What is Campus Connections?

Campus Connections is a student organization dedicated to promoting responsible, healthy choices through educational programming and social activities. By raising awareness and providing important information, we strive to reduce the negative impact of high risk drinking and other drug abuse and to foster a healthy and safe USD student community.

What is required for membership?

✔️ Positive attitude and role model for healthy lifestyle choices.
✔️ Enthusiasm to actively promote the well-being of our USD student community.
✔️ Commitment to creating a safer and healthier USD community.
✔️ Attendance at weekly meetings (Tuesday Torero Hours).
✔️ Participation in Campus Connections events and activities.

What are the benefits of joining?

- Health promotion education
- Program development opportunities
- Leadership development
- Presentation skill development
- National Peer Education Certification through BACCHUS
- Education on alcohol, other drugs, and other wellness issues pertinent to college students such as stress management, healthy relationships, nutrition, mental health and much more!
- Create lasting friendships
- Have fun!

Questions?
Visit www.sandiego.edu/chwp, or contact chwp@sandiego.edu or (619) 260-4618.

Stop in!
The Center for Health and Wellness Promotion, UC 161

Stay Connected!
Also visit www.sandiego.edu/YouAreUSD and follow us on social media for all the wellness goods!
Full Name: 
Expected USD Graduation Date: 
Major: 
Local Address: 

Phone Number: 
Email: 
Birthday: 

What would you like to get out of your experience as a USD Peer Educator and member of Campus Connections?

What special experience, skills, and knowledge do you have that you believe would be beneficial in your role as a Peer Educator?

What health topics are you passionate about?

What do you think is the biggest health issue for college students (at USD and/or nationally)?

If you had an unlimited budget and could plan any health promotion program, initiative, or event for the USD community, what would you do? What would the program, initiative, or event look like? What populations within USD would you target?

Please return your completed application to The Center for Health and Wellness Promotion located in UC 161.