

THE THREE LEVELS OF REFLECTION

Click on link to view section

- 1. Introduction
- 2. What is Service-Learning
- 3. Benefits of Service-Learning
- 4. What Service-Learning is Not
- 5. Principles of Service-Learning
- 6. Bringing Service and
 Learning Together (PDF
 file, click here to download
 Adobe® Acrobat Reader)
- 7. <u>Courses with a Service-</u> <u>Learning Component</u>
- 8. Examples of Service-Learning Classes
- 9. <u>Getting Started: Designing</u> the Curriculum
- Service-Learning
 Development Worksheet
- 11. <u>Course Development</u> Timeline
- 12. <u>Course Implementation Timeline</u>
- 13. Using Reflection
- 14. Types of Journals
- 15. Liability Issues
- 16. Expectations and Responsibilities in Service-

The Mirror (a clear reflection of the self)

- Who am I?
- What are my values?
- What have I learned about myself through this experience?
- Do I have more/less understanding or empathy than I did before volunteering?
- In what ways, if any, has your sense of self, your values, your sense of "community," your willingness to serve others, and your self-confidence/self esteem been impacted or altered through this experience?
- Have your motivations for volunteering changed? In what ways?
- How has this experience challenged stereotypes or prejudices you have/had?
- Any realizations, insights, or especially strong lessons learned or half-glimpsed?
- Will these experiences change the way you act or think in the future?
- Have you given enough, opened up enough, cared enough?
- How have you challenged yourself, your ideals, your philosophies, your concept of life or the way you live?

The Microscope (makes the small experience large)

- What happened? Describe your experience.
- What would you change about this situation if you were in charge?
- What have you learned about this agency, these people, or the community?
- Was there a moment of failure, success, indecision, doubt, humor, frustration, happiness, and sadness? Describe it.

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Learning

- 17. Common Faculty Questions
- 18. <u>Top Ten Ways to Do More</u> <u>Service-Learning with Less</u> <u>Work</u>
- 19. Resources
 - Resources on Campus
 - <u>LCC Courses with Optional</u> <u>Service-Learning</u> <u>Components</u>
 - Community Agencies
 - General Online Resources for Service-Learning
- College Web Pages Related to Service-Learning

- Do you feel your actions had any impact? What more needs to be done?
- Does this experience compliment or contrast with what you are learning in class? How?
- Has learning through experience taught you more, less, or the same as learning in the classroom? In what ways?

The Binoculars (makes what appears distant, appear closer)

- From your service experience, are you able to identify any underlying or overarching issues, which influence the problem?
- What could be done to change the situation?
- How will this alter your future behaviors, attitudes, and career?
- How is the issue or agency you are serving impacted by what is going on in the larger political/social sphere?
- What does the future hold? What can be done?

From Cooper Mark, "Reflection: Getting Learning Out of Serving, The Big Dummy's Guide to Service-Learning

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