

Tamara Ho, Ph.D.,

Senior Staff Psychologist

I received my Ph.D. in Counseling Psychology from the University of Wisconsin-Madison in 2005. I am drawn to working with clients from an integrative orientation, incorporating interpersonal, cognitive-behavioral, and multicultural perspectives. My primary areas of interest include working with students with minority identities and experiences, anxiety and depression, ADHD and learning disabilities. In addition, I have a special interest in Asian American mental health. In addition to counseling and psychology, I enjoy spending time with family and friends, taking long walks on the beach, wandering through flea markets and farmer markets, and collecting old pottery and dishware.

Selected Publications and Presentations:

Gloria, A. M., & Ho, T. A. (2003). Environmental, social, and psychological experiences of Asian American undergraduates: Examining issues of academic persistence. *Journal of Counseling and Development, 81*, 93-105.

Hird, J. S., Cavalieri, C., Delko, J. P., Felice, A. D., & Ho, T. A. (2002). Visions and realities: Supervisee perspectives on multicultural supervision. *Journal of Multicultural Counseling and Development, 81*, 93-105.

Ho, T. A., & Gloria, A. M. (2005, August). Understanding racial and ethnic salience in Asian Americans. Paper presented at the 113th Annual Convention of the American Psychological Association, Washington, DC.

