national and international nonprofits and NGOs.
- Manage and direct team members in related research objectives and program development and evaluation.
- Coordinate research involving interviewing human subjects, data gathering, and coding.
- Manage IRB tasks and submission requirements.

Forensic Psychology Research Assistant, University of San Diego, San Diego, CA, September 2011-May 2014

- Research, review, and synthesize relevant professional publications.
- Initiate and present research topics at national professional conferences.
- Acted as IRB liaison for research projects involving raw data analysis and human-subject contact.
- Coordinate topics, abstracts, and interested presenters for national professional conferences.
- Write relevant abstracts as it pertains to the topic of interest.

Psychological Assessment Consultant, University of San Diego, San Diego Police Department, San Diego, CA, March 2012-April 2014

- Collaborate between the police wellness unit and the USD forensic team.
- Consultate law enforcement regarding OEF/OIF vets as police applicants.
- Development of Multidimensional Assessment of Stress Inventory.
- Present evidenced-based practices for PTSD in law enforcement personnel.

Clinical

Licensed Professional Mental Health Counselor, Lead (Part-Time), ASPIRE Center, Veteran Health Administration, San Diego, CA, March 2020-Present

- Consult with the Chief of Psychology to oversee the hiring of LPMHCs as the facility discipline lead SME and first LPMHC.
- Coordinate and direct PTSD treatment for 35 veteran patients in residential care.
- Provide comprehensive evaluations, diagnoses, and evidence-based psychotherapy (i.e., CBT, CPT, PE, WET) to post-9/11 combat veterans.
- Deliver individual and group psychotherapy to promote and improve functioning in the recovery of mental health and substance use disorders, with particular emphasis on PTSD.
- Develop, implement, and document psychotherapeutic treatment plans for assigned caseload.
- Provide crisis and risk management for patients as needed.
- Work as a member of an interdisciplinary team in the delivery of holistic care to patients.

Associate Therapist Supervisor (Part-Time), Cerebral, San Francisco, CA, December 2021-April 2023

- Provide weekly individual, triadic, and/or group clinical supervision to ACSW, AMFT, and APCC registered associates in California.
- Provide training and supervision on evidence-based practices, evidence-based treatment, and measurement-based care to associates and clinical staff.
- Monitor supervises clinical competencies through regular objective and subjective evaluation.

Study Therapist, Veterans Health Administration, Veterans Medical Research Foundation, La Jolla, CA, April 2018- March 2020

Primary Investigator: Catherine Ayers, Ph.D., ABPP

- Provide 26 sessions of cognitive and exposure-based therapy utilizing the evidenced-based CREST protocol for diagnosed hoarding disorder patients.
- Manage co-morbid diagnosis and symptoms.
- Assess and manage risk.
- Maintain thorough documentation of treatment interventions in electronic medical records and study databases.

Therapist (Part-Time), Cognitive Therapy Institute, La Jolla, CA, December 2019-September 2023

- Provide comprehensive evaluation, diagnosis, and cognitive behavioral therapy and other evidence-based individual and group treatments for disorders such as generalized and social anxiety, PTSD, OCD, depression, and hoarding.
- Develop, implement, and document psychotherapeutic treatment plans for patients.
- Participate in bi-weekly expert consultation in cognitive therapy with institute director Jim Shenk, Ph.D.

Assessment Therapist, Veterans Health Administration, Veterans Medical Research Foundation, La Jolla, CA, July 2017-December 2018

Primary Investigator: Leslie Moreland, PsyD

- Conduct comprehensive diagnostic PTSD evaluations utilizing CAPS-5 with veterans seeking inclusion in PTSD research study.
- Maintain an advanced understanding of DSM-5 criteria, especially as it applies to PTSD.
- Complete thorough risk evaluations and provide crisis intervention(s) as necessary.
- Operate as a member of the treatment team in documenting clinical findings in electronic medical records as well as a clinical summary for the treating provider.
- Provide clinical recommendations to the research team following the clinical interview.

Resiliency Trainer, UCLA Semel Institute, FOCUS, San Diego, CA, September 2016-July 2017

- Facilitate structured, evidenced-based family training intervention and group workshops with service members, families, and children.
- Conduct and complete individual intakes and assessment with family participants and couples, and document service encounters.
- Assess risk and provide crisis intervention(s) as necessary.
- Direct and promote program outreach within the military community.
- Complete short-term tracking and follow-up check-ins with participating families.
- Counsel and teach military families in CBT skills of emotional regulation, goal setting, communication, and deployment management.

