

Carrie Tremble, Ph.D., LPCC, LAADC
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Education

Doctor of Philosophy
Counselor Education and Supervision
Western Michigan University
CACREP Accredited Program
Kalamazoo, MI

Graduate Certificate
Specialty Program in Alcohol and Drug Abuse
Western Michigan University
Kalamazoo, MI

Master of Arts
Student Affairs in Higher Education: College Counseling
Western Michigan University
CACREP Accredited Program
Kalamazoo, MI

Bachelor of Science
Major: Psychology Minor: Substance Abuse Education
Central Michigan University
Mount Pleasant, MI

University of Jyvaskyla
International Student Exchange Program (ISEP).
Jyvaskyla, Finland
Spring Semester

Professional Licensure

Licensed Professional Clinical Counselor- State of California - #7748
Licensed Advanced Alcohol and Drug Counselor, State of California – #RALR9430491
Licensed Professional Counselor, State of Arizona - #LPC-16041
Licensed Professional Counselor, State of Michigan - #6401011584

Teaching Experience

University of San Diego
Professor of Practice, Clinical Mental Health Counseling
Clinic Director, Tele-mental Health Training Clinic
CACREP Accredited Program
San Diego, CA
2018 – present

Courses Taught: Professional Orientation, Law, and Ethics in Counseling; Assessment Techniques in Counseling; Advanced Counseling: Diagnosis and Treatment Planning; Counseling Practicum; Counseling Skills; Addictions Counseling; Evidence Based Counseling; Crisis and Trauma Counseling; Human Development; Career Development Across the Lifespan

Duties: Founding clinical director/ clinical supervisor of the university tele-mental health counseling training clinic; Select, train, and supervise all clinic trainees, Evaluated and implemented a secure electronic health records system, TheraNest, into the tele-mental health counseling training clinic; Advise students; Supervise practicum and internship students; Serve on university, school, department

committees; Chaired department recruitment retention and dismissal policy revision committee; Teach a variety of courses; Conduct a student-inclusive research lab

Argosy University Phoenix, AZ
Assistant Professor, Clinical Mental Health Counseling 2015 - 2018
CACREP Accredited Program

Courses Taught: Counseling Techniques; Practicum; Internship; Career Counseling; Substance Abuse Counseling; Foundations of Mental Health Counseling; Trauma Impact and Counseling; Couples and Family Counseling; Research Methods; Appraisal and Assessment; Group Counseling

Duties: Chapter founder and advisor of Chi Sigma Iota counseling honor society; Chaired student capstone committees; Served on departmental committees; Provided academic advising to master's level students; Chair of Student Professional Development Committee (SPDC), Participated in curriculum development

Western Michigan University Kalamazoo, MI
Department of Interdisciplinary Health 2014 - 2015
Taught various undergraduate courses

Western Michigan University Kalamazoo, MI
Department of Specialty Program in Alcohol and Drug Abuse 2011 - 2015
Taught online and face to face sections

Western Michigan University Kalamazoo, MI
Department of Holistic Health Fall 2013
Relationship Centered Skills

Kalamazoo Valley Community College Kalamazoo, MI
Department of Psychology 2011 - 2014
Taught a variety of courses

Western Michigan University Kalamazoo, MI
Department of First Year Experience 2011 - 2012
First Year Seminar

Clinical Counseling Experience

Carrie Tremble, Ph.D., PLLC Gilbert, AZ
Private Practice Owner and Counselor 2016 - 2018

Provided high quality mental health and substance abuse counseling services to a diverse array of clients, including adolescents, young adults, college students, and older adults; Actively utilized the DSM in conjunction with client reported symptoms in order to provide appropriate counseling services based on clinical needs of the client; Actively engaged client in the process of treatment planning and goal setting, so as to foster a collaborative professional relationship and to encourage client investment in the counseling process; Completed discharge process with each client; Made recommendations for continuing care if needed; performed own medical billing; Actively marketed the practice to build client base; Balanced own business books

Child and Family Psychological Services Portage, MI
Mental Health and Substance Abuse Counselor 2012 - 2015

**Victory Clinical Services
Substance Abuse Counselor**

Kalamazoo, MI
2010 - 2011

Conducted intake and evaluation sessions with new clients; Held weekly or biweekly counseling sessions with a case load of 45 clients; Completed Medicare/ Medicaid authorizations as appropriate; Tracked and completed 60 day case evaluations for each client, in order to assist physicians in completing regular medical exams; Participated in individual and group supervision to increase clinical competency; Coordinated client care with other health professionals such as nurses, physicians, and physician assistants; maintained client case records in a secure computerized system (Methasoft).

**Western Michigan University Counseling Practicum
Center for Counseling and Psychological Services**

Kalamazoo, MI
2004, 2009-2010

Provided clinical supervision to master's level counselor trainees on a weekly basis to assess clinical competencies and provide appropriately tailored learning experiences; Conducted weekly counseling appointments with clients; Worked with clients from both the WMU and Kalamazoo communities; utilized Titanium to track client progress notes and Landro to digitally record and review client counseling sessions.

