

**Jo Ellen Patterson, PhD.**  
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Poway, California 92064  
619.260.2273

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February, 2018

**EDUCATION:**

**Post Graduate—1995**

Department of Child and Adolescent Psychiatry  
**University of Oslo, Norway**

**Post Graduate—1981**

Family Social Science  
**Cambridge University, Cambridge, England**

**Doctor of Philosophy—1980**

Family and Child Studies  
**University of North Carolina, Greensboro, NC**

**Master of Education—1977**

Counseling  
**Wake Forest University, Winston Salem, NC**

**Bachelor of Science—1976**

Special Education  
**Baylor University, Waco, TX**

**PROFESSIONAL LICENSURE:**

California Marriage and Family Therapist License

MFT License #29682

**WORK EXPERIENCE:**

**Professor—University of San Diego, San Diego, CA**

**1988-Present**

- Marriage and Family Therapy Masters-level program
- Program Director (1988-1997)
  - Teach courses in marriage and family therapy
  - Supervise student therapists
  - Conduct research and perform community service

**Instructor—American University, Cairo, Egypt**

**1986-1988**

- Department of Psychology
- Taught multiple courses including: introductory psychology, family psychology, the psychology of women and the history of psychology

**Family Therapist— United States Embassy, Kinshasa, Zaire**

**1984-1986**

- Clinical work with American community including consultation with embassy medical unit and U.S.A.I.D.
- Conducted multiple mental health workshops

**Instructor—University of North Carolina, Charlotte, NC**

**1982-1984**

Department of Sociology

- Taught courses in marriage and family studies

**Instructor—Winthrop College, Rock Hill, SC**

**1982-1984**

Department of Psychology

- Taught courses in developmental psychology, child development and introductory psychology

## **PUBLICATIONS:**

### **Books:**

Patterson, J., Griffith, J. & Edwards, T. (in press). *The therapist's guide to psychopharmacology: Working with patients, families, and physicians to optimize care (3rd ed.)*. New York, NY: Guilford Press.

Patterson, J., Williams, L., Edwards, T., Grauf-Grounds, C., & Chamow, L. (2018). *Essential skills in family therapy: From the first interview to termination (3rd ed.)*. New York, NY: Guilford Press. (Translated into Chinese, Korean, and Japanese)

Williams, L., Patterson, J., & Edwards, T. (2014). *The clinician's guide to research methods in family therapy: Foundations of evidence-based practice*. New York, NY: Guilford Press.

Williams, L., Edwards, T., Patterson, J., & Chamow, L. (2011). *Essential assessment skills for couple and family therapists*. New York, NY: Guilford Press.

Patterson, J., Albalá, A., McCahill, M., & Edwards, T. (2009). *The therapist's guide to psychopharmacology: Working with patients, families, and physicians to optimize care (Rev ed.)*. New York, NY: Guilford Press. (Translated into Portuguese)

Patterson J., Bischoff, R., Peek, C. J., Heinrich, R., & Scherger, J. (2002). *Mental health professionals in medical settings: A primer for the general practice of mental health care*. New York, NY: W.W. Norton.

### **Journal Articles:**

Patterson, J., Edwards, T., & Vakili, S. (2018). Global mental health: A call for increased awareness and action in marriage and family therapy. *Family Process*.  
<https://doi.org/10.1111/famp.12281>

Patterson, J., & Edwards, T. (2018). An introduction to global mental health. *Families, Systems, and Health*, 36 (2), 137-144.

Patterson, J., Abu-Hassan, H., Vakili, S., & King, A. (2018). Family focused care for refugees and displaced populations: Global opportunities for family therapists. *Journal of Marital and Family Therapy*, 44 (2), 193-205.

