**Step-by-Step Marijuana e-checkup TO GO Instructions**

1. Go to the following web address:
   - [www.sandiego.edu/chwp/echeckup](http://www.sandiego.edu/chwp/echeckup).

2. Read through the Main page titled “Marijuana e-checkup TO GO” as well as the specific pages (Mandated Students, Non-mandated Students).

3. Click **HERE** on the following link:
   - CLICK HERE TO BEGIN THE MARIJUANA E-CHECKUP TO GO!

4. Listen to the Marijuana e-checkup TO GO introduction by Richard Moyer, Psy.D.

5. Click the “I HAVE NOT completed the eCHECKUP TO GO previously” button.

6. Print out or write down your Marijuana e-checkup TO GO User Identification Number (UID), then click the “BEGIN” button.

7. Fill out the information/questions as they apply to you.

8. Review your “Personal Use Profile” by reviewing the following tabs: Personal Use Profile, Cost, Comparisons, and Lifestyle.

9. Fill out the information within the “Considering a Change” section.

10. After reviewing the Resources page, click the “VERIFY COMPLETION OF YOUR eCHECKUP TO GO” button. *

11. Click the “Yes, I want to verify that I completed this program by providing my personal information” button. Then click the “NEXT” button.

12. Fill out the “Your Personal Reflections” section. Then click the “NEXT” button.

13. Fill out the “Your Personal Information” section. Then click the “NEXT” button.


15. Click the button under “Your Consent” and click the “SUBMIT” button.

16. Go back to the Resources tab and logout by clicking the “LOGOUT” button.

* Non-mandated students are not required to verify completion of the assessment nor fill out the “Your Personal Reflections” section. Non-mandated students can logout of the program by closing the web browser.

CLICK HERE TO BEGIN THE MARIJUANA E-CHECKUP TO GO!