March 18, 2016

SUBJ: MUMPS UPDATE

Dear Students,

Thank you to those who have received your MMR booster at the vaccine clinics in the University Center on Tuesday and Thursday or at the SHC. Nearly 2,000 University of San Diego community members took advantage of our convenient clinics and received another dose of the MMR vaccine. If you are a student, faculty or staff but were unable to stop by the vaccine clinic, you can still visit the Student Health Center for a free MMR vaccine (until the State provided vaccine is depleted). Please check the website for hours during Spring Break.

Whether your Spring Break plans include traveling elsewhere or remaining in San Diego, we want you to remain vigilant. The incubation period for mumps is usually between 16-18 days after infection but can range from 12 – 25 days after infection. Therefore, anyone who was exposed to the virus by one of our four most recent cases may not develop the disease until as late as April 10. If you do not know what signs to look for, visit the Student Health Center website which provides useful information as well as guidance on what to do if you become ill. If you develop symptoms or are diagnosed with mumps, you must notify the SHC, regardless where you may be.

From the moment the vaccine clinic opened, staff from the County Health Department remarked at how cooperative our students were and how well organized our volunteers were. I would personally like to thank each of you for your assistance and cooperation.

Enjoy your break.

Sincerely,

Pamela Sikes, MS, FNP-BC

Director, Student Health Center

University of San Diego