Sudano, L., Patterson, J., & Lister, Z. (2015). Training for teamwork: A case study. *Families, Systems, & Health*, 33(3), 262-269. doi:10.1037/fsh0000152

- Patterson, J., & Vakili, S. (2014). Relationships, environment, and the brain: How emerging research is changing what we know about the impact of families on human development. *Family Process*, 53(1), 22-32.
- Williams, L. M., Patterson, J., & Johnson, E. (2013). The appropriate use and misuse of social media in MFT training programs: Problems and prevention. *Contemporary Family Therapy*, 35, 698-712.
- Patterson, J., & Edwards, T. (2013). Collaborating with families in the care of elderly patients. *A Global Mental Health Education Campaign of the World Federation for Mental Health*, 49-51.
- Edwards, T., & Patterson, J. (2012). The daily events and emotions of family therapy trainees in off-campus practicum settings. *Journal of Marital and Family Therapy*, 38(4), 688-696.
- Sieber, W. J., Miller, B. F., Kessler, R. S., Patterson, J., Kallenberg, G. A., Edwards, T. M., & Lister, Z. D. (2012). Establishing the Collaborative Care Research Network (CCRN): A description of initial participating sites. *Families, Systems, & Health*, 30(3), 210-223.
- Edwards, T., Patterson, J., Vakili, S., & Scherger, J. (2012). Healthcare policy in the United States: A primer for medical family therapists. *Contemporary Family Therapy: An International Journal*, 34(2), 217-227.
- Blatt, B., Kallenberg, G., Lang, F., Mahoney, P., Patterson, J., & Shaobang, S. (2009). Found in translation: Exporting patient-centered communication skills to China. *Medical Education*, 14, 252-265.
- Bischoff, R., Hollist, C., Patterson, J., Williams, L., Prest, L., & Barkdull, M. (2008). Providers' perspectives on troublesome overusers of medical services. *Families, Systems, & Health*, 25(4), 392-403.
- Burgess Manning, J., & Patterson, J. (2007). Bridging two worlds together – A collaborative interview with Jo Ellen Patterson. *Australia New Zealand Journal of Family Therapy*, 28(1), 38-43.
- Williams, L.M., Patterson, J., & Miller, R. B. (2006). Panning for gold: A clinician's guide to using research. *Journal of Marital and Family Therapy*, 32(1), 17-32.
- Edwards, T., & Patterson, J. (2006). Supervising family therapy trainees in primary care medical settings: Context matters. *Journal of Marital and Family Therapy*, 32(1), 33-43.
- Patterson, J., Miller, R., Carnes, S., & Wilson, S. (2004). Evidence-based therapies for marriage and family therapists. *Journal of Marital and Family Therapy*, 30(2), 183-195.
- Edwards, T., & Patterson, J. (2003). A 'golden girl' tarnished: Amplifying one patient's (& family's) voice through collaborative care in a family medicine setting. *Journal of Feminist Family Therapy*, 15(2/3), 75-88.
- Sieber, W. J., Kallenberg, G., McColley, N., McQuaid, J., Patterson, J., Wu, J., & Edwards, T. (2003). Informing the implementation of a collaborative care model in a culturally diverse primary care clinic system. *Annals of Behavioral Medicine*, 25(suppl.), 49.

- Patterson, J. (2002). Learning from the pioneers of collaborative care. *Families, Systems & Health, 20*(4), 375-378.
- Patterson, J. (2001). Training: The missing link in creating collaborative care. *Families, Systems, & Health, 19*(1), 53-58.
- Edwards, T., & Patterson, J. (2001). The Sharp Behavioral Health Clinic. *Families, Systems, & Health, 19*(1), 25-35.
- Patterson, J., Hayworth, M., & Turner, C. (2000). The family therapists guide to spirituality. *Journal of Marital and Family Therapy, 26*, 198-209.
- Patterson, J., McIntosh-Koontz, L., Baron, M., & Bischoff, R. (1997). Curriculum changes to meet challenges: Preparing MFT students for managed care settings. *Journal of Marital and Family Therapy, 23*(4), 445-459.
- Riley, P., Sargent, G., Hartwell, S., & Patterson, J. (1997). Beyond law and ethics: An interdisciplinary course in family law and family therapy. *Journal of Marital and Family Therapy, 23*(4), 461-476.
- Patterson, J., Denton, W., & Stille, E. (1997). Teaching about major mental illness in marriage and family therapy programs: Current practices and attitudes. *Journal of Marital and Family Therapy, 23*, 81-86.
- Patterson, J., Bischoff, R., Scherger, J., & Grounds, C. (1996). University family therapy training and a family medicine residency in a managed care setting. *Families, Systems, & Health, 14*, 5-16.
- Patterson, J., & Stille, E. (1996). Using patient narratives to teach psychopathology: Ideas and resources. *Journal of Marital and Family Therapy, 22*, 59-68.
- Patterson, J., & Scherger, J. (1995). A critique of health care reform in the United States: Implications for training and practice in marriage and family therapy. *Journal of Marital and Family Therapy, 21*, 127-135.
- Patterson, J., & Magulac, M. (1994). Pharmacology for family therapists. *Journal of Marital and Family Therapy, 20*, 151-171.
- Utesch, W., & Patterson, J. (1991). Pulling it all together: Meeting varying training requirements on national, state, and university levels for marriage and family therapy education. *Contemporary Family Therapy, 13*(4), 371-380.
- Patterson, J., & Utesch, W. (1991). Personal therapy for family therapy graduate students. *Contemporary Family Therapy, 13*(4), 333-343.
- Patterson, J., & Spees, D. (1988). Considering the options: A multilevel systemic approach to helping somatizing patients. *Family Systems Medicine, 6*(4), 411-420.

Patterson, J., & Baker, L. (1986). The first to know: A systemic analysis of confidentiality and the physician's family. *Family Systems Medicine*, 4(1), 72-77.

**Book Chapters:**

Edwards, T., Dowell, T., Clarke, D., Gangolli, V., & Patterson, J. (2018). Psychological interventions in older adults. In G. Ivbijaro & C.A. de Mendonca Lima (Eds.), *Primary care mental health in older persons: A global perspective*. New York, NY: Springer.

Edwards, T., Williams, L., Speice, J., & Patterson, J. (in press) Multilevel assessment: In K. Wampler, R. Miller, L. McWey & A. Blow (Eds.) *Handbook of systemic family therapy*. Hoboken, NJ: Wiley.

Edwards, T. M., Patterson, J., Bischoff, R., Springer, P., & Abu-Hassan, H. (2018). The role of families in collaborative and integrated care. In G. Ivbijaro (Ed.), *Companion to integrated care: Mental health and co-morbidity*. New York, NY: Springer.

Patterson, J., Edwards, T., Vakili, S., & Abu-Hassan, H. (in press). Family based mental health services in low and middle income countries. In K. Wampler, R. Miller, L. McWey, & A. Blow (Eds.), *Handbook of systemic family therapy*. Hoboken, NJ: Wiley.

Patterson, J., Edwards, T., Griffith, J., & Lee, G. (2017). Global mental health with couples and families. In J. Lebow, A. Chambers, & D. Breunlin (Eds.), *Encyclopedia of couple and family therapy*. Evanston, IL: Springer.

Wampler, K., & Patterson, J. (in press). The profession of couple, marital and family therapy (CMFT): Defining ourselves and moving forward. In K. Wampler, R. Miller, L. McWey, & A. Blow (Eds.), *Handbook of systemic family therapy*. Hoboken, NJ: Wiley.

Patterson, J., Edwards, T., & Griffith, J. (2017). Neurobiology in couples and families. In J. Lebow, A. Chambers, & D. Breunlin (Eds.), *Encyclopedia of couple and family therapy*. Evanston, IL: Springer.

Edwards, T., Bischoff, R., & Patterson, J. (2016). Contributions of Jo Ellen Patterson, Ph.D. to couples and family therapy. In J. Lebow, A. Chambers, & D. Breunlin (Eds.), *Encyclopedia of couple and family therapy*. Evanston, IL: Springer.

