

# Student Wellness



## Greek Life

### What We Do

The University of San Diego places great importance on providing students with support services to help them maximize their university experiences, and to challenge them to develop knowledge, values and skills to enrich their lives.

The university's wellness units — the Center for Health and Wellness Promotion, the Counseling Center, Disability Services and the Student Health Center — support student academic success and personal development by providing a range of wellness services.



### CENTER FOR HEALTH AND WELLNESS PROMOTION (CHWP)

University Center, Room 161

(619) 260-4618

[www.sandiego.edu/chwp](http://www.sandiego.edu/chwp)

CHWP at USD provides many services including: Confidential alcohol, tobacco, and other drug Consultations, Peer Education, College Cab—A Safe Ride Program, and Outreach / Health Promotion.

### COUNSELING CENTER

Serra Hall, Room 300

(619) 260-4655

[www.sandiego.edu/usdcc](http://www.sandiego.edu/usdcc)

The USD Counseling Center's professional staff provide a variety of confidential services to facilitate students' growth and emotional needs.

**Emergencies:** The Counseling Center's counselor on-call is available to assist with after-hours, psychological emergencies 24 hours, seven days a week. Call the Office of Public Safety at (619) 260-2222 to reach the counselor on-call.

### STUDENT HEALTH CENTER

Camino Hall, Room 161

(619) 260-4595

[www.sandiego.edu/healthcenter](http://www.sandiego.edu/healthcenter)

The USD Student Health Center provides high-quality, accessible and convenient outpatient medical care is provided for acute illnesses, minor injuries and medical problems. Examinations and medical care by a health-care professional are free, but a small fee may be required for medications, immunizations or lab tests. Preventive services — including immunizations, physical exams, well-woman exams and health promotion counseling — are also available.

### DISABILITY SERVICES

Serra Hall, Room 300

(619) 260-4655

[www.sandiego.edu/disability](http://www.sandiego.edu/disability)

Disability Services at USD provides specialized resources and services to enrolled students with documented disabilities. These services include academic accommodations, disability management counseling and coordinating with other departments (such as housing, parking, and public safety) to provide assistance.