



MOONLIGHT CANOE

DESCRIPTION:

Take a break from an evening of homework with a calming canoe trip around San Diego Bay. Following a brief introduction to paddling, we'll hit the water. Enjoy the beautiful skyline of San Diego from your commanding view atop your canoe. A relaxed and social atmosphere during your hour-long paddle should be just enough work to prepare you for the delicious Dutch Oven desserts and hot chocolate awaiting your return on the shore.

BRIEF ITINERARY:

Meet at the Experiential Education & Adventure Center (previously known as Outdoor Programs) in UC 136, 7 p.m., Wednesday, September 30. Upon arrival at the Bay, participants will receive a short introduction to paddling. After paddling the bay for one hour, we will return to shore and enjoy Dutch Oven desserts. We will be back at USD around 10 p.m.

COST:

\$20 for USD ID cardholders (students, faculty, staff, alumni)

\$25 for the general public

INCLUDES:

We provide canoes & boating equipment, transportation, guides, paddle instruction and Dutch Oven Desserts. Please let your guide know if you have any dietary concerns or restrictions.

DOES NOT INCLUDE personal water bottles or appropriate clothing.

FOOD:

Dutch Oven Desserts and hot chocolate. Please inform your guide if you have any dietary concerns or restrictions before departing for the Bay.

EQUIPMENT & CLOTHING:

You are responsible for wearing appropriate clothing. Wear warm layers and sport sandals with a back strap or close-toed shoes. **Flip flops are prohibited.** It is recommended that participants bring a camera, water bottle, towel and extra clothes (just in case!).

RISKS & HAZARDS:

There are a variety of risks and hazards associated with adventuring outdoors. General risks are listed on our liability waiver. Specific risks/hazards for this outing include: motorboats, sailboats and other watercrafts, cold water, high winds, large swells, etc.

RULES OF CONDUCT & SAFETY POLICIES:

DRUGS AND ALCOHOL ARE PROHIBITED AT ANY TIME DURING THE TRIP.

Appropriate footwear is required at all times, and you must always stay together. We ask that you respect and follow the safety instructions of the guides.



EXPERIENTIAL LEARNING & ADVENTURE CENTER
UC 136, 619-260-4709, www.sandiego.edu/explore

PHYSICAL ABILITY/PREREQUISITES:

Participants should be able to get in and out of a canoe, sit and paddle moderately. Participants must wear a PFD whenever we are on the water. All levels of paddle experience welcome..

GROUP EXPERIENCE:

Plan on being a contributing member of a group. We share the work (i.e. loading and unloading equipment, etc) equally as one group. If you are the independent type who prefers to do things alone this trip may not meet your needs or desires.