

Appendix H: University of San Diego
Student-Athlete Program Evaluation

Sport _____ **Sex:** M F **Class:** Fr So Jr Sr
Name (optional) _____

Expected Grad Date: Fall Spring _____ **Last Institution attended:** _____
Receiving Athletic Aid (circle one) yes no

Please respond to the following statements using the choices below which most clearly represents your feelings.

5- strongly agree 4- agree 3- undecided 2- disagree 1- strongly disagree n/a- not applicable

Overall Experience

- | | | | | | | |
|---|---|---|---|---|---|-----|
| 1. My athletic career at USD has contributed to my development as a person | 5 | 4 | 3 | 2 | 1 | n/a |
| 2. I have enjoyed my experience as a student-athlete at the University of San Diego | 5 | 4 | 3 | 2 | 1 | n/a |
| 3. I feel that the time I devoted to my team was a worthwhile commitment | 5 | 4 | 3 | 2 | 1 | n/a |

Additional Comments and Suggestions:

What have you enjoyed most about your experience as a Torero? What could have made it better?

Head Coach

- | | | | | | | |
|--|---|---|---|---|---|-----|
| 1. My coach displays a clear understanding of the sport (e.g. rules, skills, strategies) | 5 | 4 | 3 | 2 | 1 | n/a |
| 2. My coach seems well prepared for practices and contests | 5 | 4 | 3 | 2 | 1 | n/a |
| 3. My coach utilized our practice times effectively | 5 | 4 | 3 | 2 | 1 | n/a |
| 4. My coach shows concern for my academic progress | 5 | 4 | 3 | 2 | 1 | n/a |
| 5. My coach correctly evaluated and used my skills as a player | 5 | 4 | 3 | 2 | 1 | n/a |
| 6. My coach offers feedback on my strengths and weaknesses | 5 | 4 | 3 | 2 | 1 | n/a |
| 7. My skills have improved due to the coaching I have received | 5 | 4 | 3 | 2 | 1 | n/a |
| 8. My coach offers constructive criticism to assist in developing skills | 5 | 4 | 3 | 2 | 1 | n/a |
| 9. My coach is sensitive to the time demands of student-athletes | 5 | 4 | 3 | 2 | 1 | n/a |
| 10. My coach communicates well with the team | 5 | 4 | 3 | 2 | 1 | n/a |
| 11. My coach is available when my teammates or I have a problem | 5 | 4 | 3 | 2 | 1 | n/a |

12. My coach helps in motivating me to compete	5	4	3	2	1	n/a
13. My coach serves as a good role model	5	4	3	2	1	n/a
14. I enjoy playing for my head coach	5	4	3	2	1	n/a
15. My coach encourages me to seek medical attention from the training room staff and doctors	5	4	3	2	1	n/a
16. My coach understands when I have to miss practice due to injury or academic commitments	5	4	3	2	1	n/a
17. My team's skills have improved due to the coaching we have received	5	4	3	2	1	n/a
18. My coach deals effectively with Drug & Alcohol Issues	5	4	3	2	1	n/a
19. My coach deals effectively with Body Image/ Eating Disorders	5	4	3	2	1	n/a

Additional Comments and Suggestions:

What are you coach's strengths? What could be done to improve the program?

Assistant Coaches

1. _____ is integral to the success of our team	5	4	3	2	1	n/a
_____ is integral to the success of our team	5	4	3	2	1	n/a
_____ is integral to the success of our team	5	4	3	2	1	n/a
2. Team members feel a strong sense of respect for _____	5	4	3	2	1	n/a
Team members feel a strong sense of respect for _____	5	4	3	2	1	n/a
Team members feel a strong sense of respect for _____	5	4	3	2	1	n/a
3. I am confident in the professional knowledge/ coaching ability of _____	5	4	3	2	1	n/a
I am confident in the professional knowledge/ coaching ability of _____	5	4	3	2	1	n/a
I am confident in the professional knowledge/ coaching ability of _____	5	4	3	2	1	n/a
4. Information from assistant coaches is clear and understandable	5	4	3	2	1	n/a
5. The head coach and assistant coaches work well together	5	4	3	2	1	n/a
6. To my knowledge there were not any notable problems between members of the coaching staff	5	4	3	2	1	n/a

Additional Comments and Suggestions:

What could help make the assistant coaches more effective?

Academic

1. Academic Support Personnel were available for assistance	5	4	3	2	1	n/a
2. Academic Support Services are beneficial to my academic success	5	4	3	2	1	n/a
2. Academic Support requirements are fair and aid in my academic success	5	4	3	2	1	n/a
3. The tutoring assistance program met my needs as a student athlete	5	4	3	2	1	n/a
4. Travel/practice/competition did not substantially interfere with my coursework	5	4	3	2	1	n/a
5. I have access to the resources necessary to be academically successful	5	4	3	2	1	n/a

Additional Comments and Suggestions:

Which resources were most useful for your academic success? (Tutoring, Access Mentoring, Academic Counseling, etc.) What other assistance do you wish was available?

Social/Well Being

1. Quality and quantity of food during team travel is sufficient for my needs	5	4	3	2	1	n/a
2. Accommodations during team travel are sufficient for my team	5	4	3	2	1	n/a
3. Practice times were scheduled as to not deny me access to food services	5	4	3	2	1	n/a

Additional Comments and Suggestions:

Facilities

1. The facilities provided for men's and women's sports are of equal stature	5	4	3	2	1	n/a
2. The facilities provided for my sport are equal or better to those of other schools we play	5	4	3	2	1	n/a
3. The facilities provided for practice/competition meet our team needs	5	4	3	2	1	n/a
4. The facilities my sport uses are well maintained	5	4	3	2	1	n/a

Additional Comments and Suggestions:

Are there any particular improvements you think are important for your facility?

Sports Medicine

1. The training room is open hours that are adequate for my team's needs	5	4	3	2	1	n/a
2. I feel welcome in the training room and my concerns are addressed adequately	5	4	3	2	1	n/a
3. My personal well being is put first in the training room	5	4	3	2	1	n/a
4. I trust and have confidence in my athletic trainers	5	4	3	2	1	n/a
5. There is sufficient communication between athletic trainers and my coaching staff	5	4	3	2	1	n/a
6. My injuries are assessed and treated appropriately	5	4	3	2	1	n/a
7. My sport is treated equally to other sports in the training room	5	4	3	2	1	n/a
8. I have access to team physicians	5	4	3	2	1	n/a

Additional Comments and Suggestions:***Strength and Conditioning***

1. The weight room facilities and equipment are adequate for my needs	5	4	3	2	1	n/a
2. The workouts I receive are designed to my specific needs	5	4	3	2	1	n/a
3. There is sufficient communication between the strength and conditioning staff and my coaches	5	4	3	2	1	n/a
4. My team is treated equally to other teams in the weight room	5	4	3	2	1	n/a
5. I trust the knowledge of the staff and the usefulness of the workouts	5	4	3	2	1	n/a

Additional Comments and Suggestions:***Compliance/Administration***

1. I was informed of and understand NCAA, conference and institutional regulations	5	4	3	2	1	n/a
2. My coaches abided by NCAA, conference and institutional regulations	5	4	3	2	1	n/a
3. My teammates as well as other athletes abided by these regulations	5	4	3	2	1	n/a
4. Athletic administrators are accessible and receptive to answering questions or discussing concerns	5	4	3	2	1	n/a

Additional Comments and Suggestions:

Please share any other additional comments: