

# Masters Swim Program

## **FALL 2009 Classes**

***9/02/09—12/10/09***

***6pm-7:30pm Mon/Wed or Tu/Th***

***Sports Center Pool***

### **About the Program**

Intermediate to Advanced Swimmers

Workouts range from 2000-4000 yards, but can be individually adjusted.

Non-competitive group designed to keep people in the water and in shape!

Open to all students, staff, and alumni (alumni with valid facility use pass).

\$60 per semester, or \$20 per month.

Call (619) 260-7751 for more information.

Sign up on-line with credit card / campus cash at:

[www.sandiego.edu/campusrecreation/register](http://www.sandiego.edu/campusrecreation/register)

or in person with cash / check at the Sports Center!