Edwards, T., Patterson, J., & Williams, L. (2015). Evidence based practice for family therapists. In J. Carlson & S. Dermer (Eds.), *The Sage Encyclopedia of marriage, family and couples counseling*. New York, NY: Sage Press.

Edwards, T., Patterson, J., Scherger, J., & Vakili, S. (2014). Policy and practice: A primer on the past, present, and future of healthcare reform in the United States. In J. Hodgson, A. Lamson, T. Mendenhall, & R. Crane (Eds.), *Medical family therapy: Advanced applications*. New York, NY: Springer.

Patterson, J., Scherger, J., & Smith, A. (2009). Preventive medicine and primary care. In J. Suls, J. Davidson, & R. Kaplan (Eds.), *Handbook of health psychology*. New York, NY: Guilford Press.

- D'Urso, S., Reynaga, S., & Patterson, J. (2008). The emotional experience of immigration for couples. In V. Thomas, & M. Rastogi (Eds.), *Couples therapy with ethnic minorities*. New York, NY: Sage Press.
- Patterson, J., D'Urso, S., Kallenberg, G. A., & Edwards, T. (2006). Collaborative care for a Hispanic family. In R. Kessler (Ed.), *Collaborative medicine case studies: Evidence in practice*. New York, NY: Springer.
- Edwards, T. M. & Patterson, J. A. (2005). A golden girl tarnished: Amplifying one patient's voice through collaborative care in a family medicine setting. In A. Prouty (Ed.), *Feminist perspectives on medical family therapy*. New York, NY: Howorth Press.
- Sieber, W. J., Edwards, T. M., Kallenberg, G. A., & Patterson, J. (2005). Partnering with families to improve health: Maximizing the family-practitioner relationship. In D.R. Crane, & E.S. Marshall (Eds.), *Handbook of families and health: Interdisciplinary perspectives*. Thousand Oaks, CA: Sage Publications.
- Patterson, J., Edwards, T. M., & Carnes, S. (2005). Assessment, diagnoses and treatment planning. In R. H. Coombs (Ed.), *Family therapy review: Preparing for comprehensive and licensing exams*. Mahwah, NJ: Lawrence Erlbaum Associates, Publishers.
- Patterson, J., Bischoff, R., & McIntosh-Koontz, L. (1998). Training therapists to work in primary care. In A. Blount (Ed.), *Integrated primary care: The future of medical and mental health collaboration*. New York, NY: W.W. Norton.
- Salomon, V., Rohrbaugh, M., & Patterson, J. (1995). Problem and solution-focused couples therapies. In N. S. Jacobson, & A. S. Gurman (Eds.), *Clinical handbook of marital therapy*. New York, NY: Guilford Press.
- Patterson, J. (1992). A birth gone awry - The shared experience of illness. In S. H. McDaniel, J. Hepworth, & B. Doherty (Eds.), *Medical family therapy: A biopsychosocial approach to families with health problems*. New York, NY: Guilford Press.
- Patterson, J. (1991). Introduction to family therapy. In D. E. Greydanus, & M. L. Wolraich (Eds.), *Behavioral pediatrics*. New York, NY: Springer.

### **Non Refereed Articles**

- Jaurequi, M., & Patterson, J. (September/October 2015). More than an observer: The family therapist and psychotropic medication. *Family Therapy Magazine*, 44-47.
- Williams, L., Patterson, J., & Edwards, T. (2014). Attitudes, skills, and knowledge: The ingredients to becoming a research-informed clinician. *Family Therapy*, 13(5), 24-27.
- Eggen, A., McSpadden, K., Patterson, J. (2011). HIPAA and psychotherapists working in collaborative care. *Family Therapy Magazine*, 10(4), 28-30.
- Edwards, T., Patterson, J., Lee, W., Beh, A., & Mill, E. (2011). East meets west: An international family therapy education partnership. *Family Therapy Magazine*, 10(5), 28-31.
- Patterson, J., & Reitz, R. (2011). Power and medical family therapy. *Family Therapy Magazine*, 10(6), 22-26.

