



## **Two Churches, One Marriage**

### **Developing a Religious and Spiritual Bond**



### **Introduction**

An important ingredient to any successful marriage is developing and maintaining a strong bond between the couple. This bond can be formed and maintained in a number of different ways. Physical affection and sexual intimacy are two important aspects of a couple's bond, as well as being able to share intimate thoughts and feelings with our partner. The bond is also strengthened when a couple shares activities together, such as leisure or recreational activities. Another critical element is a couples' religious or spiritual bond. Just as it has been said that couples that play together stay together, it has also been said that couples that pray together stay together. Couples who have different religious backgrounds may face a greater challenge in developing this joint religious or spiritual life together. Therefore, this unit focuses on ways in which interchurch couples have been able to build and strengthen their religious or spiritual bond.