Sex Offender Treatment Specialist, Counseling and Psychotherapy Center, San Diego, CA, February 2014-November 2016

- Provide individual and group CBT based psychotherapy for mandated sexual offenders on probation or parole and developmentally disabled adults with high-risk sexual behaviors.
- Administer and score psychological assessment to determine risk and appropriate stage of treatment; collaborate with law enforcement and court; make recommendations for treatment and risk planning.
- Assess and manage risk (e.g., reoffending, SI/HI, substance use).
- Document and maintain clinical progress notes and patient files.

Founder, Clinical Director, and Lead Therapist, e3 Civic High School, San Diego, CA, June 2014-September 2015

- Developed and implemented mental health programs, policies, procedures, and protocols as mandated by the guidelines in accordance with all existing federal, state, and city laws, rules, and regulations, and consistent with policies, procedures, and standards promulgated by the school.
- Oversee and manage clinical operations of programs, case assignments, treatment objectives, and documentation.
- Provide training and consultation to school staff and administration.
- Conduct intake and risk assessments to determine services and level of risk.
- Provide individual and group counseling services to students referred by school counselors, teachers, or staff; provide crisis intervention(s) as necessary.
- Maintain open and collaborative communication with the administrators, teachers, and staff.

Clinical Counseling Trainee, North County Lifeline, Vista, CA, January 2013-February 2014

- Provide individual, group, and family counseling service to youth referred by the juvenile court, probation, or school.
- Conduct intake and risk assessments to determine the appropriate level of services and risk.
- Consult and collaborate with other members of the treatment team.

Clinical Counseling Trainee, Springall Academy, La Mesa, CA, September 2012-January 2013

- As part a member of a multidisciplinary team, provide individual, group, and family counseling services to youth on probation or referred to the criminal justice system.
- Conduct risk evaluations and provide crisis management to youth in a psychiatric school environment.

TBS Coach, New Alternatives, Therapeutic Behavioral Services, San Diego, CA, August 2012-April 2014

- Provide short-term, intensive, behavioral interventions to children and adolescents in group and community settings with severe behavioral problems and emotional disturbances who are at risk for a higher level of care.

- Collaborate with treatment team members to implement interventions to increase positive behaviors related to coping strategies, anger management, impulse control, and social and self-control skills.
- Document, chart, and report interventions and responses using San Diego County Mental Health Services Anasazi information management system.

Case Manager and Skills Trainer, The Inn Home for Boys, Portland, OR, Jan. 2011-July 2011

- Develop and implement master service plans; conduct weekly reviews of individual client progress; and conduct progress meetings.
- Provide individual and group social skills groups.
- Respond to psychiatric crisis and provide appropriate interventions.
- Supervise and support floor staff interventions and oversee staff intervention training.

Youth and Family Consultant, Catholic Community Services/Rainbow Family Services, McMinnville, OR, March 2011-July 2011

- Develop a collaborative working relationship with youth, family, and foster parents.
- Manage behavior support plans and assist with the implementation and follow-through of the plan.
- Coordinate, attend, and facilitate the intake process; and coordinate with youth, foster parents, family members, or other staff for client appointments with the consulting psychiatrist.

Residential Youth Counselor, The Inn Home for Boys, Portland, OR, Jan. 2010 –Jan. 2011

- Facilitate social skills groups and provide crisis interventions.
- Document interventions and client peer and staff interactions; ensure Master Service Plan goals and objectives are taught; and program guidelines followed and met by working as a member of the treatment team.

Residential Counselor, Sequoia Mental Health Services, Beaverton, OR, Aug. 2008–Feb. 2009

- Implement the treatment plan for mentally ill adults with co-occurring disorders; provide skills training and crisis intervention.
- Documentation of interventions and peer and staff interactions.
- Respond to individual client needs as a member of a treatment team.

Intern, Multnomah County Department of Community Justice, Portland, OR, Jan. 2008–June 2008

- Assist in psychological evaluations of community-supervised offenders in determining the level of risk.
- Assist and observe evidenced-based practices of group counseling processes to mandated domestic violence abusers.
- Utilization and familiarization of psychological assessment tool, Psychopathy Checklist-Revised, application in a clinical setting.