### **Manuscripts in Process**

Patterson, J., Griffith, J., & Edwards, T. (Eds.). Call for papers: Special issue on global mental health. *Families Systems and Health* (Manuscript in preparation).

Patterson, J. The impact of brain science and genomics on therapists' understanding of mental health causes and cures.

### **PRESENTATIONS:**

Patterson, J., Edwards, T., Griffith, J., & Abu-Hasan, H. (2018, October). *Promoting mental health in Jordan: Challenges and opportunities*. Workshop presented at the Western Association of Cultural Psychiatry, New York, New York.

Patterson, J., & Edwards, T. (2017, October). *Collaborative care: The essentials*. Workshop presented at the 2nd Global Mental Health Conference, Amman, Jordan.

Patterson, J. (2017, October). *Reorganizing mental health services: Collaborative care as one option*. Presentation at the 2nd Global Mental Health Conference, Amman, Jordan.

Patterson, J., & Edwards, T. (2017, May). *Developing collaborative care in a Jordanian family medicine residency*. Poster at the Society of Teachers of Family Medicine Annual Meeting, San Diego, California.

Patterson, J. (2016, October). *Why global mental health matters to family therapists and family physicians*. Presentation to the Board of Editors for *Families, Systems & Health* at the Collaborative Family Healthcare Association Meeting, Charlotte, North Carolina.

Patterson, J., & Edwards, T. (2016, April). *Reorganizing mental health services: Primary care platforms and community platforms*. Presentation at the Jordan University of Science and Technology School of Medicine, Irbid, Jordan.

Edwards, T., & Patterson, J. (2016, April). *Evidence based practice in the real world*. Presentation at the Jordan University of Science and Technology School of Medicine, Irbid, Jordan.

Patterson, J. (2015, March). *What could family therapy add to the global mental health movement?* Presentation at the George Washington University Psychiatry Grand Rounds, Washington, D.C.

Patterson, J. (2015, November). *Developing mental health services in Jordan*. Presentation at the 8th Leadership in Mental Health Course (LMH 2015), Goa, India.

Patterson, J., & Edwards, T. (2014, September). *Psychosocial needs of refugees*. Presentation at Catholic Charities Refugee Services, San Diego, California.

Edwards, T., Patterson, J., & Spees, D. (2015, April). *Family therapy in family practice:*

- Essential Skills*. Workshop at the International Mental Health Congress, Lille, France.
- Patterson, J., & Edwards, T. M. (2015, April). *Families coping with chronic illness: A biopsychosocial, systems approach*. Lecture given to faculty at Sigmund Freud University, Vienna, Austria.
- Edwards, T. M., & Patterson, J. (2015, March). *Family therapy in primary care*. Plenary at the Slovenian Association of Marriage and Family Therapists, Ljubljana, Slovenia.
- Patterson, J., & Edwards, T. M. (2015, March). *Evidence-based practice in family therapy*. Workshop at the Slovenian Association of Marriage and Family Therapists, Ljubljana, Slovenia.
- Patterson, J., Lister, Z., Edwards, T., Scherger, J., Shahtaji, A., Slater, D., Sieber, W. J., & Folsom, D. (2014, May). *Family therapy and collaborative care*. Plenary at the California Association of Marriage and Family Therapists (CAMFT) Annual Conference, Indian Wells, CA.
- Williams, L., Patterson, J., & Edwards, T. (2014, May). *Evidence-based Skills: The 5 A's*. Workshop at the California Association of Marriage and Family Therapists conference, Indian Wells, CA.
- Edwards, T., & Patterson, J. (2014, March). *Research trends in family therapy*. Presentation at the Australia and New Zealand Family Therapy Conference, Auckland, New Zealand.
- Patterson, J. (2014, July). *An introduction to integrating mental health services into primary care*. Week long training in the Department of Family Medicine at the Jordan University of Science and Technology, Irbid, Jordan.
- Patterson, J. (2014, July). *An introduction to integrating mental health services into primary care*. Workshop for United Nations Relief and Works Association for the Palestinians, Amman, Jordan.
- Patterson, J., & Williams, L. (2014, March). *Evidence-based Practice for Clinicians in Five Easy Steps*. Workshop at the Texas Association of Marriage and Family Therapy conference, Houston, TX.
- Patterson, J., Spees, D., & Khasawneh, A. (2014, September). *Introducing collaborative care to a family medicine residency in Jordan*. Presentation at the American Academy of Family Physicians' Global Health Workshop, San Diego, CA.
- Patterson, J. (2014, November). *Primary care providers' attitudes regarding mental health in the United States and Jordan*. Presentation for the Division of Global Health at the University of California San Diego, San Diego, CA.
- Patterson, J., & Spees, D. (2013, March). *Mental health screening in primary care*. Poster at The Royal College of General Practitioners Conference, London, England.