Publications

Tremble, C. (In progress). *Experiences of Counselors Who Counsel Clients Who Have Been Sexually Assaulted: A Phenomenological Study*

Grants

Principle Investigator, Creation and Implementation of a Certificate Program in Alcohol and Drug Counseling. Substance Abuse and Mental Health Services Administration (SAHMSA). Grant amount: \$200,000. Not funded.

Recipient of a \$1000 research grant (maximum amount awarded) from the Western Michigan University Graduate College, in recognition for and in order to provide financial support for dissertation research efforts.

Refereed Presentations at Professional Meetings

Tremble, C., Liker, N., Rhoades, C, & Nees, W. (2021). *The Emotional Effects of Serious Injury for Elite Athletes*. Paper to be presented at ACES Conference, Atlanta, GA, United States.

Tremble, C, Callahan, W, & Cameron, E. (2020). *Creation of a University Counseling Department Tele-mental Health Training Clinic*. WACES Conference, Tucson, AZ, United States. (Conference canceled)

Tremble, C., Liker, N., Rhoades, C, & Nees, W. (2020). *Mental Health Effects of Serious Injury in Elite Athletes*. WACES Conference, Tucson, AZ, United States. (Conference canceled)

Tremble, C. (2018). *Methadone Maintenance Therapy for the Treatment of Opioid Dependence*. Paper presented at the Western Association for Counselor Education and Supervision Conference. Santa Rosa, CA.

Tremble, C. (2013). *The Counselor Experience in Counseling Clients Who Have Been Sexually Assaulted*. Paper accepted for presentation at the National Association for Counselor

Education and Supervision Conference. Denver, CO.

Tremble, C. (2011). *Counseling Survivors of Sexual Assault: Challenges, Techniques, and Assessing Effectiveness*. Paper accepted for presentation at the National Association for Counselor Education and Supervision Conference. Nashville, TN.

Tremble, C. (2009). *Counseling Survivors of Sexual Assault - Best Practices*. Paper presented at the National Association for Counselor Education and Supervision Conference. San Diego, CA.

Professional College Student Affairs Experience

Yale University

New Haven, CT

Health Professions Advisory Program, Career Counselor

2007 - 2008

Actively helped students define career goals through one on one meetings and presentations; Provided counseling to students who were interested in applying to medical school; Engaged current applicants in mock interviews; Charged with being the office “expert” in counseling students who were interested in non- MD programs; Attended conferences to assist in networking with other health professions advisors and admissions deans so as to provide the most up to date information to students.

Miami University

Oxford, OH

First Year Advisor / Residence Hall Director

2005 - 2007

Provided supervision and guidance to one graduate student completing an advising practicum; Served as the hall director and primary academic advisor for a residence hall of 240 first year students; Utilized Banner Web and the Degree Audit Report system; Met with students who were having academic difficulties; Participated in multiple committees, including student staff selection, student staff training, the University eating disorders committee, and the university Sexual Assault Task Force; Organized and tracked the hall’s budget.

Doctoral Associate/ Graduate Assistant/ Internship Experience

Western Michigan University Doctoral Graduate Assistant

Kalamazoo, MI

Haworth College of Business, The Career Center

2011 - 2012

Met with students on an individual basis to provide career education; Facilitated the resume and cover letter creation and revision process with students; Was responsible for planning and executing large scale career events; Charged with evaluating office career resources and suggesting appropriate changes based on student and employer need; Involved in updating the undergraduate I-web folio; Co-taught UNIV 1020: Career Exploration.

Western Michigan University Doctoral Associate

Kalamazoo, MI

Department of Counselor Education and Counseling Psychology

2008 - 2010

Co-taught CECP 6040: Counseling Techniques in cooperation with a faculty member to facilitate the development of clinical counseling skills in master’s level students; Observed student counseling role plays and provided developmental feedback as appropriate; Assisted in the development of course lecture materials; Conversated with instructor of record regarding student progress; Served on the Counselor Education Training Committee; Actively participated in the doctoral and masters student admissions processes; coordinated doctoral admissions interview day in cooperation with the counselor education unit director; Participated in the development of new departmental print materials and handouts.

Western Michigan University Kalamazoo, MI
Graduate Assistant Hall Director 2003 - 2005

Functional supervision of 10 resident assistants; Advised hall council and oversaw the leadership development of the executive board and general assembly members; Supervised front desk, hall office, and fitness room operations; Coordinated hall programming efforts to create a strong community within the building; Participated in a weekly rotating on-call system to ensure campus safety; Helped teach the RA class for new staff members.

Western Michigan University Kalamazoo, MI
Academic Advisor Intern 2004 - 2005

Western Michigan University Kalamazoo, MI
Career and Student Employment Services Intern January - July 2005

Professional Affiliations

California Consortium for Addiction Professionals and Programs 2019-present
American Counseling Association 2009-present
Association for Counselor Education and Supervision 2009-present
American College Counseling Association 2011-present
Chi Sigma Iota 2006-present

Professional Service

Arizona Board for Certification of Addiction Counselors Board Member 2016 - 2018

Community Service

US Figure Skating Judge 2015 - present
Junior League of San Diego 2018 - present
Junior League of Phoenix 2016 - 2018