

Maren Wolfe, Ph.D.

Title: Staff Psychologist

Licenses: Currently engaged in licensure process

Degrees:

M.A.

Combined Counseling/Clinical/School Psychology, University of California, Santa Barbara, 2000

Ph.D.

Combined Counseling/Clinical/School Psychology, University of California, Santa Barbara, 2005

Theoretical Orientation:

I take an integrative, client-specific approach to therapy. My work is grounded in interpersonal theory and integrates cognitive behavioral and solution-focused techniques. I value the unique backgrounds and life experiences of my clients.

Areas of Interest:

My primary interest is in cultural adjustment, especially adjustment related to immigration, travel and reverse culture shock. I am also very interested in wellness through mindfulness, short-term counseling, and supervision. Clinical issues I especially enjoy include enhancing coping skills, stress management, assertiveness, college student substance use, and relationship concerns.

Selected Publications:

Hong, S., Kim, B. S. K., & Wolfe, M. M. (2004). A psychometric revision of the European American Values Scale for Asian Americans using the Rasch model. Measurement and Evaluation in Counseling and Development, 37, 15-27

Cosden, M., Ellens, J. K., Schnell, J., Yamini-Diouf, Y., and Wolfe, M. (2004). Evaluation of a Mental Health Treatment Court with Assertive Community Treatment. Behavioral Sciences & the Law, 21, 415-427.

Wolfe, M. M., Yang, P. H., Wong, E. C., & Atkinson, D. R. (2001). Design and Development of the European American Values Scale for Asian Americans. Cultural Diversity & Ethnic Minority Psychology, 7, 274-283.

Kim, B. S. K., Yang, P. H., Atkinson, D. R., & Wolfe, M. M. (2001). Cultural value similarities and differences among Asian American ethnic groups. Cultural Diversity & Ethnic Minority Psychology, 7, 343-361.

Selected Presentations:

Cosden, M., Ellens, J. K., Schnell, J. Yamini-Diouf, Y., and Wolfe, M., 2002. Outcomes for mentally ill offenders in the MIOCR project. Presented as part of a symposium, Improving treatments for mentally ill offenders in county jails: Issues and outcomes. GAINS conference, San Francisco, CA.

Schnell, Ellens, Wolfe & Cosden, 2002. “Does Social Support Predict Treatment Outcomes for Mentally Ill Offenders?” Poster presentation at the 110th Annual APA Convention. Chicago, IL.

Wolfe, Cosden & Casas, 2000. “Impact of Restorative Justice Mediation on Juvenile Offenders.” Poster presentation at the 108th Annual APA Convention, Washington DC.