- Patterson, J., Kallenberg, R., & Searles, C. (2010, October). *Orientation to collaborative care for physicians*. Half-day pre-conference course presented at the Collaborative Family Healthcare Association (CFHA), Louisville, KY.
- Patterson, J. (2010, November). *Patient/family centered practices in collaborative care*. Workshop presented at the Academy of Family-Oriented Healthcare, Tokyo, Japan.
- Patterson, J. (2010, November). *Supervision issues in Asia and the world*. Presentation at the 2nd meeting of the Consortium of Institutes on Family in Asia (CIFA) at the University of Tokyo, Tokyo, Japan.
- Patterson, J. (2008, January). *AAMFT Thirty-six hour approved supervisor course*. Four day course presented at the 1st meeting of the Consortium of Institutes on Family in Asia (CIFA) at the University of Hong Kong, Hong Kong.
- Patterson, J., & Edwards, T. (2007, October). *Integrated care in pediatrics, family medicine, and reproductive medicine*. Presentation at the Collaborative Family Healthcare Association Annual Meeting, Asheville, NC.
- Patterson, J., Kallenberg, G., Blatt, J., & Lang, F. (2006, August). *Four day workshop on doctor-patient communication skills*. Training sponsored by the Chinese Medical Doctors' Association, Beijing, China.
- Smith, M., Kallenberg, G., & Patterson, J. (2005, October). *Joint training of primary care physicians and mental health professionals: 3 residency programs*. Paper presented at the annual conference of Collaborative Family Healthcare Association, Seattle, WA.
- Sarkin, A., Seiber, W., Santoso, J., Harvey, J., Jordal, C., Patterson, J., & Kallenberg, G. (2005, April). *Gender, age and cohabitation moderate the relationship between mobility and depressive symptoms*. Poster presented at the annual conference of the Society of Behavioral Medicine (SBM), Boston, MA.
- Patterson, J. (2004, March). *Integrating mental health into primary care*. Poster presentation at the annual conference of the Society of Behavioral Medicine (SBM), Baltimore, MD.
- Jakubowski, S. F., Edwards, T. M., Christensen, J. D., Patterson, J., & McArthur, H. (2003, October). *Physicians' referral to mental health: A descriptive study*. Poster presented at the annual conference of the American Association of Marital and Family Therapy (AAMFT), Long Beach, CA.
- Sieber, W. J., Kallenberg, G., McColley, N., McQuaid, J., Patterson, J., Wu, J., & Edwards, T. (2003, April). *Informing the implementation of a collaborative care model in a culturally diverse primary care clinic system*. Poster presented at the annual conference of the Society of Behavioral Medicine (SBM), Salt Lake City, UT.
- Patterson, J., Edwards, T., & Wilson, S. (2002, March). *What kind of patients do physicians refer to mental health services?* Paper presented at the Conference on Families & Health, The Society of Teachers of Family Medicine, San Diego, CA.

