



CENTER FOR STUDENT SUCCESS

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# Student Success Coaching

Student Success Coaching is a collaborative effort between the Center for Student Success, Student Wellness, and the Dean's Office in the College of Arts & Sciences.

It provides students with the opportunity to meet one-on-one with a peer advisor or professional staff to address academic and personal needs within a confidential setting. All peer advisors are USD students that have successfully completed an upper division course called "Current Approaches to Peer Assistance" (MFTS 365) in preparation for their role, and receive ongoing training and intensive supervision.

Through Student Success Coaching, peer advisors and professional staff are able to assist students with the following:

- Assessing and identifying presenting challenges
- Generating a Student Success Plan that includes academic and personal goals
- Connecting students with relevant resources on campus

Student Success Coaching is an important resource for any undergraduate student experiencing challenges that impact academic performance and persistence. Peer advisors and professional staff help students develop time management and study skills, as well as explore how to get more connected at USD.

Students who may benefit from Student Success Coaching include those with mid-term deficiencies, on academic probation or those

generally seeking to improve their academic performance.

Students remain with the same peer advisor or professional staff throughout their coaching sessions. We recommend students attend a minimum of four sessions, and can choose to continue with additional sessions if desired. The first appointment is one hour and subsequent follow-up appointments are typically scheduled for 30 minutes each.

To schedule an appointment with a peer advisor or professional staff, or to learn more about Student Success Coaching, please visit or contact the Center for Student Success.

Find us online at <http://www.sandiego.edu/usdcss/>