

Join Us
University of San Diego
School of Leadership and Education Sciences
October 27, 2018

Saturday Morning Seminars

A 2018 THREE-PART SERIES: SEPTEMBER, OCTOBER, AND DECEMBER

Presented by
Character Education Resource Center



IMAGE SOURCE: <https://www.sandiego.edu/soles/about/>

Students: \$10/Seminar: Register at character@sandiego.edu

Others: \$25/Seminar: Register at [Eventbrite.com](https://www.eventbrite.com)
<https://www.eventbrite.com/e/saturday-morning-seminars-tickets-49117379404>

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Program Outline:

8:30 am: Welcome

8:35 am - 9:50 am: General Session, SOLES Warren Hall

Presenter: **Patricia Meacham, MBA**

“Emotional Resiliency - Cultivating Educator’s Energy and Joyfulness”

Breakout Sessions:

10:00 am - 10:50 am: SOLES Classroom 131

Presenter: **Ricardo Medina, Ph.D.**

“Transformative Relationships”

11:00 am – 11:50 am: SOLES Classroom 131

Presenter: **Lorri Sulpizio, Ph.D. & Ashley Adams, MSRE**

“Cultivate Conscious Kids”

12:00 pm – 12:15 pm: Closing and Ten Books Give-Away, SOLES Warren Hall

Program Details:

A [2011 meta-analysis looking at](#) over 270,000 students, for example, found that students who participated in a Social Emotional Learning (SEL) program showed academic gains of more than 11 percentile points over those who had not participated. And a [2015 study](#) between economists and Teachers College revealed an \$11 long-term economic gain for every \$1 spent on a rigorous SEL program.



Discussions and Activities Facilitator: Patricia Meacham, MBA

“Emotional Resiliency - Cultivating Educator’s Energy and Joyfulness - An interactive session to cultivate the habits of resiliency and wellbeing.”

Patricia (Paty) is a staff member of the USD Character Education Resource Center (CERC) team. Paty began her teaching career as middle and high school math, economics, and business foundations educator. 2018 marks her sixth year serving as an adjunct instructor for USD SOLES, Department of Learning and Teaching and course facilitator for USD's Department of Professional Continuing Education (PCE). 2018 marks her first year serving as adjunct faculty at Rutgers University in the Department of Psychology where she teaches the Social Emotional Character Development (SECD) practicum courses. Her work with K-12 schools includes acting as SECD onsite coach for faculty and parents. One of her current projects consists of the development of the USD PCE course, EDU-X7970, **“Empathy Matters: A Core Skill for K-12 and Beyond”** launching online January 2019.

Breakout Sessions I



Ricardo Medina, Ph.D. Professor of Practice, Department of Learning & Teaching

“Transformative Relationships”

In my two decades as an educator, I have had the opportunity to teach at all levels of education, while taking on numerous roles including classroom teacher, dean of students, restorative practices facilitator, and student advocate. For the majority of my career, I have worked with adolescent students creating and facilitating rich classroom experiences rooted in social justice, deep relationships, and culturally relevant frameworks. Much of my current research, connected to the field of character education, work to build ideological clarity and praxis among educators so that they are able to create spaces rich in engagement, powerful relationships, and cultural proficiency.

Breakout Session II



Lorri Sulpizio, Ph.D., Executive Director & Ashley Adams, MSRE, Associate Director of Conscious Kids Program, Senior Consultant, Community Outreach & Recruitment Manager for the Master of Science in Real Estate program at USD, SOLES Conscious Leadership Academy

“Cultivate Conscious Kids”

Ashley Adams: Originally from Los Angeles County, Ashley now serves in a full-time capacity as the community outreach and Masters in Real Estate recruitment manager for the Burnham-Moores Center for Real Estate within the University of San Diego School of Business. While pursuing her Master's in Leadership Studies at USD, she played an integral role in launching a mother-daughter leadership experience called Grow Great Girls. The program took off, quickly growing into the Cultivate Conscious Kids, which Ashley remains involved with as

the associate director. Her passion for leadership studies has led her to pursue a variety of experiences, which include facilitating political dialogue within an improv comedy setting, coaching a group of women working through leadership challenges within their careers in higher education, leading a team of coaches to provide support to transitioning military members, and many more. Ashley strives to navigate our complex world as her best and strongest self, and finds great joy in supporting others in doing the same.

Closing & Ten Books Give-Away: Author and Title list

1. Borba, *Unslefie*
2. Clark, *The Excellent 11 Qualities Teachers, and Parents Use to Motivate, Inspire and Educate Children*
3. Foudy, *Choose to Matter*
4. Jones, *Positive Classroom Discipline*
5. Lickona, *How to Raise Kind Kids*
6. Nelson, *The Zero Factor (Leadership for Students)*
7. Ohler, *Four Big Ideas for the Future*
8. Praiser, *Real Talk About Classroom Management*
9. Urban, *20 Good Things Teachers Do*
10. Vessels, *Character and Community Development*