- Patterson, J. (2001, October). *Evidence-based therapies in marriage and family therapy*. Paper presented at the annual meeting of the American Association of Marital and Family Therapy (AAMFT), Nashville, TN.
- Edwards, T., & Patterson, J. (2000, March). *The Sharp Behavioral Health Clinic*. Paper presented at meeting of the Society of Teachers of Family Medicine Family Meeting, San Diego, CA.
- Patterson, J., Hayworth, M., Edwards, T., Raskin, M., & Lee, B. (2000, October). *Spiritual issues in family medicine*. Paper presented at the annual meeting of the American Association of Marital and Family Therapy (AAMFT), Denver, CO.
- Patterson, J., Edwards, T., Carne, R., & Bischoff, R. (2000). *Collaborative mental health care in primary care setting*. Paper presented at the American Association of Marital and Family Therapy (AAMFT) Research Conference, Reno, NV.
- Patterson, J., Edwards, T., & Grauf-Grounds, C. (2000). *Psychiatry, MFT & family medicine collaboration: The Sharp model*. Paper presented at the 4th Annual Collaborative Family Healthcare Association Conference, Bethesda, MD.
- Patterson, J. (1999). *Obstacles to integrating mental health into primary care*. Paper presented at the annual meeting of the Society of Teachers of Family Medicine, Kiawah Island, SC.
- Patterson, J. (1997). *Families in health care systems: Opportunities and constraints*. Paper presentation at the Prague Seminar on the family: Cross cultural perspectives on strengthening families, Prague, Czech Republic.
- Patterson, J. (1997). *Clients on psychotropic drugs: Case consultation*. Paper presented at the annual meeting of the American Association of Marital and Family Therapy (AAMFT), Atlanta, GA.
- Patterson, J., & Barton, M. (1997). *Family interaction, mental health and quality of life*. Poster presentation at the annual meeting of the American Association of Marital and Family Therapy (AAMFT), Atlanta, GA.
- Patterson, J., & Scherger, J. (1997). *Collaborative care by family physicians and family therapists in a managed care setting*. Plenary Presentation at the Collaborative Family Healthcare Conference. National Institute of Health, Washington, D.C.
- Patterson, J. (1996). *Family therapy in managed care*. Paper presentation at the Society of Teachers of Family Medicine (STFM) Family Focus Meeting, Amelia Island, FL.
- Patterson, J., & Scherger, J. (1995). *Physician-therapist collaboration: A model for managed care*. Paper presentation at annual Collaborative Family Healthcare Conference, Washington, D.C.
- Patterson, J. (1994). *Training family therapists in assessment*. Chair and moderator of Education and Training Council Workshop at the annual meeting of the American Association for Marriage and Family Therapy (AAMFT), Chicago, IL.

Patterson, J., & Scherger, J. (1994). *Training for clinical collaboration*. Paper presentation at Wingspread Collaborative Family Healthcare Conference, Racine, WI.

Patterson, J. (1993). *Training family therapists to treat major mental illness*. Chair and moderator of Education and Training Council Workshop at the annual meeting of the American Association of Marital and Family Therapy (AAMFT), Anaheim, CA.

Patterson, J. (1993). *Client stories and psychopathology: A teaching model*. Paper presentation at the annual meeting of the American Association of Marital and Family Therapy (AAMFT), Anaheim, CA.

Patterson, J., & Magulac, M. (1993). *The family therapist's guide to psychopharmacology*. Paper presentation at the annual meeting of the American Association of Marital and Family Therapy (AAMFT), Anaheim, CA.