TEACHING AND SUPERVISION

University of San Diego

Fall 2025

- COUN 502 Law & Ethics
- COUN 598P CMHC Practicum/Internship

Summer 2025

- COUN 598P CMHC Practicum/Internship

Spring 2024

- COUN 555 Evidenced-Based Counseling
- COUN 598P CMHC Practicum/Internship

Fall 2023

- COUN 502 Law & Ethics
- COUN 598P CMHC Practicum/Internship

Summer 2023

- COUN 598P CMHC Practicum/Internship

Spring 2023

- COUN 555 Evidenced-Based Counseling
- COUN 598P CMHC Practicum/Internship

Fall 2022

- COUN 520 Counseling Theories
- COUN 541 Diagnosis and Treatment Planning
- COUN 598P CMHC Practicum/Internship

Summer 2022

- COUN 598P CMHC Practicum/Internship

Spring 2022

- COUN 555 Evidenced-Based Counseling
- COUN 598P CMHC Practicum/Internship

Fall 2021

- COUN 520 Counseling Theories
- COUN 541 Diagnosis and Treatment Planning

Spring 2021

- COUN 555 Evidenced-Based Counseling

Fall 2020

- COUN 502 Law & Ethics
- COUN 598P CMHC Practicum/Internship

Summer 2020

- COUN 598P CMHC Practicum/Internship

Spring 2020

- COUN 555 Evidenced-Based Counseling
- COUN 530 Assessment and Testing

Fall 2019

- COUN 520 Counseling Theories
- COUN 541 Diagnosis and Treatment Planning

Summer 2019

- COUN 598P CMHC Practicum/Internship
Spring 2019
- COUN 508 Research Methods
Fall 2018
- COUN 520 Counseling Theories

San Diego City College

Spring 2015

- AODS 150 Introduction to Chemical Dependency

Fall 2014

- AODS 150 Introduction to Chemical Dependency

MILITARY

Behavioral Health Officer, California State Guard, Joint Force Headquarters, Joint Medical Command, June 2018-Present

Career Counselor, 670th Military Police Company, San Diego, CA, 2015-2016

Team Leader, 670th Military Police Company, San Diego, CA, 2013-2016

Gunner/Military Police, 79th IBCT, San Diego, CA, 2011-2013

Honor Guard, Portland, OR, 2010-2011

Driver/Military Police, STB 41st IBCT, Portland, OR, 2009-2011

PROFESSIONAL SERVICE AND GOVERNANCE

Board Member-LPCC, California Board of Behavioral Sciences, Governor appointed, 2023-Present

Committee Member, VA LPMHC National Qualification Standards, 2022-Present

Board of Directors, Co-Chair of Legislative and Advocacy Committee, California Association for Licensed Professional Clinical Counselors, 2020-2023

Board of Directors, Advisory Member, Equines for Vets, 2020-2021

Newsletter Editor, Military and Government Counseling Association, 2017- 2018

UNIVERSITY SERVICE

AART Policy Advisory (Non-Tenure Member), University of San Diego, School of Leadership and Education Sciences, 2024-Present

Faculty Global Committee, University of San Diego, School of Leadership and Education Sciences, 2024-Present

Faculty Advisor, Counselors Advocating for Progress and Equity (CAPE), University of San Diego, Department of Counseling and Marriage and Family Therapy, 2023-Present

Innovations Committee, University of San Diego, School of Leadership and Education Sciences, 2023-2024

Evidence-Based Trauma Training Coordinator, University of San Diego, STRONG STAR Training Initiative, 2020-2024

Alumni Panel Member, University of San Diego, 2023

Program Faculty Representative, University of San Diego, Department of Counseling and Marriage and Family Therapy, Clinical Mental Health Counseling program, 2023

Admission Committee, University of San Diego, Department of Counseling and

Marriage and Family Therapy, 2020-2021

Conference Planning Committee Member, University of San Diego, 2014

HUMAN SERVICE EXPERIENCE

President, Helix Homeowners Association, April 2017-March 2023

Pacific Beach Training Youth Boxing Coach, September 2013-June 2019

Restorative Justice Mediator, University of San Diego Restorative Justice,
February 2012

Youth Basketball Coach, YMCA-Mission Valley, September 2011-December 2011

Alumnus Adviser, Kappa Sigma Fraternity, March 2010-July 2011

Volunteer Classroom Assistant, Victory Academy, November 2009-March 2010

HONORS AND AWARDS

Boyd, N (2012). *3rd Place Annual Student Paper Presentation: Psychology Division* at the American Association for the Advancement of Science Pacific Division, 93rd Annual Meeting, Boise, ID.

California National Guard Education Assistance Award Program Recipient, 2013-2014

Student of the Year 2013-2014, School of Leadership and Education Sciences

University of San Diego Merit Scholar, 2012-13, 2013-2014

Eagle Scout, Boy Scouts of America, 2000