Welcome to the USD Sports Club program, sanctioned by the Associated Students and administered by USD Campus Recreation. We hope your experience with your sports club will be enjoyable and beneficial. The following guidelines have been established to assist you in becoming a sports club member.

1. Investigate the club before trying out or signing up. Find out requirements for being a member (dues, team rules, practices etc.). Then obtain approval from your club to sign up.

2. Register to be a member of your club online at: [http://www.sandiego.edu/campusrecreation/registration/clubs.php](http://www.sandiego.edu/campusrecreation/registration/clubs.php). You will be required to pay your dues via the online registration process.

3. Download the medical and driver forms from: [http://www.sandiego.edu/campusrecreation/sports_clubs/forms.php](http://www.sandiego.edu/campusrecreation/sports_clubs/forms.php). Follow the check list when filling in the forms and return to the Campus Recreation Sport Club office. You will be required to pass a health physical prior to participation.
   a) You may not participate (practice or compete) on a Sport Club until you have medical Insurance coverage. USD DOES NOT COVER SPORT CLUB PARTICIPANTS WITH MEDICAL INSURANCE.
   b) If you plan to drive to a Sport Club event you must complete the driver form and be approved as a sport club driver. You must also have read and agree to the Sport Club Driver guidelines.

4. General participant policies: (please review the Sport Club handbook for all other policies)
   a) Use of alcohol or controlled substances is not part of the Sports Club philosophy. The use of alcohol or controlled substances by sports club participants while representing the University of San Diego during team travel or at home contests/practices (before or after) is not permitted. Any involvement in such conduct will result in suspension or dismissal from the sports club program. Alcohol is not permitted at any USD athletic venue, for either participants or spectators.
   b) Good behavior and Sportsmanship are expected of all sports club participants. Inappropriate actions may result in suspension or dismissal from the sports club program. Please remember you are viewed as a USD representative not only by the University, but by others who observe your actions.
   c) Hazing at the University of San Diego is not permitted. Clubs and their members are required to adhere to this policy.

All Sports Club members must be a registered student at the University or an employee of the University. Specific league rules may require a minimum number of units per semester or that the participant is an undergraduate student.