### **SELECTED PROFESSIONAL EXPERIENCES:**

**Voluntary Clinical Associate Professor, Depts. of Psychiatry and Family Medicine, University of California at San Diego (UCSD) School of Medicine** **2006-Present**

Develop programs within the UCSD Departments of Family Medicine and Psychiatry to do joint training with marital and family therapy student interns and medical residents in residency clinics

**Voluntary Associate Clinical Professor, Department of Family and Preventative Medicine, Division of Global Health** **2013- Present**

**University of California, San Diego (UCSD)** Develop joint study abroad program to Jordan and develop clinical programs for immigrants and refugee populations in San Diego

**Instructor, University of San Diego (USD) School of Nursing, Teach Foundations of Practice with Families in Psychiatric Nurse Practitioner Program** **2012-2013**

**Study Abroad Instructor for University of San Diego: Hong Kong, Turkey, Ireland, United Kingdom, Jordan, Slovenia, Austria & Portugal** **2009-Present**

**Volunteer Behavioral Supervisor, UCSD Dept. of Pediatrics and Present** **2003-**  
Dept. of Reproductive Medicine

### **Journal Work**

**Guest Editor for special edition on global mental health for *Families, Systems And Health*** **2017-2018**

**Advisory Editor, *American Journal of Family Therapy*** **2015-Present**

**Advisory Editor, *Journal of Marital and Family Therapy*** **2000-2017**

**Advisory Editor, *Families, Systems and Health*** **1996-Present**

**Advisory Editor, *Journal of Family Psychotherapy*** **2016-Present**

**Ad hoc Reviewer, *Health Psychology*** **2009-Present**

**Guest Reviewer, *Annals of Behavioral Medicine*** **2004-Present**

**Guest Reviewer, *Family Process*** 2016-Present  
**Guest Reviewer, *Contemporary Family Therapy*** 2012

**Professional Organizations Responsibilities**

**Member, Board of Directors,**  
Collaborative Family Healthcare Association (CFHA) 2006-2010  
**Webpage editor for CFHA website** 2009  
**Task Force Member,** American Association for Marriage and  
Family Therapy (AAMFT) Strategic Planning Task Force 2009  
**Chair,** AAMFT Standards Committee 2000-2001  
**Moderator,** AAMFT Research Conferences 1999-2000  
**Conference Proposal Reviewer,** AAMFT 1997-2000  
**Conference Proposal Reviewer,** Society of Behavioral Medicine (SBM) 2004-2009

**2016 Wingspread Award** given by the Collaborative Family Healthcare Association for cumulative contributions to building a model collaborative care program at UCSD School of Medicine

**Fulbright Awards**

**Senior Scholar,** Fulbright Award, University of Hong Kong, 2008  
Hong Kong  
**Senior Scholar,** Fulbright Award, Victoria University of Otago, 2003  
Wellington, New Zealand  
**Senior Scholar,** Fulbright Award, University of Oslo, Dept. of Psychiatry 1995  
Oslo, Norway

**Additional Responsibilities**

**Book Proposal Reviewer** for Guilford Press 1998-Present  
**Book Proposal Reviewer** for Routledge Press 2012  
**Behavioral Science Faculty, Sharp Healthcare/Metro Family Clinic** 1993-2001  
Develop medical and family therapy teaching, research, and clinical services.

**EXTERNAL FUNDING:**

Suarez, Jose. Espina 19 R01 NIH Grant Application. CO-PI on this large grant and helped write some of the narrative in cooperation with USD's Grants and Contracts Office. We will find out if the grant is funded in February, 2018.

\$40,000 awarded from the Mason Hirst Foundation, Herndon, Virginia. For research, clinical services and training on predictors of postpartum depression at UCSD Department of Reproductive Medicine. (2008 and renewed in 2009).

\$48,000 awarded from US Department of Health and Human Services Grant for Collaborative Care, Health Resources, and Service Administration Project in Department of Pediatrics UCSD Department of Pediatrics (2008 - 2011).

\$42,000 awarded from US Department of Health and Human Services Grant for Collaborative Care, Health Resources, and Service Administration Project in Department of Pediatrics UCSD Department of Pediatrics (2004 - 2007).

Over \$37,000 awarded from Academic Initiatives and Academic Strategic Priorities (USD) for Pediatrics Project and Reproductive Medicine Project (2004 - 2007).